

～Guidebook for Foreign Residents～

Essentials for Living in Osaka

(English)



Osaka Foundation of International Exchange



September 2022 Revised Edition

Essentials for Living in Osaka Table of Contents

Index by Category

I Emergency Measures . . . 1

1. Emergency Telephone Numbers
2. In Case of Emergency (Fire, Sudden Sickness and Crime)
Fire; Sudden Illness & Injury etc.; Crime Victim, Phoning for Assistance; Body Parts
3. Precautions against Natural Disasters
Typhoons, Earthquakes, Collecting Information on Natural Disasters; Evacuation Areas; Emergency Kit Lists

II Health and Medical Care . . . 8

1. Medical Care (Use of medical institutions)
Medical Care in Japan; Medical Institutions; Hospital Admission; Hospitals with Foreign Language Speaking Staff; Injury or Sickness at Night or during Holidays; Medicine
2. Medical Insurance (National Health Insurance, Nursing Care Insurance and others)
Medical Insurance in Japan; National Health Insurance; Latter-Stage Elderly Healthcare Insurance System; Nursing Care Insurance (Kaigo Hoken)
3. Health Management
Public Health Center (Hokenjo); Municipal Medical Health Center (Medical Care and Health)

III Daily Life and Housing . . . 16

1. Looking for Housing
Applying for Prefectural Housing; Other Public Housing; Looking for Private Housing
2. Moving Out and Leaving Japan
Procedures at Your Old Residence Before Moving; After Moving into a New Residence; When You Leave Japan
3. Water Service
Application; Water Rates; Points of Concern in Winter
4. Electricity
Electricity in Japan; Application for Electrical Service; Payment; Notice of the Amount of Electricity Used
5. Gas
Types of Gas; Gas Leakage; Gas Usage Notice and Payment Receipt
6. Garbage
Garbage Disposal; How to Dispose of Other Types of Garbage
7. Daily Life
Manners for Living in Japan; Consumer Affairs

IV Residency Management System • Basic Resident Registration System for Foreign Nationals • Marriage • Divorce • • • **27**

1. Resident Card

Issuance of Resident Card; Procedures at Local Municipalities; Procedures at Administrative Office of Regional Immigration Bureau; The Basic Resident Registration Law Applies to Foreign Residents; Individual Number System

2. Necessary Procedures for Residence in Japan

Reentry Permit (When you temporarily leave Japan); Extension of Period of Stay; Changing Residential Status from Current Permit Status; Permission to Engage in Activities Other Than Those Permitted by Your Current Status of Residence

3. Marriage

Marriage between a Japanese and Foreign National; Marriage between Foreign Nationals; Changing Resident Status; Changing the Information on Your Resident Card; Other Changes

4. Divorce

When You Divorce; When You Do Not Consent to a Divorce; Residence Status after Divorce; Changing Items in Your Resident Registration

5. Death Notification

Death Notification; Burials

V Transportation • • • **38**

1. Public Transportation

Trains (JR • Private Railways • Subway), Buses on Regular Routes; Taxis; Lost and Found Offices

2. Bicycles

Purchasing a Bicycle; Where to Store Your Bicycle; When Your Bicycle Has Been Stolen; Do Not Ride Discarded Bicycles; Traffic Rules

3. Driver's License

International License; Converting Your Foreign License to a Japanese Driver's License; Obtaining a New Japanese Driver's License; Translation of Foreign Licenses; Driving Rules in Japan

4. Common Street Signs

VI Pregnancy, Child Birth, Child Rearing and Education • • • **43**

1. Pregnancy and Child Birth

When Pregnant; Costs; Assistance during Pregnancy; Child Birth

2. Day-care

Day-care in Japan; Private Services; Family Support Center; Policies to make preschool education and day-care services free; Child Benefits System

3. Health and Medical Care for Infants

Medical Care for Children; Vaccinations; Health Examinations (Kenkoshindan); Health Care Costs for Infants

4. Japanese Education System

Compulsory Education; Subsequent Education; Supporting Children/Students at School; Lunches (Bento); School Expense Benefit (allowance)

VII Information and Telecommunications

• • • 50

1. Land-Line Telephone

Applying for New Telephone Service; Payment of Fees; Inquiry and Telephone Service

2. Mobile Phone

3. How to Make an International Call

4. Media

TV; Radio; Internet; Newspapers and Magazines; Libraries Offering Foreign Language Books and Magazines

VIII Labor, Taxes and Sending Money Overseas

• • • 57

1. Looking for Work

For Job-Hunting; International Students Searching for Work after Graduation; Searching for Specialist or Technical Work

2. Employment

Labor Conditions; Labor Standards; Labor Standards Inspection Office; Accidents on the Job; Consultation Services; Employment Insurance

3. Taxes

How to Pay Your Taxes; Types of Taxes

4. Banks, Overseas Money Transfer

Banks; Post Office (Yubinkyoku); Overseas Money Transfer

5. Pension

Employee Pension Insurance; National Pension Plan; Lump-sum Withdrawal Payments

IX Appendix

• • • 64

1. List of Relevant Organizations

Osaka Prefecture/Municipalities of Osaka Prefecture; National Institutions; List of International Exchange Associations in Osaka Prefecture

2. Consulting Services in Foreign Languages

3. Health and Medical Care

Emergency Medical Clinics; List of Public Health Centers; List of Public Health Centers, etc. /Osaka,

Other Municipalities

4. Labor

List of Hello Work Offices in Osaka; Employment Service Center for Foreigners; Labor Standards Inspection Offices

5. List of Consulates-General (Kansai) and Embassies

Consulates-General and Consulates in Kansai; Embassies and Honorary Consulates in Japan (when no consulate-general in Kansai)

How to Use this Handbook

- This handbook contains a collection of the most basic and essential information necessary for non-Japanese to live, work, and raise a family in Osaka.
- The content is correct as of September, 2022.
- The explanations offered are merely outlines, so please contact the relevant organizations for more detailed information. When not specifically noted, contacts given within the handbook only offer service in Japanese. You may wish to obtain the assistance of someone who can speak Japanese.














この事業は宝くじ普及広報事業費の助成を受けて
います。

Index by Purpose

Situation	Required Procedures, What you need to do;		Responsible Division	page
When you begin to reside in Japan	Submit notification of new address		Your local municipality	28
	Individual Number Card or Notification Card			30
	National Health Insurance			10
	National Pension Plan			63
When you move	Submit “Moving-out” “Moving-in Notices” (“Change of Address Notice”)		Your previous and new municipalities (Submit a “Change of Address Notice” if moving within the same municipality)	18
	National Health Insurance			
When you leave Japan	Leaving Temporarily	Reentry Permit/ Special Reentry Permit System	The Regional Immigration Bureau	31
	Leaving Permanently	Settlement of Tax	Your local municipality	18
		Notification of Change of Address (Abroad)		
		Withdrawal from National Health Insurance		
		Withdrawal from National Pension Plan		
		Return Residence Card	Hand in to an immigration officer when you leave Japan	
Getting Married	Marriage Between a Japanese and Foreign National	Marriage Notification	Your local municipality or where Japanese spouse’s official family register is kept	33
		Change Resident Status	The Regional Immigration Bureau	
		Report to native country	Embassy or consulate of the native country	
	Marriage between Foreign Nationals	Report to native country	Embassy or consulate of the native country	
		Change Resident Status	The Regional Immigration Bureau	
Getting Divorced ★	Marriage Between a Japanese and a Foreign National	Divorce Notification	Your local municipality	35
		Report to native country	Embassy or consulate of the native country	
	Marriage between Foreign Nationals	—	Embassy or consulate of the native country	
Become Pregnant	Receive Maternal and Child Health Handbook		Your local municipality	43
When a child is born	Notification of Birth		Your local municipality	44
	Acquire Resident Status		The Regional Immigration Bureau	
	Report to native country		Embassy or consulate of the native country	
When deceased ★	Death Notification		Municipality where the person died or the reporter’s local municipality.	37
	Return Residence Card		The Regional Immigration Bureau	
	Report to native country		Embassy or consulate of the native country	
★ If you are a Mid- or Long-term Resident and your status is “Dependent,” “Designated Activities (c),” “Spouse of Japanese National,” or “Spouse of Permanent Resident,” and your spouse dies or you get divorced, this change should be reported within 14 days to either the local Regional Immigration Bureau (in person) or to the Minister of Justice, through the Tokyo Regional Immigration Bureau (by mail).				

I Emergencies

I -1 Emergency Telephone Numbers

Police		110
Fire Department		119
Ambulance		119
Family Doctor		
Nearby Hospital		
Gas Leak		
Water pipe Repair		
Nearby Kansai Electric Power Co. Office		
Consulate/Embassy		
School/Work		
Neighborhood Association (Jichikai)		

I -2 In Case of Emergency (Fire, Sudden Illness and Crime)

1. Fire (☎119 • English Available)

In the event of fire, please notify your neighbors immediately. If you find a fire alarm (or emergency bell) inside the building, please press the button immediately. Dial 119, remain calm, and tell them you have discovered the fire and your current location. When fire or smoke spreads rapidly, please evacuate to a safe place immediately.

Examples in Japanese

“Kajidesu. XX(address) no △△(name) desu.”:

“Fire incident. I’m △△(name) at XX(address)”

“XX(address) no △△(name) desuga, tonari ga kaji desu.”:

“I’m △△(name) at XX(address). There is a fire next door.”

2. Sudden Illness & Injury etc. (☎119 • English Available)

When you are ill or injured and unable to go to hospital without assistance, you can call an ambulance by dialing 119. In such cases the telephone and ambulance costs are free, but you are responsible for the medical fee. The ambulance crew judges the best hospital depending on your symptoms, where you are and what time you have called, so they might not be able to take you to your preferred hospital.

If you mistakenly swallow medicine or poison, go to a hospital immediately with the instruction sheet for the substance you have taken, or call an ambulance. If you call “119”, they will advise what to do. (Ambulance Services Guide for inbound visitors to Japan)

<https://www.fdma.go.jp/publication/portal/post1.html>

Examples in Japanese

“Kyuukyuusha o onegaishimasu. XX (address) no △△ (name) desu.”

“Ambulance please. I’m △△ (name) at XX (address).”

“XX (address) no △△ (name) desuga, □□ o kega shimashita.”:

“I’m △△ (name) at XX (address). I hurt my □□.”

XX (address) no △△ (name) desuga, □□ ga itakute ugoke masen.”:

“I’m △△ (name) at XX (address). I can’t move because of pain in my □□.”

“XX (address) no △△ (name) desu. Chi ga dete imasu.”:

“I’m △△ (name) at XX (address). I’m bleeding”

3. Crime Victim ☎110 • English Available)

If you are a victim of or a witness to a crime, dial 110 to contact police. If you have had your house or office broken into, keep the crime scene untouched and dial 110.

Examples in Japanese

“Tasukete Kudasai.”: “Help”

“Dorobou desu.”: “Thief!”

“Suri ni ai mashita.”: “Somebody picked my pocket.”

“Nagurare mashita.”: “Somebody hit me.”


The “Anti-stalking Act” is in place to prevent stalking activities, such as someone hovering around you, waiting to ambush you, demanding to meet or date you, making obscene comments, or making anonymous calls. If you are a victim of such harassment, please contact the police.

【Stalker Dial 110, Osaka Prefectural Police Headquarters】

☎ 06-6937-2110

Domestic Violence from your spouse or partner is prohibited by law. The Osaka Prefectural Center for Women provides temporary sheltering service for victims and domestic violence consulting.

【Osaka Prefectural Women's Center】

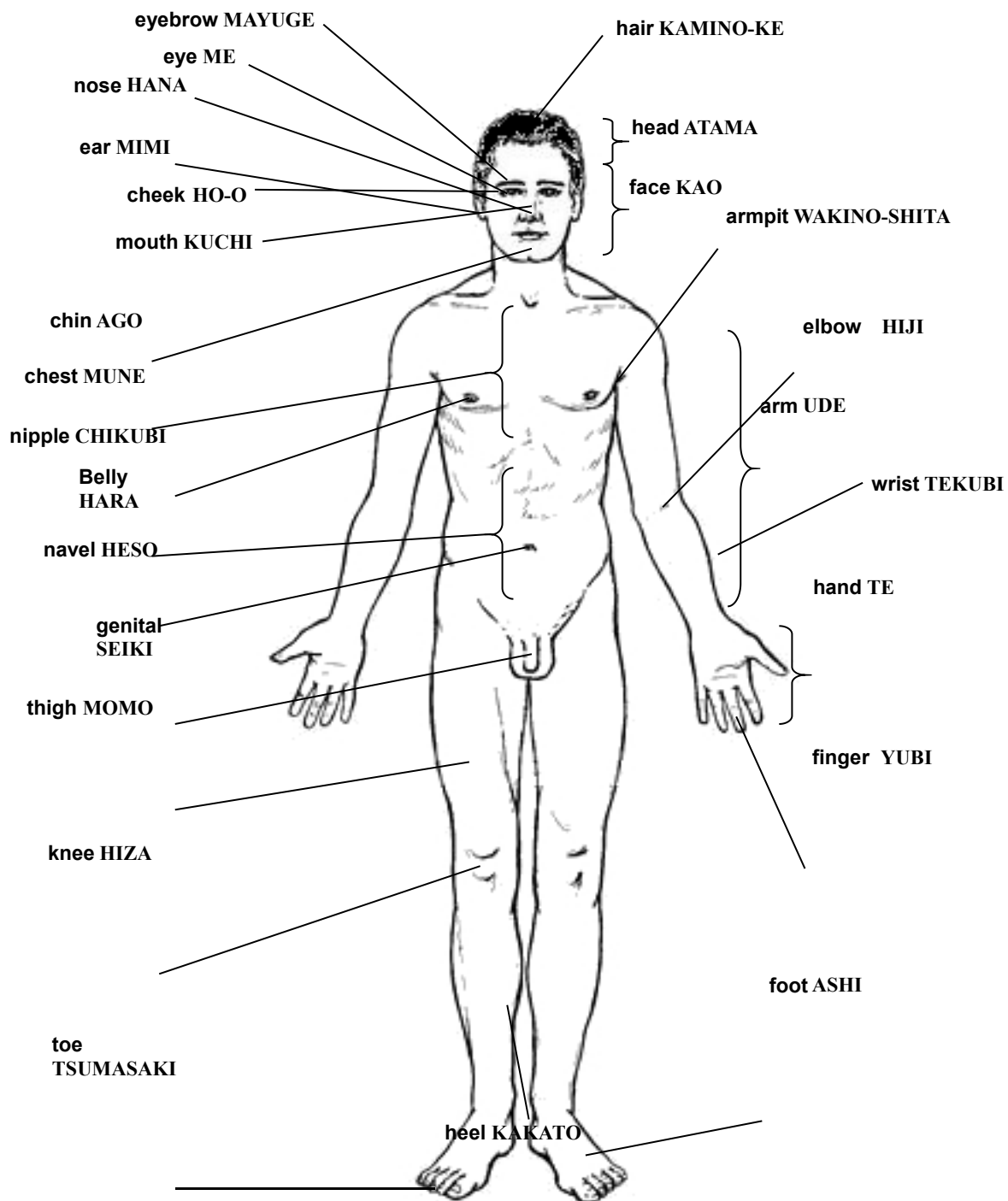
 06-6949-6181

4. Phoning for Assistance

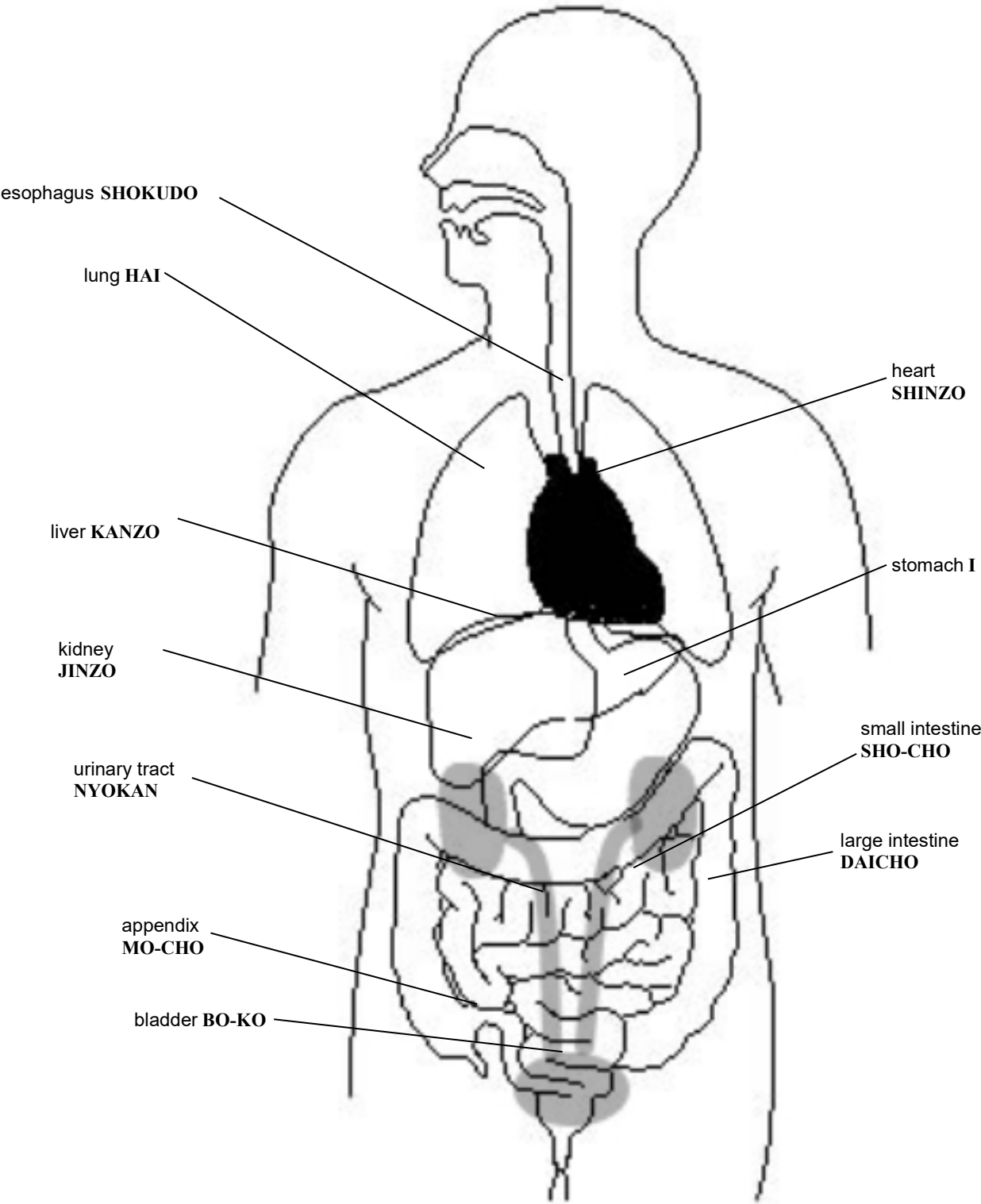
From a public phone, you can dial 110 or 119 free of charge. Pick up the receiver, and then press the red button on the front part of the phone. (Some phones have different calling procedures)

You can also call from a cell phone. Please press 119 or 110. Please make sure to tell the operator where you are and your cell phone number.

5. Body parts



Internal Organs



I-3 Precaution against Natural Disasters

1. Typhoons

Typhoons accompanied by devastating rains and storms occur frequently from July to October throughout Japan.

Possible Damage

- Injuries caused by objects displaced by wind.
- Landslides or floods due to heavy rain.
- Houses submerged or inundated.
- Power failures.
- The water supply may be cut to buildings where tap water is provided by means of electric water pumps (electric motor).

Weather forecasts help us anticipate coming typhoons, so please pay attention to them.

Prepare for Typhoons

- Please pay attention to weather forecasts from the radio, TV and Internet to learn when and where typhoons will pass through.
- When rain or wind intensify, stay indoors.
- Prepare an emergency bag containing drinking water, dried foods, a flashlight, a portable radio and other emergency goods.
- Please check for the designated evacuation site in your neighborhood in advance.

2. Earthquakes

Compared to other countries, earthquakes happen quite often in Japan. When an earthquake occurs, the ground trembles, causing damage such as furniture toppling over and buildings collapsing. In some cases, it can trigger a tsunami (tidal wave) as well.

When an Earthquake Occurs

1. If you are indoors · ·
 - Take cover underneath a table to protect yourself from the falling objects.
 - When the shaking stops, turn off your gas stove and heater, and then turn off the gas at the gas main.
 - Open a door to the outside to secure an exit to evacuate.
 - Do not use elevators.
2. If you are outside · ·

Protect your head against falling objects. Don't stay near concrete-block walls or under projecting roofs. Evacuate to a safe place such as an open space with no buildings standing nearby.
3. If you are driving a car · ·

Do not panic and after confirming your personal safety, slowly pull over to the side of the road. Even after the shaking stops, please remain cautious because aftershocks might occur.

Precautions to take

- Please attach metal fittings or a chain to heavy furniture or bookshelves to prevent them from falling over.
- Do not put fragile things such as a vase on a shelf or at the head of your bed.
- Prepare a bag containing emergency goods such as drinking water, dried foods, a flashlight and a portable radio.

3. Collecting Information on Natural Disasters

FM COCOLO	76.5MHZ
NHK Radio 2	828KHZ
NHK Radio 1	666KHZ
NHK General Television	1 CH
NHK World News	BS1, BS Premium

Internet
NHK World
<https://www3.nhk.or.jp/nhkworld/index.html>
Osaka Disaster Prevention Net
<http://www.osaka-bousai.net/pref/index.html>

4. Evacuation Area

You should evacuate to a designated evacuation site when a disaster occurs. Please check beforehand for the location of an evacuation site near your house.

Evacuation Area in Your Neighborhood:

5. Emergency Kit Lists

Category	Check	Item	Category	Check	Item
Food and water		Drinking water	Others		Flashlight
		Emergency food including canned food & biscuits			Portable radio
Daily items		Cotton work gloves			Batteries
		Towels			Candle / Lighter
		Plastic bags			Swiss army knife
		Toilet paper / Wet wipe			Helmet (Disaster hood)
Valuables		Cash (coins)			Emergency toilets
		Mobile phone			Dry Shampoo
		Banking passbook & Seal			Shoes
		Health insurance card / Driver's license			First-aid kit / Medicine
		Passport		Writing utensils	
		Residence Card		Outer wear / underwear	

II Health and Medical Care

II-1 Medical Care (Use of medical institutions)

1. Medical Care in Japan

Japan has a high standard of medical care, but in general doctors will not explain treatments or medicines in detail. If you need such information, please do not hesitate to ask the doctor. The duration of medical examinations and explanations tends to be relatively brief.

Normally, dentists work on an appointment basis, but doctors operate on a first-come-first-served basis, so expect to wait. Compared to other countries, in general doctors in Japan are less willing to prescribe painkillers.

2. Medical Institutions

Types

- Clinic, Doctor's Office
- Hospital (well equipped facilities for examination and admission.)

When you cannot identify the sickness you suffer from or have minor symptoms, it is best to go to a clinic to seek medical advice and instruction.

Opening Hours

- Some hospitals are open only in the morning.
- Most clinics are open in the morning and afternoon, but some are closed on certain weekday afternoons.

Language

Most doctors understand simple English, but documents such as medical questionnaires are generally only available in Japanese. If you do not understand Japanese, it is recommended to visit with someone who understands Japanese.

Multilingual Medical Questionnaire: <http://www.kifijp.org/medical/> (International Community Hearty Konandai/Kanagawa International Foundation)

Procedures to See a Doctor

- Reception: You need to present your health insurance card to the receptionist of the medical institution. Then, please fill in your symptoms and medical history on the medical questionnaire. After that, wait until called.
- Examination: You will be examined in a doctor's office, and will receive medical checks and treatment if deemed necessary.
- Cashier: If you receive medicine, please wait until called to pay at the cashier. Recently, an increasing number of facilities introduced a system of writing prescriptions and having patients purchase medication at an external pharmacy.

3. Hospital Admission

Hospitals in Japan have private, twin and standard rooms (for about 4 to 6 people) for inpatients. You will need to bear some of the costs for private and twin rooms, since they are not completely covered by insurance.

To ensure the best possible treatment, the duration of the hospital stay is generally longer here than in many other countries.

Complete nursing care is provided in most large hospitals, but if this is not the case, you may be required to arrange a person for attendant care. In such cases, the cost for the attendant is covered by health insurance.

4. Hospitals with Foreign Language Speaking Staff

Please refer to the information provided on the Osaka Medical Facilities Information System website, for details regarding hospitals with foreign language speaking staff. You can also contact the Osaka Information Service for Foreign Residents, or the AMDA (Association of Medical Doctors of Asia) International Medical Information Center (Appendix IX—2)

Osaka Medical Facilities Information System:

<http://www.mfis.pref.osaka.jp/apqq/qq/men/pwtpmenult01.aspx>

5. Injury or Sickness at Night or during Holidays

If you get injured or sick at night or during holidays, report to a major hospital's emergency clinic. However, foreign language speaking staff will likely be unavailable, so if you are not fluent in Japanese, be sure to take somebody who understands Japanese with you. (Appendix IX—3)

6. Medicine

Medicines roughly fall into two categories. First is prescription medicine which is available by the doctor's prescription of a clinic or a hospital. Pharmacists prescribe medicine according to the recipe. Second is over-the-counter drug which you can buy at a drugstore or a pharmacy. They are categorized according to their active pharmaceutical ingredient.

Recently, you have an option to choose generic drug. It is a pharmaceutical drug that contains the same chemical substance and safe as an original drug after the patents expire. Generic drugs are cheaper than pioneer drugs.

You can also search for your nearest pharmacy:

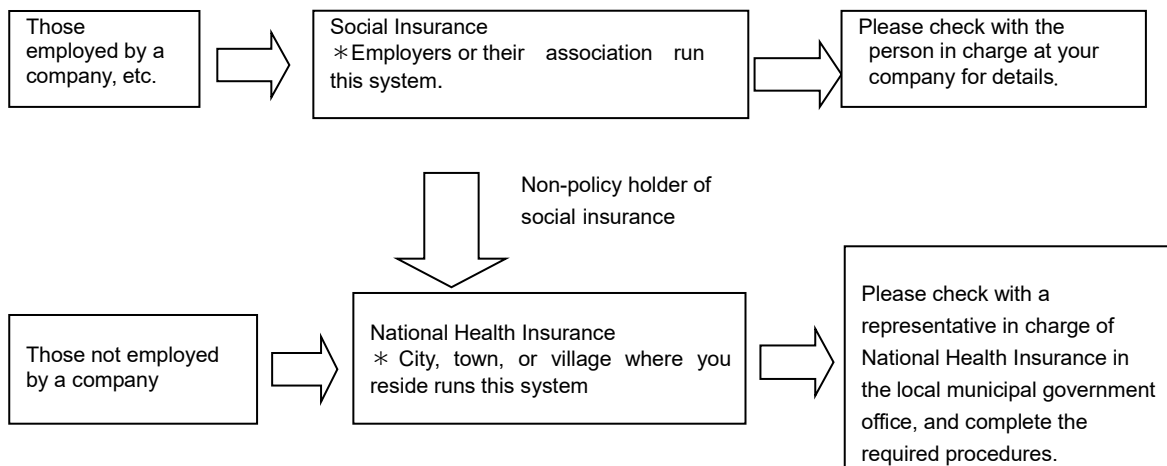
Health Insurance Pharmacy Search System (English, Chinese, Korean and Japanese)

<http://kensaku.okiss.jp/Pc/>

II-2 Medical Insurance (National Health Insurance, Nursing Care Insurance and others)

1. Medical Insurance in Japan

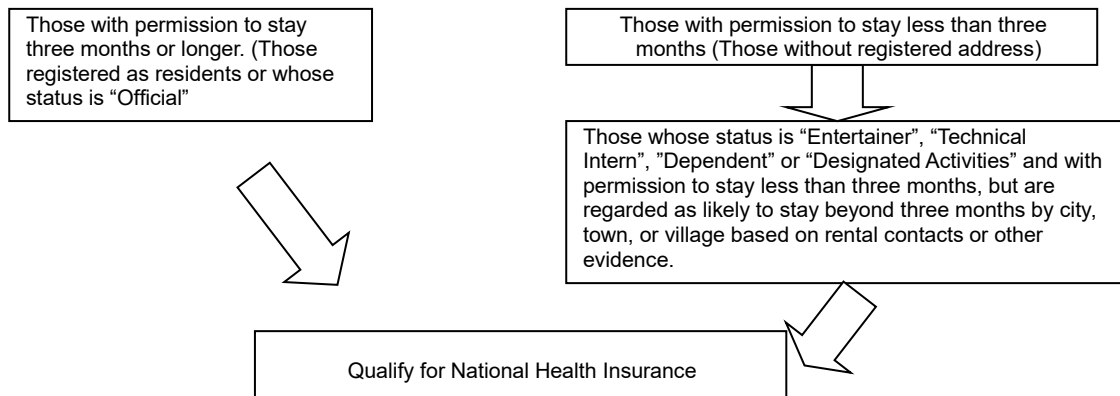
In Japan, there are the following two main types of medical insurance. The law requires you to be a policyholder of either one. In Japan, medical fees are relatively high, but you will be able to pay less after enrolling in the insurance. If you are staying in Japan for longer than three months and have registered as a resident, you are eligible to apply for National Health Insurance.



People aged 75 or over are required to apply for “Latter-Stage Elderly Healthcare Insurance.”
(For details please refer to Section 3 below: Latter-Stage Elderly Healthcare Insurance)

2. National Health Insurance

People covered by National Health Insurance



* If you are from a country with a reciprocal Social Security Agreement with Japan including medical insurance, and if you show proof of being covered by the social security service in your country, you will be exempt from National Health Insurance in Japan.

* “Designated Activities” visa holders, those who are staying in Japan for the purpose of receiving health care or taking care of such a person are exempt.

* Those whose status is “Short-term Stay” or “Diplomat” are also exempt.

(1) Application Procedure

- When to apply:

When you move to Japan, change your residential address, when a child is born, or if you have left the Social Insurance System, etc.

- Necessary documents:

Residence Card

Even if you are not eligible to register as a resident, you may still apply for National Health Insurance if you have documentation to prove that you will stay in Japan for three months or longer.

(2) Benefits for the Insured (services available to policyholders)

For details such as benefits and procedures, please contact the relevant division of your municipality. (Appendix IX—1)

- Self-Pay Portion of Medical Fee:

Those covered by National Health Insurance must pay 30% of the entire cost for the health care provided (20% for preschool children or elderly people aged between 70 and 74 (10% for those born before April 1, 1944, in accordance with government special measures. Those whose income exceeds a certain level must pay 30% of the total cost regardless of their age.)) You need to pay for the meals served during your hospitalization on your own. Please note that some miscellaneous costs involved in hospitalization such as extra room charge may not be covered by the insurance.

- High-Cost Medical Care Benefits:

If a person's self-pay portion for a month exceeds a specified amount, the excess amount will be reimbursed afterwards.

- Lump-Sum Allowance for Childbirth:

When an insured woman gives birth, the head of her family will receive an allowance to cover a portion of the costs incurred in childbirth.

- Funeral Expenses:

When an insured person has died, a portion of the funeral costs will be paid to a person who holds the deceased person's funeral.

- Specified Illness:

The National Health Insurance program also offers financial assistance for the treatment of specified diseases

(3) Insurance Premiums (Tax)

Insurance premiums are calculated based on the structure of your family and your income for the previous year. You will be notified about your premiums by your city office. For details, please inquire at your local municipality from which your insurance is issued. (Appendix IX—1)

Premiums will be charged at certain times of the year. After you receive a payment slip for your premium in the mail, please pay at the public office in your municipality, a nearby financial institution (bank) or convenience store. Payments may be automatically deducted from your bank or post office savings account if you prefer. Inquire at your municipal office for further details.

Also, in principle, your premium will be directly deducted from pension benefits received by the head of your family, if a) all insured in your household are aged 65 or over, b) the head of your family receives a pension of 15,000 or more per month, and c) the combined amount of your Nursing Care and National Health Insurance premiums is less than half of the pension benefits of that of the head of your family.

In the event that you are unable to pay premiums temporarily because you have lost your job or suffered from a natural disaster, you may apply for a premium reduction or exemption program. Inquire at your municipal office for details.

If you are injured by a third party in a traffic accident or other incidents, normally the said third party is obliged to pay your treatment costs. However, if you report it, it can be covered by National Health Insurance. Subsequent to the treatment, the insurer might claim compensation for the injury against the person who caused the accident. Therefore, it is recommended that you consult with someone in your municipal office if a settlement with the offender has been reached. (Appendix IX—1)

From April 2018, the Osaka Prefectural Government has joined municipal governments in administering the National Health Insurance scheme. Insurance premium rates and reduction measures, which used to vary from city to city, will be fully standardized within Osaka Prefecture by the end of the six-year-long transitional period. During this transitional period, however, some discrepancies still remain. For details, please inquire at your municipal office.

3. Latter-Stage Elderly Healthcare Insurance System

In Japan, the medical insurance for people who have reached 75 years of age is terminated and automatically switched to the Latter-Stage Elderly Healthcare Insurance. Foreign residents aged 75 or over are enrolled in the system automatically when they are permitted to stay in Japan for three months or longer and registered as such. However, even those without a residence card may apply for the system if deemed to be staying in Japan for over three months. (However, they will not be automatically registered in the Latter-Stage Elderly Healthcare Insurance System. Please consult with the Latter-Stage Elderly Healthcare Insurance division of your municipal office.)

(Requirements for the eligibility for Latter-Stage Elderly Healthcare Insurance are the same as that for National Health Insurance. For details see Section 2. National Health Insurance.)

(1) Application Procedure

- No specific action is required. During the month prior to your 75th birthday, you will receive an insurance card sent from the Osaka Prefectural Association of Medical Care Services for Senior Citizens (Kouiki Rengou)
- Those aged 65 to 74 are also eligible to be covered by the system if they are recognized as suffering from specified disorders after submitting an application. Please submit the application to the division in charge of the medical services for latter-stage elderly people in your municipality.

(2) Benefits for the Insured (the services policyholders receive)

- Self-Pay Portion of Medical Fees:
Those with Latter-Stage Elderly Healthcare Insurance must pay 10% of the entire cost for the health care provided: (30% if they earn a certain amount of money.) Please note that some miscellaneous costs accompanying hospitalization might not be covered by insurance.
- High-Cost Medical Care Benefit:
If a person's self-pay portion exceeds a specified amount in one month, the excess amount will be reimbursed.
- Funeral Expenses:
When an insured person has died, a portion of the funeral costs will be paid.
- Medical Aid:
The cost of the medical treatment for specified diseases may be covered by public funds (your fees will be reduced).
- Latter-Stage Elderly Healthcare Insurance also offers financial assistance for health care costs for specified illnesses (such as reduction of payments.)
Please claim funeral expenses or financial assistance for health care at your municipal office.

(3) Premiums

Each prefecture calculates premiums independently. Your premium differs based on the structure of your family and your income for the previous year. If you receive a pension of 15,000 yen or more per month and the amount of the premium for Nursing Care Insurance and Health Insurance combined is still less than half of the amount received as pension, the premium will be deducted from your pension. Otherwise, an invoice for payment is sent to you by post, to be paid at the municipal office or a nearby financial institution. In the event you are temporarily unable to pay premiums because you have lost your job or suffered from a natural disaster, you may apply for a premium reduction or exemption program. Inquire at your municipal office for details. (Appendix IX—1)

4. Nursing Care Insurance (Kaigo Hoken)

In Japan, to elderly people suffering from age-related physical conditions, elderly nursing care services are offered through the Nursing Care Insurance by the local municipality.

(1) People who are covered:

Residents in Japan aged 65 or older (Insured Category No.1), and those aged 40 to 64 who are covered by public medical insurance (Insured Category No.2) are eligible for Nursing Care

Insurance (as a policyholder). Foreign residents are also covered by Nursing Care Insurance unless they correspond to one of the following categories:

1. Residents with short-term visas.
2. Those who have Residential status of less than three months, but are regarded as likely to stay beyond three months.
3. Those who have official visas (such as diplomats, consulate staff, members of the U.S. military, etc.)
4. Those whose visa has expired.

(2) People who can use the service:

- Those who are 65 years old or over (Insured Category No.1) who:
 - Need constant nursing care due to being bedridden and/or suffering from dementia. Approval by the municipal government is required for such service.
 - Those who do not need constant nursing care, but need support for regular, daily activities such as dressing. Such persons must be approved by the municipal government as needing such care (the condition of Support Necessary).
- Those who are 40 to 64 years old, covered by medical insurance (Insured Category No. 2) and fall into the category of Nursing Care Necessary or Support Necessary due to one of 16 designated types of illnesses caused by aging, including late-middle-age dementia and cerebrovascular disease, and any person already approved by the municipal government as a person in a condition of Nursing Care Necessary or Support Necessary.

(3) Available services:

- Home Care Services (including services designated for those who do not fulfill the conditions for Nursing Care Necessary, but are in the condition of Support Necessary.)
 - Care worker's visit (Home Help Service): a care worker visits your home to support daily activities or provide physical nursing care.
 - Nurse visits you at home: a nurse visits your home and examines/supervises your condition or assists treatment.
 - Visit to a nursing home (Day Service): Visits to a day-service center for baths, (some) meals and functional training.
 - Short-term nursing care at a nursing home.
 - Nursing-care for residential care in designated facilities and other care.
- Service at Facilities
 - Welfare Facilities Offering Nursing Care for Elderly Citizens (Special Nursing Home): facilities for people who need constant nursing care and are unable to live at home (those categorized as "Level 3 or above Support Necessary" in principle). To provide a residence for such people, support for daily life, rehabilitation and nursing.
 - Health Facilities Offering Nursing Care for Elderly Citizens: Facilities for people in need of functional training or nursing care with hope of recuperation and returning home.
 - Medical Treatment Type Nursing Care Facilities: facilities for patients needing long-term treatment: to provide medical services such as nursing or functional training.
 - Nursing and medical care institutions: facilities that accommodate people requiring long-term nursing and medical care to provide them with constant medical management and routine support for daily life.

※People in the "Support Necessary" category cannot use the long-term services offered at the facilities.

- Community-Based Services (including preventive services for people in the "Support Necessary" category)

(4) How to pay for insurance:

- People aged 65 and over (Insured Category No.1):
 - For those who receive a pension ¥15,000 or more per month (including their retirement pension), insurance payments are deducted from the pension. Others pay directly to the municipal government by bank transfer, etc.
- People aged from 40 to 64 with public medical insurance (Insured Category No.2):
 - The insurance payment is added to the medical insurance payment.

(5) Payment for Using these Services

- When receiving services from the Nursing Care Insurance system, the patient basically pays 10% or 20% of the cost, depending on their income. When the patient receives care at a facility, they must pay for accommodation and meals on top of the 10%.
- However, to prevent the monthly payments from becoming unbearable, there are maximum monthly limits for self-payment (such as expenses for large lump-sum payments for nursing care services). In particular, for people with lower incomes, the maximum monthly payment limit as well as accommodation and meal payments are set lower.

(6) Consultation Offices at Municipal Government Offices

For further information regarding the application of nursing care insurance and available services, please consult with the responsible division at your municipal government office.

(Appendix IX—1)

II-3 Health Management

In Japan, local governments or companies arrange various kinds of health checks to help people prevent diseases or identify them in their early stages. Most of the checks are free or very low cost. Considering the overall cost, it is beneficial for you to prevent a disease or identify it at an early stage, so please make use of such services.

1. Public Health Center (Hokenjo)

To preserve or improve people's health, public health centers offer specialized services in the prefectures. Screening days differ as per the public health centers' schedules, so please inquire first before visiting (Appendix IX—3)

- Screening for infectious diseases (such as HIV, sexually transmitted diseases, tuberculosis and viral hepatitis) and other diseases
- Support and consultation for maternity and child health care
- Support and consultation for intractable diseases
- Consultation for mental health

2. Municipal Medical Health Center (Medical Care and Health)

Municipal Medical Health Centers provide accessible health services for local residents such as examinations for infants, vaccinations, various types of cancer screenings and medical checkups for adults. You can receive check-ups at health centers or certain medical institutions that provide regular screenings and check-ups. Systems differ with respect to municipality, so for details, please contact a municipal health center in your area. (Appendix IX—3)

III Daily Life and Housing

III-1 Looking for Housing

1. Applying for Prefectural Housing

Applications for Osaka Prefectural Housing are accepted at specified periods several times a year. Each time, new brochures are issued and distributed at city halls and ward offices in Osaka Prefecture, Information Plazas for prefectural residents, authorized management offices, Osaka Prefectural Government and other places. Tenants are determined by lottery and must meet certain criteria. Foreign nationals who meet all of the following conditions can apply for prefectural housing:

- ① Earning the income level that matches the criteria for application.
- ② Currently having difficulty finding housing.
- ③ Living or working in Osaka Prefecture. (Or plan to work within the prefecture)
- ④ Completed their resident registration.

Osaka Prefectural Public Housing Office:

URL http://www.pref.osaka.lg.jp/s_jutakukeiei/ (Japanese Only)

2. Other Public Housing

City Housing	Housing provided by the city for households whose earnings are lower than the threshold
Public Rental Property Specified by Osaka Prefecture	Housing directly provided by Osaka Prefecture for those with middle-range incomes. http://www.pref.osaka.lg.jp/jutaku_kikaku/boshujigyo/index.html
Osaka Prefecture Public Company Rental Housing	Housing managed by Osaka Prefecture Public Company for people with middle-range incomes ☎ 06-6203-5454
UR Housing	Housing built and managed by the Urban Renaissance Agency for people with middle-range incomes ☎ 06-6968-1717

3. Looking for Private Housing

When you are looking for private housing, clarify your needs, including rent, deposit, location, size of housing and other conditions. Real estate agents (who can show you rental houses and apartment rooms) in the area where you plan to reside can present you choices in rental housing. You can also use real estate agencies to appraise market value to help clarify your desired range and be informed of general housing costs. Also, you can research housing information magazines. Other helpful resources include classified advertisements for housing on foreign language online sites that offer job and housing information to foreigners living in Japan.

After you decide on the type of housing you will rent, you need to make a rental agreement (contract to lease an apartment room or other housing) at the real estate agent's office. On such rental agreements, not only the rent, fee for communal services, and deposits, but also cautions for when you vacate the residence, whether you can have pets, and other rules should be clear. Therefore, only sign an agreement after you fully understand the content. It is important to avoid future problems by clarifying when you have to notify your real estate agency about the termination of the contract, the amount they will retain from the deposit money you pay (upfront), and breakdown of the usage amount subtracted from the deposit.

There is also the Osaka Anshin Housing Promotion Council that provides useful information to assist with your house hunt.

URL <http://www.osaka-anshin.com/>

○ Money Required When Making a Housing Lease Contract

Rent	Monthly rent. You need to pay the rent of the following month. Therefore, you need to pay rent for two months up front.
Maintenance Fee (for apartments)	Residents pay monthly to cover the costs of the cleaning and maintenance of communal spaces
Deposit (partially refundable)	When a tenant makes a contract, leasee pays deposits to guarantee paying the rent to the landlord (the owner of the property). In the Kansai area, average deposits are equivalent to about a month to 3 months rent, and they are used for house maintenance or other purposes. When a tenant moves out, typically 30% to 50% of the deposit money is subtracted from the refund.
Key Money	This is a non-refundable gratuity payment to the landlord.
Commission	Commission you pay to the real estate agent.

III-2 Moving Out and Leaving Japan

1. Procedures at Your Old Residence Before Moving

When you move out of a rented property, you must pay the water, gas and electricity utility bills. Call each utility company to notify them of your planned vacancy date and ask them for a fee settlement. Additionally, submit a notice of vacancy to the post office nearest your residence, so that all incoming mail will be transferred to your new address - free of charge for the entire following year.

If you move to a place in the same municipality, please hand in a "Notification of change of address" to your local government administration office. If you move to a place governed by a different municipality to that of your prior abode, please hand in a "Moving-out Notice" to your local municipality, receive a "Notice of Change of Address," and submit a "Notice of Ineligibility" to the National Health Insurance division in the ward office or town/city hall and return your insurance card to the division.

2. After Moving into a New Residence

Contact the gas and electricity companies. The gas company will send a person to open the gas line for the house, and will require a resident to observe this. Generally, if you turn the breaker on, the electricity becomes available for use, but you must notify the electricity company as soon as possible when you start using electricity. Water systems are different in each rental house/apartment, so ask the landlord.

Submit a "Moving-in Notice" at the local municipal office of your new residence within 14 days after your move. If you are insured by National Health Insurance, after notifying the relevant authorities at the town/city hall in your new municipality of the transfer of your address, apply for insurance in your new municipality.

If you have a driver's license, have your address changed at your police station.

3. When You Leave Japan

- ① Settle all bills accruing from your rented housing. Pay utility bills for gas, electricity, water, and domestic and international phone calls.
- ② If you are leaving Japan in the middle of the fiscal year, it is necessary to settle any due taxes. With regards to the residential tax, pay the entire amount for the fiscal year at your municipal office. Local taxes are calculated based on the previous year's income, so you need to pay the tax even if you will not remain in Japan for the full fiscal year.
- ③ Regarding income tax, you can still receive a refund after filing your final income tax return, if you arrange for a person to manage your tax payment and report to the tax office. Or, file a tentative income tax return and pay all unpaid income tax for the year before you leave Japan.
- ④ Submit a Notification of Change of Address (Abroad) at your local municipal office.
- ⑤ Regarding National Health Insurance, about a month before you leave Japan, please report your withdrawal from the system to the municipal office, settle the account and follow all proper procedures.
- ⑥ If you are a member of the National Pension system, you may be able to request a lump sum withdrawal payment after you leave Japan. Obtain an application form at a Japan Pension Service branch office or your workplace.
- ⑦ Hand in your Resident Card to an immigration officer when you leave Japan.

III-3 Water Service

You can drink the tap water in Japan, including in Osaka. After you move in to a residence, you need to apply for the water service.

1. Application

There will be a water service application card for new users located near the front door of your home or somewhere else nearby. Inform the waterworks department (bureau) of your municipality of the number on the card (this number is referred to as the Shiyosha Bango). Subsequent to you contacting the waterworks department (Bureau), one of their employees will come to open the water line to your home. It can take up to four days from the time you apply to the time you can actually use water, so it is recommended that you apply as soon as possible. In an apartment or rental housing, the building's management association or the landlord may arrange your water supply.

2. Water Rates

Water rates are comprised of the basic charge and a charge proportionate to the amount used. Usually, the water bill comes once every two months and arrives by post. Payment can be made by automatic payment from your bank account, by transfer from a financial institution or at certain convenience stores. This varies depending on municipality. Note that inability to pay can result in having your water turned off.

If there are sewers in your area, you will also be charged for their use. In communal housing, normally the management association includes the sewer cost in the water bill after calculating the water supply to your household.

3. Points of Concern in Winter

Water pipes can freeze or break on the coldest of winter days. On such days, it is necessary to take certain precautionary measures, such as letting a small amount of water run at night.

III-4 Electricity

1. Electricity in Japan

Electricity in Japan is provided at a stable voltage of 100 Volts. Depending on the region, the frequency can be 50Hz (in East Japan) or 60Hz (in West Japan). Incidentally, the Osaka region is 60Hz.

If you use an electric appliance taken from abroad, because of the frequency difference, the performance of some electrical appliances or tools may be impaired, they may not be able to be used and could breakdown, so please be cautious.

2. Application for Electrical Service

In order to apply for electricity services, please call the customer service department of your nearest Kansai Electric Power Company office after you have pulled the main breaker. There are several other electricity companies you can choose from. The main breaker is usually located in an electricity distribution box (which stores all of the leakage and safety breakers necessary for safe electricity use) on the wall in the entrance way or kitchen. A contact voucher will be in either of these locations. Apply by either calling the number on the voucher or sending the attached postcard to the office noted on the voucher.

3. Payment

A monthly bill will be sent to you according to the meter-reading result. You can pay at various locations such as your local Kansai Electric Power Company office, financial institutions or convenience stores, so take the necessary steps to make payments when you receive bills. Also, you may establish automatic payment from your bank account.

4. Notice of the Amount of Electricity Used

Notice of the Amount of Electricity Used. It is delivered when the meter is checked.

Amount used in the last month

Date of withdrawing the fee from your bank/postal savings account

Final due date of payment for this bill (if payment is made after this date, a late charge will be added to the next month's bill)

Amount received (amount received during the previous month for those paying through their bank/postal savings account)

Next date for checking the meter

Contact telephone number

Customer Number (Contract number of customer. Used for inquiries)

Electricity bill (fee for reference, calculated from the amount of the fuel used in the past month)

This month's charge

This month's charge

Type of contract

Last month's charge

Adjustment amount of fuel expenses (amount to adjust in case of the exchange rate and/or fuel cost changes more than a certain level)

いつも電気をご利用いただきありがとうございます

カンデン タロウ 様

お客さま番号 08141967040100

●電気ご使用量のお知らせ

○年8月分 (ご契約 7月 9日～ 8月 9日)
の電気のご使用について下記のとおりお知らせします。

契約種別 従量電灯A

●ご使用量 351kWh

(ご参考)電気料金 8,463円

振替月日 8月 20日

早収期限日 8月 31日

計器番号 377

当月指示数 2565

前月指示数 2214

○上記金額は、早収料金に消費税等相当額を加えたものです。
ご契約の変更等で、実際のご請求金額と異なる場合がございます。

○下記を参考に電気をご使用ください (ご契約 7月 9日～ 8月 9日)。
(参考)前月8月分のご使用量 (ご契約 7月 9日～ 8月 9日)
28.0kWh

燃料費調整単価 最初の15kWh 15kWhを超える
に替り 1kWhにつき

平成○年8月分 土△円△銭 土△△銭

平成○年9月分 土△円△銭 土△△銭

●電気料金領収済のお知らせ (前月分口座振替用)

下記金額を口座振替によりお支払いいただき
ありがとうございました。

年 月 分 ○年7月分

契約種別 従量電灯A

使用期間 6/8～7/8

ご使用量 310kWh

振替月日 7月17日

領収金額 7,309円

消費税等相当額 (再掲) 348円

速収加算額 (再掲) 0円

燃料費調整額 (再掲) 土△△円

※燃料費調整額は月次変動額を算入して算出。
※「速収」表示は、燃料費調整額がないことを示します。

ご指定口座
振替口座の表示の有無について変更を希望される場合はご連絡ください。

店舗 口座番号

次回の検針は、9月8日におうかがいいたします。

関西電力株式会社 三 国 営業所

検針員 カンデン ハナコ 8月10日

ご連絡 06 391-7233 三 国 営業所

ご質問 06 391-1061 三 国 営業所

電気温水器のお問い合わせは 0120-86-9101

※領収書は月一発行し、領収書をなくした場合は、5日～7日を目安に発行いたします。
※領収書は、領収書の日付にない限り、領収書が有効です。
※領収書は、領収書の日付にない限り、領収書が有効です。

※2枚裏面に記載されています。

If you register your mail address, you can check your monthly electricity bill and amount of electricity used.

Provided by Kansai Electric Power Co., Inc.

III-5 Gas

1. Types of Gas

There are two types of gas: one is called city gas and is delivered by pipe to homes and buildings. The other is propane gas, in tanks placed near houses or other places. The equipment used differs with respect to the gas. It is very dangerous to use equipment that does not suit the gas type. Please confirm what type of gas you are using with your landlord or a local gas company.

(1) City Gas

The meter for city gas is located outside your residence. The contact phone number for a new contract is written on the meter, so when you apply for new gas service, please phone the number. When you make a phone call, you will be asked your address, name, the first day when you wish to use gas service, preferable appointment time with a worker who will visit your house, as well as other details.

Usually after you call, a gas technician visits you to open the gas line. You need to stay at home when the technician visits.

(2) Propane Gas

Even in the areas where propane gas is provided, just as with city gas, there is a tag on the meter with a contact number to call. Please dial the number when you apply for propane gas services. A fuel shop delivers the propane gas in tanks. Please note that you will not be able to use the same appliances and equipment used for city gas when using propane.

2. Gas Leakage

Gas gives off odor, so you can smell the gas when it leaks. When you suspect a gas leak, immediately turn off the gas at the main and report the suspected leak to the gas company.

Report suspected city gas leak (Gas leak hotline, Osaka Gas.
Japanese only)

Osaka City: ☎ 0120-0-19424

Osaka Prefecture (south): ☎ 0120-3-19424

Osaka Prefecture (northeast): ☎ 0120-5-19424

3. Gas Usage Notice and Payment Receipt

(When transferred from the customer's bank/postal savings account)

Your name	Notification of gas usage	Period of service	User number	Gas payment receipt stating the amount withdrawn from the customer's bank/postal
大阪 太郎 様		12-34-567-89-0120	12-34-567-89-0120	大阪 太郎 様
2016年 1月分	ご使用期間(日数) 12月4日～ 1月6日(34日間)	今回検針日 1月6日 次回検針予定日 2月2日		2015年 12月分
請求予定金額 5,923円	①ご使用量 1) - 2) 33m ³	1) 今回メーター指示数 3060 2) 前回メーター指示数 3027		ご使用期間(日数) 11月5日～ 12月3日(29日間)
内訳 ガス料金 5,923円 (内ガス料金分消費税 438円) ・基本料金 1,337円40銭 ・従量料金(①×②) 4,585円68銭	前年同月ご使用量 44m ³ (34日) 前年同月比(30日換算) 75.0%			ご使用量 33m ³ 前月適用単位料金 B) 138.43円/m ³
ご契約 一般料金	②当月適用単位料金 B) 138.96円/m ³			金額 5,905円
口座振替予定日 1月15日	翌月単位料金表(円/m ³) A)***** B)***** C)***** D)***** E)***** F)***** G)***** H)***** ※当月と翌月の単位料金の差: ***** 円			内訳 ガス料金 5,905円 (内ガス料金分消費税 437円) (内基本料金 1,337円40銭)
振替ができなかった場合 1月25日に再振替いたします。				上記金額を12月14日に口座振替により領収させていただきます。ありがとうございました。
お問い合わせ ▶ 閉栓・開栓・機器修理のお申込は、弊社ホームページでも承っております。 大阪ガス 検索 ▶ ガス料金に関するお問い合わせ お客様センター 0120-0-94817 ▶ お引越し等のご連絡 テストガスセンター 0120-12-3456 06-1234-5678	受付時間 月～土/9:00～19:00 日・祝/9:00～17:00	マイ大阪ガスはコチラから	大阪ガス株式会社 お客様センター 0120-0-94817 本証により弊社の係員が 集金することはございません。	印紙税申告納付につき東 税務署承認済
Date of automatic withdrawal	Basic fee	Gas usage ①×Charge per unit②	Telephone number for inquiries	Amount received
	Billing amount	Charge per unit of the month according to the usage②		

Provided by Osaka Gas

III-6 Garbage

1. Garbage Disposal

Separate garbage collection is carried out in order to reduce its amount and aid recycling.

Types of garbage separation

- Burnable garbage
- Non-burnable garbage
- Newspapers, magazines, cans and PET (plastic) bottles

If you do not follow the rules or proper method regarding garbage disposal, it may cause you to get into trouble with your neighbors.

Things you should not do

- ① Dispose of garbage on non-garbage-collection days.
- ② Dispose of garbage outside the designated area.
- ③ Dispose of garbage without sorting.

The exact rules and types of garbage to be sorted out are different depending on municipality, so we recommend asking someone at the ward office, city/town hall or even your neighbors about this. Some public offices offer explanations regarding garbage disposal rules in foreign languages.

2. How to Dispose of Other Types of Garbage

(1) Batteries, Drinking Bottles and Other Types

Batteries contain dangerous substances and require special care and technology for their disposal. Therefore, they should essentially be returned to the collection box at the store in which they were purchased. Moreover, some stores refund money on empty beer and juice/soda bottles and others, so it is recommended that you confirm this at the store when purchasing.

(2) Plastic Film Packaging

Please collect plastic containers and wrapping films in a bag and dispose of them on the designated day.

(3) Large-Sized Garbage

Furniture and appliances no longer used (except for air-conditioners, TVs, refrigerators and washing machines: rules for these items are mentioned below) should be collected either on a designated day as “large-sized garbage” or taken away upon special request. Some municipalities may charge for collection of large-sized garbage.

(4) Air conditioners, TV sets, refrigerators, washing machines, tumble dryers

When you dispose of an air conditioner, a television, a refrigerator, a washing machine or a tumble dryer you must contact the shop you bought it from (or the shop you are going to buy a new one from) to take them away for a certain charge. Manufacturers will recycle these appliances. Municipalities do not collect them.

(For your information) Home Appliances Recycling Law

URL

http://www.meti.go.jp/policy/it_policy/kaden_recycle/

III-7 Daily Life

1. Manners for Living in Japan

Adapting to Japanese Society

The observance of Japanese manners and customs, as well as an understanding of the Japanese way of living will make things easier when living here. It is recommended that you gain an understanding of these little by little.

- When you have an appointment with others, you should keep to the time agreed. If you might be late or need to cancel, you should make contact in advance.
- Japanese people bow in many situations by bending over and lowering their head.
- It is rude to ask personal questions (regarding occupation, income, family matters etc.) if you are not very close to the person you are speaking with.
- When making a request emphatically demanding or being overly self-assertive may offend people.

Communicating with neighbors

(1) Greetings

It is important to occasionally communicate with people in your neighborhood. Your regular greetings will help facilitate subsequent communication. In addition to this, it is also said that exchanging greetings with each other can be effective in preventing crimes in the area.

(2) Noise complaint

In urban areas, there may be some people who are particularly sensitive to daily noises. They may not even tolerate the noise of children. You should be particularly careful if living in communal housing such as an apartment building. Generally, please refrain from making noises audible to your neighbors after 10pm. Some people work nights, and therefore spend daytime hours at home sleeping.

The structure of wooden buildings often found in Japan may transmit sound relatively easily. Therefore even small noises you unintentionally cause can annoy your neighbors even though you believe you are being quiet. In particular, take special care and avoid using vacuum cleaners or washing machines late at night. When possible, avoid closing and opening doors with noise – especially late at night/very early morning.

If you are bothered by loud noises and live in communal housing, it is suggested that you consult with the real estate agent with whom you have made a contract. If your residence is not a communal one, it is recommended to consult with a board member of the neighborhood committee or a fellow neighbor.

(3) Neighborhood Committee (Town Community Association)

In your local area, a local community association may hold autonomous activities in an effort to promote ties among neighbors, clean up public areas and prevent crimes. Participation in such activities and registering for the neighborhood committee is completely voluntary. However, if you become a member, you can easily obtain information about the administration of your local municipality, and your membership will be appreciated by your neighbors. Thus it can be beneficial to you. Furthermore, if you and your neighbors get acquainted with each other, it can be useful for crime prevention, so please join in these activities as much as possible.

(4) Information circulation in the community

After you join the neighborhood association, you will receive a circular notice board ("Kairanban"). The typical circular notice board contains a leaflet notice from the municipality office, which is bound to a clipboard. After you read the circular notice brought by your neighbor, please affix your hanko (personal seal) or signature on it and pass it on to the next household. If you're unsure of whom to pass it to after you, it is probably best to ask the person who gave it to you.

(5) Cleanup activities

Some communities in towns or apartment buildings have set a day as cleanup day, where residents join a cleanup activity in public areas near their house, roads, nearby parks or other

places. On these days, at least one member from each household is expected to participate in cleaning or weeding activities. You are advised not to miss participation in such cleaning events since it is a good opportunity to improve ties with your neighbors, and get to know more about those who you rarely see on a daily basis for reasons such as differences in working hours.

2. Consumer Affairs

Nowadays, consumers are purchasing products and services as well as signing agreements online, and not only at actual shops. Either way, when you subscribe to a mobile phone or Internet service, buy a car on loan, sign an agreement for a property transaction and so on, you are entering a legal contract as a consumer. Due to different business customs and language barriers, you may face trouble when buying a product or signing a contract. In such cases, you can receive information and advice from a nearby consumer center. Consumer centers are consumer advocate bodies that offer free information and advice about products and services.

URL http://www.kokusen.go.jp/map/ncac_map27.html

III-8 When You Face Problems in Life

Systems or services below are provided for those with difficulties in their life. Please ask the welfare division of your municipality for further details. (Appendix IX—1)

(1) Local Welfare/Juvenile Support Staff

Social workers are able to provide consultation for people having trouble earning a living, elderly people living alone, bedridden elderly people, single parent families and people with disabilities. Staff also offer necessary assistance to these people in cooperation with welfare offices and related government organizations, and also give advice on issues related to children.

(2) Welfare Benefits

If you still have trouble making a living even after using up all of your property (assets) or savings, relied on other means or measures, or any support from your relatives, please consult the Protection Division (hogo-ka) of your municipality. The division will offer necessary protection depending on the severity of the situation.

(3) Living Expenses Loan

There are loan services for families in poverty to lend funds for living expenses and also for emergency support.

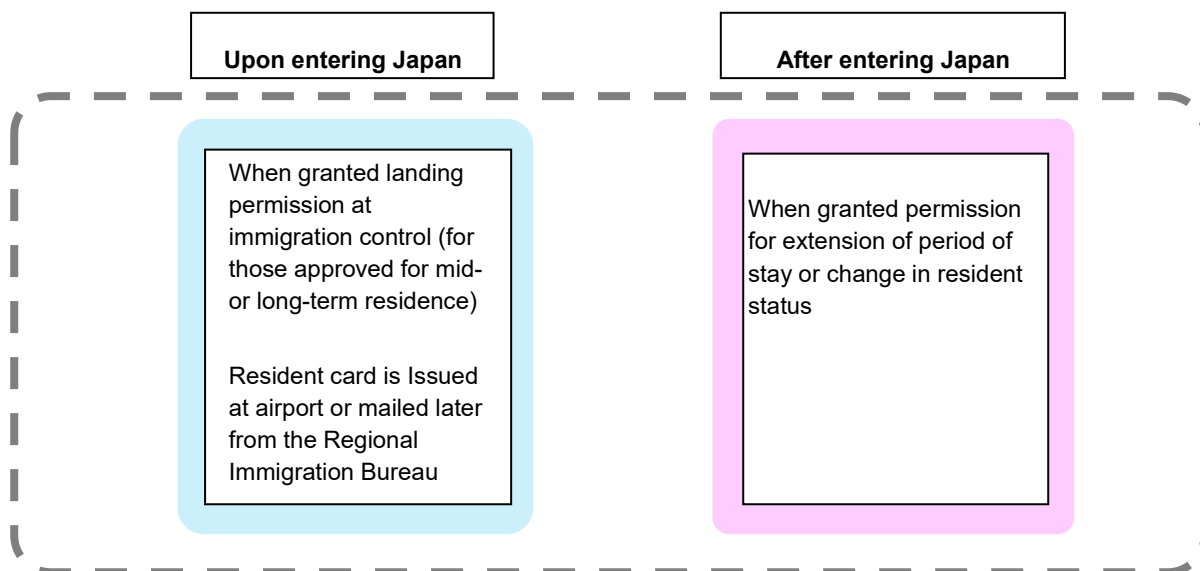
IV Residency Management System • Basic Resident Registration System for Foreign Nationals • Marriage • Divorce

IV-1 Resident Card

Resident cards are issued to foreign nationals who are staying in Japan legally as Mid- to Long-term Residents. Mid- and Long-term residents eligible for resident cards are those foreign nationals who do not fall under the categories below:

- ① Persons granted permission to stay three months or less
- ② Persons granted “Temporary Visitor” status
- ③ Persons granted “Diplomat” or “Official” status
- ④ Persons recognized by Ministry of Justice ordinance as equivalent to the foreign nationals listed above
- ⑤ Special Permanent Residents
- ⑥ Persons with no residence status

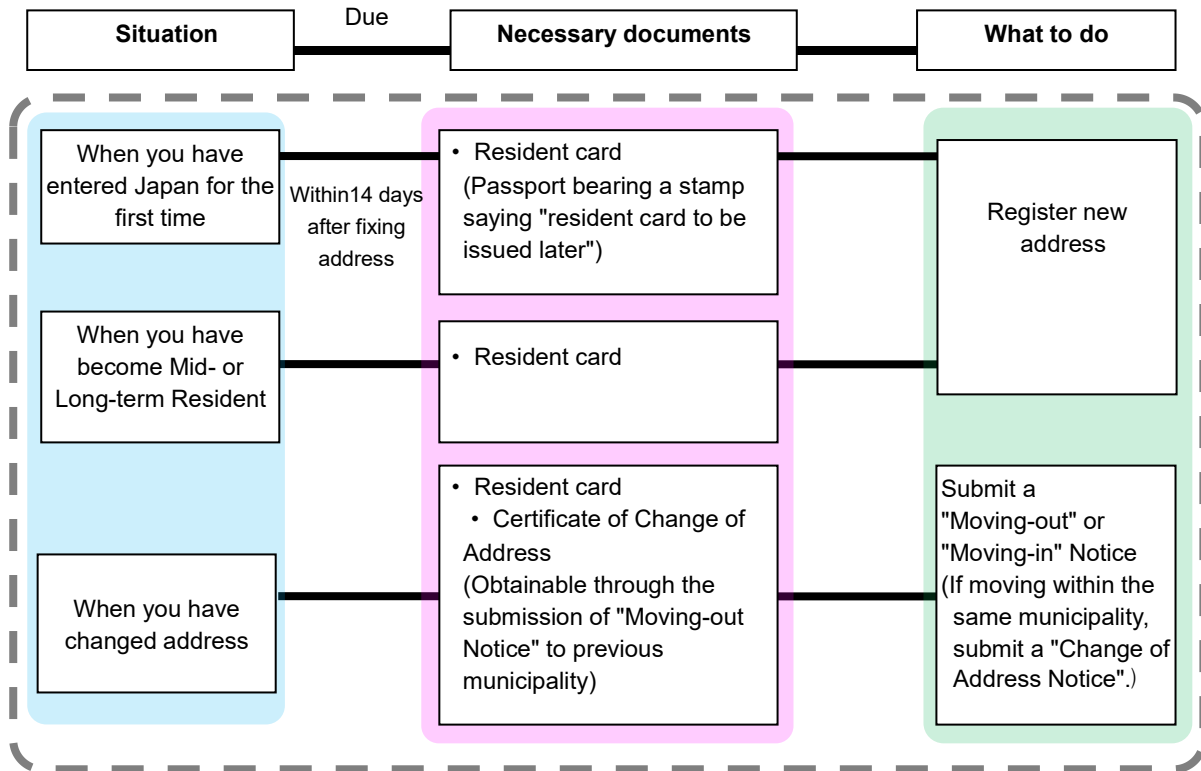
1. Issuance of Resident Card



A resident card is issued when a foreign national has been granted landing permission for the first time, when an application for change of status has been approved, or when an application for renewal of the period of stay has been approved.

A card-holder must have their resident card on them at all times. Requests from police or other officials to see the card must be obeyed. Those aged under sixteen, however, are exempted from carrying it at all times.

2. Procedures at Local Municipalities

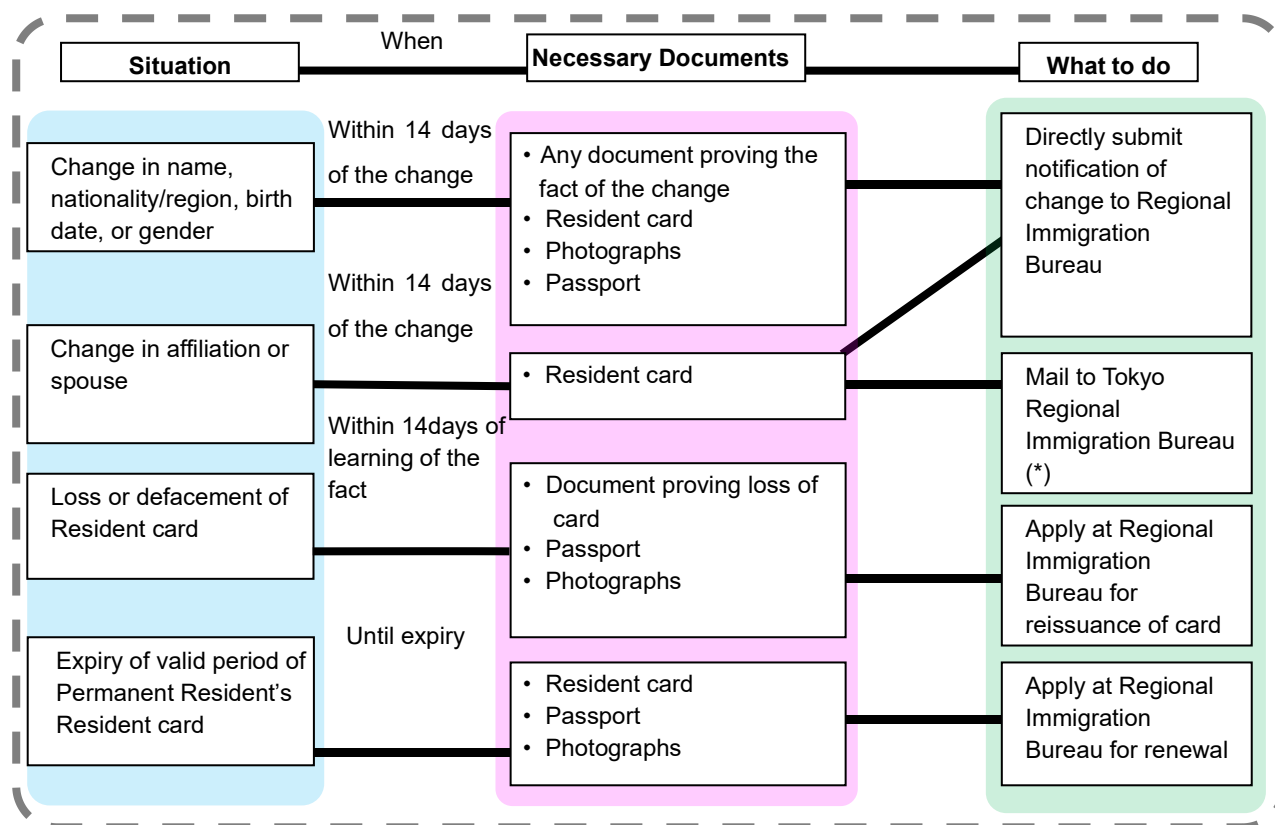


Resident cards can be issued at Kansai International Airport, Narita International Airport, Haneda International Airport, Central Japan International Airport, New Chitose Airport, Hiroshima Airport, or Fukuoka Airport to those who have been granted landing permission, namely mid- to long-term residents. If you enter Japan through any other air or sea port, your resident card will be mailed to you after you register your new address at the local municipality where you reside.

Your resident card includes a facial photograph and the following information: your name, nationality or region of origin, date of birth, gender, address, residence status, status expiration date, any restrictions on employment, or permission to engage in activities other than those permitted, if applicable. Address registration procedures must be completed at your local municipality office.

When you move into a new town, submit a "Moving-out Notice" to the town/city hall of your previous municipality, and submit a "Moving-in Notice" to the town/city hall of your new municipality within 14 days of moving. If you have your change of address registered on your resident card when you submit your "Moving-out" and "Moving-in Notices," there is no need to notify the nearest Regional Immigration Bureau of your change of address.

3. Procedures at Administrative Office of Regional Immigration Bureau



(1) Notification of Changes

If there has been any change to your name, nationality/region, date of birth, or gender, these changes should be reported directly to your Regional Immigration Bureau within 14 days. You will then receive a new resident card. If your status permits you to work, such as “Engineer/Specialist in Humanities/ International Services”, or to study, such as “Student,” and your affiliation (employer, school, etc.) changes, you can either notify your local Regional Immigration Bureau directly within 14 days, or you can notify the Tokyo Regional Immigration Bureau (*) by mail. If your status is “Dependent” or “Spouse of Japanese National,” and your spouse dies or you get divorced, this change should also be reported within 14 days.

(*) Address:

Tokyo Regional Immigration Bureau, Immigration Control Information Division, Notification Desk
5-5-30 Konan, Minato Ward, Tokyo 108-8255

(2) Reissuance of Resident Cards

If your resident card is lost or has been stolen, you should apply to your Regional Immigration Bureau to have it reissued within 14 days, submitting documentation from the Police or Fire Department as proof of card loss.

(3) Resident Card Renewal for Permanent Residents

Permanent Residents over the age of sixteen or foreign residents with “Highly Skilled Professional (ii)” residence status can apply to renew the validity period of their resident cards two months before the expiry date, while those under sixteen can apply to renew the validity period up to six months before their sixteenth birthday. The resident cards of all non-Permanent Mid- and Long-Term Residents over the age of sixteen remain valid until the expiry date of their periods of stay.

4. The Basic Resident Registration Law Applies to Foreign Residents

Foreign residents are included in the Basic Resident Registration System. Certificates of Residence for foreign nationals bear the holders' names, birthdates, genders, and addresses, as well as information such as the name of the head of the household, nationality/region, status, and period of stay. Although resident cards will not list nicknames or aliases, these can be included in Certificates of Residence. A copy of the Certificate of Residence can be issued for foreign residents.

Foreign nationals whose period of stay is longer than three months and who have addresses in Japan are eligible for Certificates of Residence. Mid- and Long-term Residents, such as those listed below, will have Certificates of Residence.

1. Mid- and Long-term Residents
2. Special Permanent Residents
3. Those whose status is "Temporary Refuge" or "Provisional Stay"
4. Those who have acquired provisional status of residence through birth or loss of Japanese nationality

If a child has been born to foreign parents (i.e. does not have Japanese citizenship), the local municipality must be notified of his or her birth within 14 days. This procedure will enable the municipality to issue a Certificate of Residence for the baby, who has acquired provisional status of residence by birth. If the baby will remain in Japan for more than 60 days after birth, his or her guardian(s) must apply at the Regional Immigration Bureau for residence status for the baby within 30 days of his or her birth. If the baby is granted residence status as a Mid- or Long-term resident, the Regional Immigration Bureau will issue a resident card for the baby.

5. Individual Number System

Individual number, popularly called My Number, is a 12-digit identification number issued to all residents who've completed their resident registration in Japan. You will be given your personalized number for social security, taxation and disaster prevention measures during your stay in Japan. In principle, this number will remain the same for your whole residence in Japan. A My Number notification card will be sent out to your official address by registered mail in a couple of weeks after your resident certificate is created for the first time in Japan. A My Number card will be issued to those who wish to have one with or without a face photo.

Within 14 days after your address, name, or other vital information changes, you will need to have the change registered in your paper-version notification card (without a photo). Also when your resident status is changed or renewed, you need to have your My Number Card updated within 14 days. You can apply for this procedure 3 months before the expiration date written on your card.

For information about Notification Card, My Number Card and temporary suspension of use of a lost/stolen My Number card: call 0120-0178-27 (English, Chinese, Korean, Spanish, and Portuguese languages available).

General Inquiries regarding My Number Card System or Mynaportal (Online Web Service): call 0120-0178-26

For inquiries in languages other than English, please call between 9:30 a.m. and 8 p.m.

URL <https://www.digital.go.jp/policies/mynumber/>

IV-2 Necessary Procedures for Residence in Japan

1. Reentry Permit (When you temporarily leave Japan)

When temporarily leaving Japan within the validity period of your visa, you may obtain a reentry permit in order to enter Japan upon your return. The permit is valid for up to five years (but it cannot exceed your period of stay in Japan) and is available in single and multiple reentry forms. However, if your visa status is short-term, you are not entitled to obtain a reentry permit. The following documents are required for application:

- ① Application for reentry permit (This can be found at the reception desk of your local Regional Immigration Bureau.)
- ② Resident Card (Appendix IV-1)
- ③ Passport
- ④ 3,000 yen revenue stamp (for single reentry permits), 6,000 yen revenue stamp (for multiple reentry permits)

Reentry permits are usually issued on the day you apply. Applications in Osaka Prefecture are taken at the Osaka Regional Immigration Bureau.

The new Special Reentry Permit System allows foreign holders of valid passports and Resident Cards to reenter Japan without applying for a reentry permit, provided the foreign resident is returning to Japan within one year of departure and will resume his or her previous activities in Japan. In order to benefit from this system, please present your resident card to Immigration when you depart from Japan.

2. Extension of Period of Stay

There is a time limit to the length of stay you have been permitted in Japan. If you wish to extend this stay to continue the same activity you are currently engaged in, you must apply for renewal and obtain a permit. Applications can be made within three months of the limit of your current period of stay. The following documents are required:

- ① Application Form for extending your period of stay (This can be found at the receptionist's desk in your local Regional Immigration Bureau.)
- ② Passport
- ③ Resident Card
- ④ Documents that verify your activities in Japan, past, present and future (planned). (We recommend that you inquire in regard to the required documents at the Osaka Immigration Information Center (Appendix IX — 2) as they differ with each status. The Ministry of Justice Immigration Services Agency of Japan also provides information on its homepage.)
- ⑤ Photo

Permit

Whether you are approved to remain in Japan or not will be determined by reviewing the documents you submit. The fact that a decision regarding your status is pending will be recorded on the back of your Resident Card when you apply. If your application is accepted, you will be issued a new Resident Card if you are a Mid- or Long-Term Resident.

3. Changing Residential Status from Current Permit Status

If you have a valid resident permit, but you start an activity categorized as requiring a different type of resident permit, you need to apply for a change in your status of residence. Under this system, you can change your resident status to a different category without leaving Japan (even temporarily). Please apply after the things requiring you to change your resident status

have happened and before your current permit expires.

Required documents differ depending on which status of residence you apply for, so please ask the Osaka Immigration Information Center. For further information, see the Immigration Bureau website:

URL <https://www.moj.go.jp/isa/applications/procedures/16-2.html>

4. Permission to Engage in Activities Other Than Those Permitted by Your Current Status of Residence

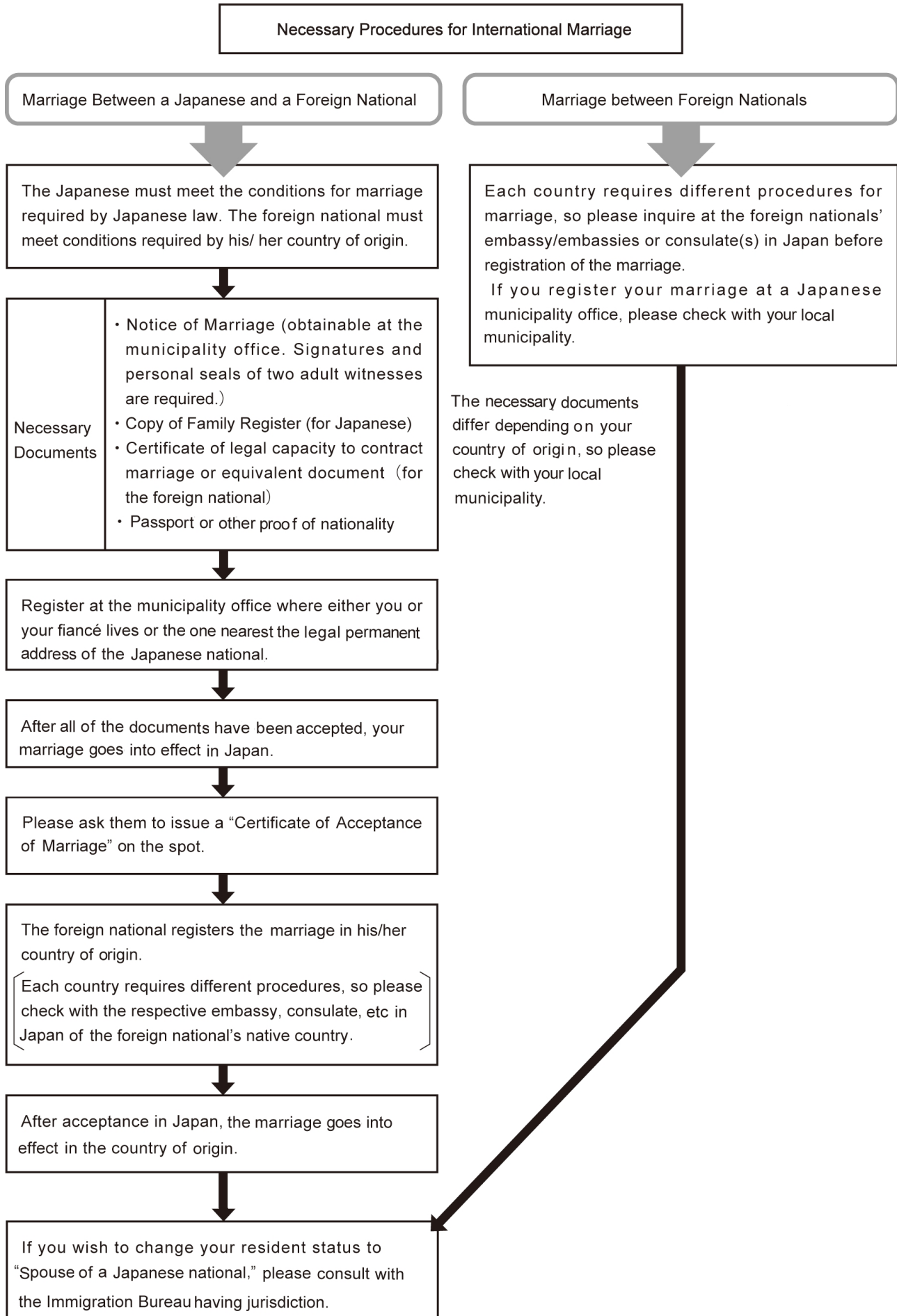
If you engage in any work not included in the activities permitted by your current status of residence, it will be regarded as illegal employment. For example, when an international student wishes to work at even a part time job, s/he must apply for “Permission to Engage in Activities Other Than Those Permitted by Current Status of Residence”. Before engaging in a full or part time job, please obtain permission from the Regional Immigration Bureau.

If you are arriving in Japan with “Student” status, it is now possible for you to apply for Permission to Engage in Activities Other Than Those Permitted by Current Status of Residence when you land at the airport (except for those whose stay will not exceed three months).

Necessary Documents

- ① Application form for “Permission to Engage in Activities Other Than Those Permitted by Current Status of Residence”
- ② Resident Card
- ③ Passport
- ④ Document that provides proof of your planned activity

IV-3 Marriage



1. Marriage between a Japanese and Foreign National

When a Japanese and foreign national marry in Japan, they register their marriage by submitting a form to the local municipality office. The Japanese national has to meet the conditions required by the Japanese law, and the foreign national has to meet the conditions required by their country of origin. The documents below are required.

- ① Copy or abstract of family register (for Japanese)
- ② Passport (proof of nationality)
- ③ Certificate of legal capacity to contract marriage or equivalent document issued by the embassy or consulate of the country of origin. (Translation with the translator's name, address and stamped hanko [personal seal] must be attached to non-Japanese documents.)
- ④ Notification of Marriage (These are available at the local municipality office. In order to register your marriage, you must have the seals of two witnesses who are 20 years of age or older. In addition, the notification must be written in Japanese.)

Marriages registered in Japan should be reported to the foreign nationals' countries of origin. To do that, a "Certificate of Acceptance of Marriage" is required, so please ask the municipality where you register your marriage to issue it. Each country requires different procedures, so please check with the embassy or consulate of the country of origin. (Appendix IX—5)

A marriage is valid from the day it is registered.

2. Marriage between Foreign Nationals

It is possible, under certain conditions, for two foreign nationals to register their marriage bound by Japanese law. However, please note that the marriage contracted in Japan might not be immediately valid in the country of origin. For further information about the procedures for marriage registration, please check with your embassy or consulate (Appendix IX—5) and your municipality office in Japan (Appendix IX—1) where you intend to register your marriage.

3. Changing Resident Status

If you change your resident status to "Spouse of a Japanese National" after marrying a Japanese citizen, or if you switch to spouse visa because of marriage to another foreign national, please contact the Immigration Information Center Osaka for information. (Appendix IX—2)

4. Changing the Information on Your Resident Card

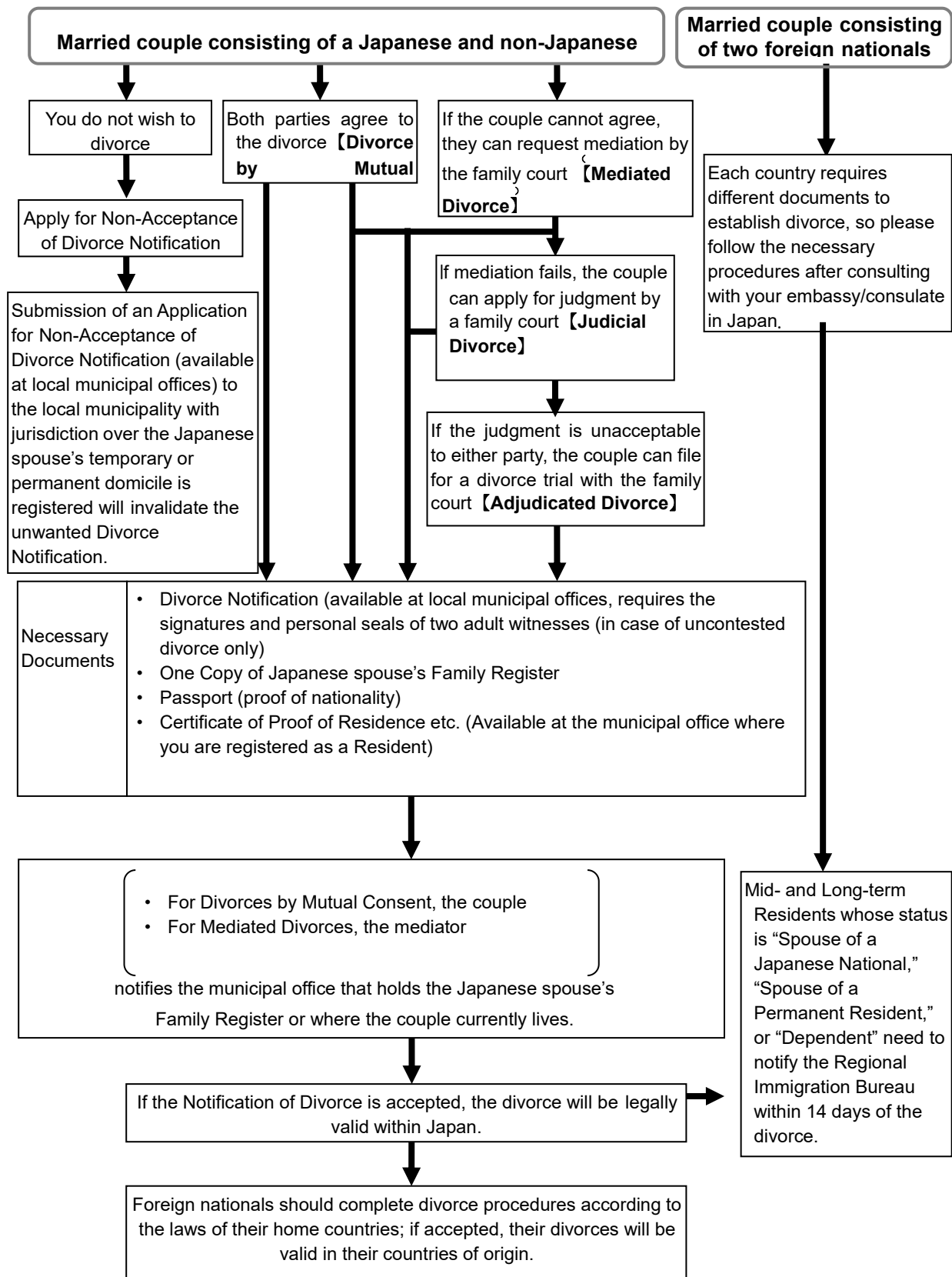
If you change your name because of marriage, you must submit notification of the change(s) to the Regional Immigration Bureau, and all other changes, such as your address or any other information, should be reported to your local municipality office (Appendix IX—1).

5. Other Changes

After you get married, applications and procedures, etc. for taxes, pension, Health Insurance, and benefits from your employer may be treated differently. Therefore, please check with the person in charge of human resources (personnel) in your company.

IV-4 Divorce

Legal procedures concerning divorce in international marriages can be complicated. Even if the divorce is recognized according to the procedures undertaken in Japan, it may be not recognized as a valid divorce in your native country. Here, we provide only a general explanation regarding the procedures for divorce under Japanese law.



1. When You Divorce

If a married couple in Japan agrees to divorce, they can do so under Japanese law as long as at least one of them is a Japanese national living in Japan. Japanese law stipulates four divorce scenarios: “Divorce by mutual consent” by which a notification of divorce is submitted, accepted, and deemed legitimate based on the agreement between the two; “Mediated divorce”; “Judicial divorce”; and “Adjudicated divorce”, the latter three of which are brought about through the involvement of family court. If you have divorced in Japan, but have not yet undertaken divorce procedures under the law of your native country, you are considered as still married in your native country, which may cause inconvenience to you. Thus, it is important to undertake procedures to get divorced in your native country as well.

When both husband and wife are non-Japanese, the requirements and necessary procedures for divorce may be different, depending on their country of origin. Such couples are advised to inquire about the proper procedures at their respective embassy/embassies or consulate(s) in Japan (Appendix IX—5).

2. When You Do Not Consent to a Divorce

If your (Japanese) spouse unilaterally submits a signed divorce notification to the authorities without your consent, you may repeal its legal effect by submitting a non-acceptance request to the municipality office where your (Japanese) spouse’s permanent or temporary domicile has been registered. Once you submit this request, unless you agree to “divorce by consent,” you will not be forced to divorce by your spouse without mediation or other formal legal procedures. This system cannot be applied to married couples of foreign nationals, however.

3. Residence Status after Divorce

If you are residing in Japan with the status of “Spouse of a Japanese National,” “Spouse of a Permanent Resident,” or “Dependent,” you need to report your divorce to your Regional Immigration Bureau within 14 days.

A person residing in Japan with the status of “Spouse of a Japanese National,” “Spouse of a Permanent Resident,” or “Dependent,” may have their status revoked if they fail to undertake activities as a spouse for more than six months. Failure to change one’s residence status can make it impossible to stay further in Japan. Thus, if you have any concerns, it is recommended that you make inquiries at consultation services or at the Immigration Information Center, Osaka (Appendix IX—2).

4. Changing Items in Your Resident Registration

If you change your name after divorce, you need to submit notification to your Regional Immigration Bureau, while changes in your address should be reported to your local municipality office (Appendix IX—1).

IV-5 Death

1. Death Notification

In the event that a foreign national dies in Japan, the same legal procedures are required as for Japanese citizens: notification must be submitted to the local municipality office no later than seven days after confirmation of the death. Only a licensed physician or medical examiner may validly confirm death in Japan, whatever the case may be.

If you are to report the death of a foreign national, you need to have a physician confirm the death and prepare a death certificate. The death certificate should be submitted to the authorities of the municipality where the death occurred or you reside. You should return the deceased's resident card to the Regional Immigration Bureau by mail or in person, or send it to the Tokyo Regional Immigration Bureau(*) Also, please perform any procedures required by the deceased's country of origin. The required procedures may differ depending on the country, so please check with the relevant embassy or consulate in Japan. (Appendix Ⅹ—5).

(*) Mail resident card to: Tokyo Regional Immigration Bureau, Odaiba Office
9F, Godo-chosha, Tokyo Wangan
2-7-11 Oume, Koto-Ward, Tokyo 135-0064

2. Burials

In densely populated Osaka Prefecture, there are few cemeteries for burial. Consult the respective consulate or equivalent (Appendix Ⅹ — 5) if the deceased person's body is not allowed to be cremated and must be buried under the earth due to his/her religion, beliefs or other customs, or if you plan to transfer the body to his/her native country.

V Transportation

V-1 Public Transportation

1. Trains (JR • Private Railways • Subway)

You can purchase tickets at automatic ticket machines. From the price chart, check the price of the journey to your destination before buying tickets. If you buy the wrong (fare amount) ticket, ask a station staff person to change it before you go through the ticket gate. Also, other services below are available:

- ICOCA: Pre-paid (IC) card for JR train service. If you charge money to the card before boarding a train, you can use it for trains and buses across Japan that bear the IC signage, including transportation covered by PITAPA below.
- PITAPA: Post-pay (IC) card for private railways, subway and bus services in Kansai Area.
- Commuter passes/Discount tickets: You can purchase tickets in advance for a discounted price. Discount tickets are sold in batches of 11, and commuter passes are available for periods of 1, 3 or 6 months.

2. Buses on Regular Routes

There are no conductors on regular city/municipality (public) buses. Please check the destination of the bus before you get on. The destination is displayed above the bus windows on the front and rear (in Japanese). Fare is either flat-rate or changed depending on distance. If a flat-fare system is not applied, you need to receive a ticket with a number when you get on board. Please check the number on the ticket and the fare chart, and then deposit the fare into the fare collection box when you get off. Please carry coins for the bus fare. When you want to get off, push one of the stop buttons (near seats etc.) after the announcement of the next stop is made.

3. Taxis

When hailing a taxi, signal the driver by raising your hand. Available taxis will display a red vacancy (空車 ("Kusha")) sign in front. Hail a taxi where the driver can safely pull over and park. There are taxi ranks in front of train stations. When you get in a taxi, clearly tell the driver your destination. It is convenient to have a note or map to the destination.

Fares are determined by distance and time of the ride. Be careful about using ¥5,000 or ¥10,000 bills, because drivers may not have change.

4. Lost and Found Offices

- ① JR West Japan Customer Center ☎0570-00-2486 (Japanese only) (6am-11pm everyday)
- ② Subway (Osaka Metro) ☎0570-666-624 (Japanese only) (8am-9pm everyday)
- ③ Osaka City Bus Please inquire at bus offices.
- ④ Taxi (Osaka Taxi Center) ☎06-6933-5618/9 (Japanese only) (9am-5pm Weekdays/9am-12pm Saturdays)

V-2 Bicycles

1. Purchasing a Bicycle

Bicycles can usually be purchased at bicycle shops or home improvement stores. You are required to register your bicycle as a safeguard against theft. Registration costs 600 yen per bicycle.

2. Where to Store Your Bicycle

It is always a good idea to park your bicycle in places where it will not impede the progress of pedestrians and the like. There are particular areas in the vicinities of stations where, by ordinance, bicycles cannot be left. When you leave your bicycle in such places, it makes it difficult for people including the elderly and visually impaired to use the station.

If you disobey the ordinance, your bicycle will be impounded to a specified storage facility. If this happens, you may have to pay a charge for the storage/transfer to get your bicycle back. Your bicycle is stored for a limited period from the date of transfer (after that it is legally no longer yours), so please collect your bicycle during that period. If your bicycle is transferred to such a storage facility, tell the municipal office when and from where your bicycle was removed and ask for the place of bicycle collection, fee and opening hours for reclaiming it. (Appendix IX—1)

3. When Your Bicycle Has Been Stolen

If your bicycle has been stolen, report the crime to your nearest police box. When the police find your stolen bicycle, they will contact you. It's a good idea to write your address and name on your bicycle.

4. Do Not Ride Discarded Bicycles

Though a bicycle may seem to have been discarded, it could have just been left on the road, etc. after being stolen by someone. If it has been reported stolen and you are riding it, you could get into trouble. Thus, it is best that you do not ride a seemingly discarded bicycle.

5. Traffic Rules

Bicycles are to be ridden on the left side of the roadway. Bicycle riders must obey traffic signals along with cars. Riding a bicycle while intoxicated is prohibited, and so is double riding (except an adult at the age of 16 or over riding with an infant under 6 years old in a proper child seat).

Basically, bicycles should not be ridden on sidewalks except for those showing signs stating it is allowed. However, there are locations where it may be dangerous to ride a bicycle on the road, and in such places bicycles are allowed to be ridden on sidewalks. In that case, ride away from the center of the sidewalk and stay on the edge of the sidewalk, near the side of the road. When you might hinder a pedestrian, halt or get off the bicycle.

Always use your light when riding at night. In Osaka prefecture, it is prohibited to ride on a bicycle while using a mobile phone.

Osaka Prefecture passed an ordinance requiring bicycle owners to have liability insurance, which came into effect on July 1, 2016.

V-3 Driver's License

To operate an automobile or motorcycle in Japan, a driver's license is required. When you drive, you must carry your driver's license and keep the vehicle inspection certificate in the car.

1. International License

You can drive in Japan with a valid international driver's license, issued by countries ratified in the Geneva Convention. However, the period of validity is only for a year from arrival in Japan or the valid period of the international license, whichever comes first. You cannot renew your international license in Japan. If you reside in Japan for a year or longer, please switch to a Japanese license.

2. Converting Your Foreign License to a Japanese Driver's License

If you have a valid license in another country and remained in that country more than 3 months in total since obtaining the license (proof of duration of stay, generally, your passport with official departure and entry stamps or other evidence is required), you can obtain an equivalent (same classes of vehicle for the Japanese version as noted on your foreign license, such as "passenger car," or "motorcycle," etc.) Japanese license and be exempted from the actual driving test and part of the required written driver's license test.

Applications can be made at the Public Safety Commission managing the area where you live or stay. In Osaka, the Kadoma Drivers License Examination Office and the Komyoike Drivers License Examination Office are authorized. Necessary procedures are screening documents and oral questions, then your knowledge and technique of driving is checked. After that, if they confirm your competency as a driver, you may be exempted from the practical driving test and much of the written driving license test.

Required Items:

1. Driver's license from another country. (If the date of issue is not noted, you will need to prove your driving history)
2. Photocopy of both sides of the foreign driver's license.
3. Proof of translation of the foreign driver's license written in Japanese. (Available at the embassy or consulate in Japan of the country issuing the driver's license, or The Japan Automobile Federation (JAF))
<Osaka Branch, Kansai Headquarters, The Japan Automobile Federation (JAF)
☎072-645-1300>
4. Passport (If you have renewed it recently, bring your old passport as well)
5. Photocopy of passport
6. Photocopy of your Certificate of Proof of Residence, with your nationality listed on it (If you are not eligible to register as a Resident under the Basic Resident Registration Law, a photocopy of your passport and documents proving that you are staying at the address you are using to apply) .
7. A photograph (must be taken within 6 months of application for Japanese driver's license. 3 cm height x 2.4 cm width. It must be a head and shoulders photo with no cap or hat. You must be facing the camera and the photo should be on a plain background.)
8. Pens (black or blue ball point pen)
9. Processing fee

Additional documents may be required.

For the language used in the knowledge assessment examination, you can choose from Japanese, English, Korean, Chinese, Spanish, Portuguese, Persian, Russian, Tagalog, Thai and Vietnamese. For details, contact either the Kadoma Drivers License Examination Office or the Komyoike Drivers License Examination Office.

3. Obtaining a New Japanese Driver's License

There are two ways to obtain a new driver's license in Japan (not converted from a foreign nation's license):

- At a driver's license examination office, pay the required fees, take a practical and written examination as well as an aptitude test and a vision test. Upon completion of the test and

examination you will also be subjected to a lecture for new drivers. Written examinations in English, Chinese and Portuguese are available.

- Attend a driving school, pass the school's test and then take the official test, generally just the written examination, aptitude test, and vision test at the Drivers License Examination Office. The cost for driving school is generally between 200,000 and 300,000 yen.

Drivers License Examination Office

Kadoma Drivers License Examination Office

23-16chibancho, Kadoma-city

Keihan Line Furukawabashi Station → Keihan Bus “Menkyo Shikenjo” Stop

About 15 min (1.5 km) walk from Keihan Line Furukawabashi Station

☎06-6908-9121

Komyoike Drivers License Examination Office

5-13-1 Fuseyacho, Izumi-city

About 5 min walk (400m) from Senboku Kosoku Railway Komyoike Station

☎0725-56-1881

4. Translation of Foreign Licenses

The Japan Automobile Federation (JAF) translates foreign licenses for a fee. There are times when JAF has staff on duty that are proficient in English. When requesting a translation, you will be asked to present your valid foreign driver's license to be translated.

Osaka Branch, Kansai Headquarters, Japan Automobile Association (JAF)

2-1-5 Nakahozumi, Ibaraki City (About 19 min walk from JR Ibaraki Station)

☎072-645-1300

URL <https://jaf.or.jp/common/visitor-procedures/switch-to-japanese-license>

5. Driving Rules in Japan

You can purchase the Japan Automobile Association (JAF)-issued “Rules of the Road” in English, Spanish, Portuguese, and Chinese.

URL <https://jaf.or.jp/common/visitor-procedures/rules-of-the-road>

V-4 Common Street Signs

Buildings Signs:

<small>いり ぐち</small> 入 □	"Iriguchi" - Entrance
<small>出</small> □	"Deguchi" - Exit
<small>ひじょうぐち</small> 非常 □	"Hijoguchi" - Emergency Exit
<small>かいほうげんきん</small> 開放厳禁	"Kaiho Genkin" - Do Not Leave Door Open

Traffic/Road Signs:

ちゅうりんじょう 駐輪場	“Churinjo”- Bicycle Parking	
ちゅうしゃきんし 駐車禁止	ちゅうしゃ ことわ 駐車お断り	“Chusha Kinshi” / “Chusha Okotowari” - No Parking

Toilets:

<small>こうしゅうべんじょ</small> 公衆便所	<small>けしょうしつ</small> 化粧室	<small>べんじょ</small> 便所	<small>て あら</small> お手洗い	"Koushu Benjo" "Keshoshitsu" "Benjo" "Otearai" (All of the above mean Public Toilet)
----------------------------------	------------------------------	---------------------------	-----------------------------	---

<small>おとこ</small> 男	<small>とのがた</small> 殿方	"Otoko" "Tonogata" - Gentlemen
<small>おんな</small> 女	<small>ふじん</small> 婦人	"Onna" "Fujin" - Ladies

Other Important Signs:

<small>こうじちゅう</small> 工事中	Kojichu" - Under Construction
<small>しょうかき</small> 消火器	"Shokaki" - Fire Extinguisher
<small>きんえん</small> 禁煙	"Kin-en" - No Smoking
<small>たちいりきんし</small> 立入禁止	"Tachi-iri Kinshi" - Do Not Enter
<small>きけん</small> 危険	"Kiken" - Danger
<small>ひなんじょ</small> 避難所	"Hinanjo" – Emergency Shelter (For evacuation in the event of earthquakes, typhoons and other disasters)

VI Pregnancy, Child Birth, Child Rearing and Education

VI-1 Pregnancy and Child Birth

1. When Pregnant

Notify your municipality that you are pregnant and planning to give birth, and you will be given a Maternal and Child Health Handbook. This handbook will serve as an important record of various items for pregnancy, child delivery, and necessary vaccinations for the following seven years. Some municipalities have translated the handbook for expectant mothers into foreign languages. English, Chinese, Portuguese, Spanish, Korean, Thai, Indonesian, Filipino and Vietnamese translated versions of the Maternal and Child Health Handbook (issued by the Mothers' and Children's Welfare Association Public Interest Inc. Foundation) can be purchased by mail from the organization below.

Mothers' and Children's Welfare Association Public Interest Inc. Foundation

URL <http://www.mcfh.or.jp>

 Main Office: 03-4334-1151, West Japan Office: 06-6941-4651

2. Costs

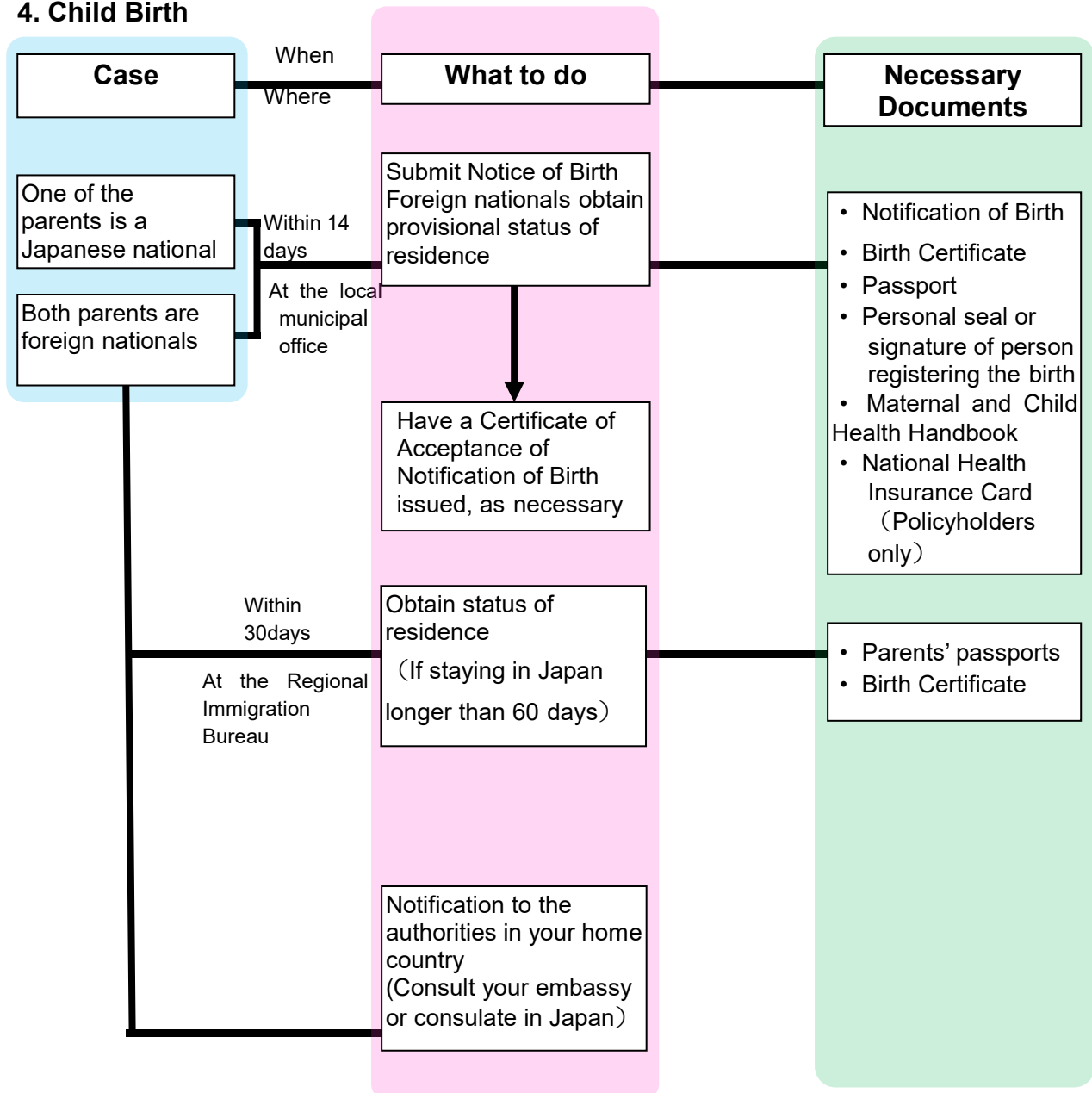
Normal pregnancies/child deliveries are not classified as illnesses and thus are not covered by health insurance. Instead the health insurance system provides expecting families with a predetermined amount of money, approximately 420,000 yen. It is common for mothers who have given birth in Japan to be required to stay in the hospital for four to five days, and the costs involved in hospital admission generally run from 400,000 to 500,000 Yen. This figure differs depending on the hospital. The Lump-Sum Allowance for Childbirth and Child Care provided by health insurance system is paid directly to the medical institution at the request of either an insured person or a hospital. This system eliminates the need to pay the entire childbirth expense to your hospital. Applications are made at your local municipality office for the provision of the costs involved in childbirth for those with National Health Insurance coverage. (Appendix Page 62 IX—1)

For women who cannot deliver their babies in a hospital for financial reasons, there is a system called "Child Birth Support" that aids in admission to a Child Birth Support facility where expectant mothers can deliver their babies without worry about costs and receive support for the costs of child birth. For details, inquire with the Welfare Department or Health and Welfare Center in your municipality. Self payment may be required, depending upon your income.

3. Assistance during Pregnancy

The expectant mother must visit the hospital on a regular basis during her pregnancy. Depending on the municipality, health examinations for expectant mothers are offered free of charge. Please inquire at your local public office or municipal medical health center. (Appendix IX—3)

4. Child Birth



(1) Notification of Birth

When a child is born, the responsible doctor or midwife will issue a "Birth Certificate". Even when both parents are non-Japanese, a "Notification of Birth" should still be submitted to the municipality office within 14 days of the birth. Foreign babies born in Japan automatically hold provisional status of residence. If the baby is a foreign national, please hand in a "Certificate of Acceptance of Notification of Birth" issued by the municipality office to the embassy or consulate of the baby's nationality in Japan.

(2) Child without Japanese Nationality

If a new born baby's parents are foreign nationals and the baby does not have Japanese nationality, an application of "Acquiring Resident Status" should be made at the Regional Immigration Bureau within 30 days.

VI-2 Day-care

1. Day-care in Japan

Day-care is available in three forms in Japan; (1) Day-care centers (Hoikusho) certified by the local government (for infants whom the government administration has certified as eligible due to receiving insufficient care), (2) Uncertified day-care facilities that are run independently, and (3) Day-care services operated by private companies.

Certified day-care centers can be public or private. Generally, day-care centers do not operate in the early morning or late evening, nor do they offer overnight, Sunday or holiday service.

Applications are generally made at facilities in the respective municipality within which the applicant resides, and, in principle, children are permitted to go to day-care centers within their own area or district. Please inquire at the division in charge of day-care at the public office in your municipality for information on matters such as how to apply, the period for applications and the cost of day-care.

Additionally, a relatively new type of childcare facility called “Certified center for early childhood education and care” is available, irrespective of parents’ work engagement. These centers provide both education and childcare to preschool children aged 0 and older. For information about admission, call the center you wish to send your child to or Day care section of your city hall.

2. Private Services

There are various types of day-care services that are run by the private sector including those run by volunteers with their own children and others operated by private companies. There are also some companies or organizations that offer day-care in the evening and on holidays or even dispatch babysitters to the home. Applications are by the parents of children in need of day-care and are made to the respective companies or organizations directly. Of course, you can apply to day-care centers outside of your municipality. Feel free to inquire at these companies or organizations for information about these services.

3. Family Support Center

Some municipalities offer a family support center program. Under this program, each member helps mutually, providing childcare before or after kindergarten or day-care center hours, sending or collecting children to and from day-care facilities childcare for a short amount of time, as emergency help when parents/guardians of children have urgent matters to attend to. Please inquire at your municipality office for further details. (Appendix IX—1)

4. Policies to make preschool education and day-care services free

Since October 2019, Japan has started to offer free education at all authorized preschools including kindergartens, nursery schools and certified child center for children aged between 3 and 5. Children 2 years old and under from financially struggling households have also been given free day care services. As for kindergartens, a monthly fee cap of ¥25,700 has been set. Fees of transportation, food and events remain be paid by parents (though there are exceptions to this). For more information, please inquire at your municipality office. (Appendix IX—1)

5. Child Benefits System

Child benefits shall be provided to parents/guardians of children who will be up to age 15 until the March 31 following their 15th birthday (before completing their junior high school). However, people earning more than a certain amount will not receive this benefit. Instead, a monthly exceptional allowance of 5,000 yen per child will be paid. For details, please inquire at your local municipal office. (Appendix IX—1).

VI-3 Health and Medical Care for Infants

1. Medical Care for Children

Medical care for children is at an extremely high level as Japan's infant mortality rate is one of the lowest in the world. There are children's hospitals; however, it is recommended that you initially take children to your nearest pediatrician.

2. Vaccinations

Vaccinations are offered for infants and young children as per the table below. Municipalities determine matters such as the date and location of vaccinations. If the set conditions are met, vaccinations are essentially free of charge and the records of each vaccination are documented in the Maternal and Child Health Handbook. For more details, direct inquiries to facilities such as municipal (Public) health centers. (Appendix IX—3)

List of Vaccinations

Vaccinations	Age for Vaccination
DPT Vaccine: (Diphtheria, Pertussis, Tetanus) + Polio	Age over 3 months and under 90 months old
DT Vaccine (Diphtheria, Tetanus)	Age over 11 and under 13 years old
BCG	Under 12 months old
MR2 (Measles, Rubella)	Age over 12 months and under 24 months old (initial vaccination) For 5 - 6 year-olds, one year prior to starting elementary school (2 nd vaccination)
Japanese encephalitis	Age over 6 months and under 90 months (initial vaccination) 9 to 12 years old (2 nd vaccination)
Pneumococcal conjugate	If initial dose administered between 2 - 7 months: Four times If initial dose administered between 7 months – 1 year: Three times If initial does administered between 1 - 2 years: Twice If initial does administered between 2 years – 5 years: Once
Haemophilus influenzae type b (Hib)	If initial dose administered between 2 - 7 months: Four times If initial dose administered between 7 months – 1 year: Three times If initial dose administered between 1– 5 years: Once
Human papillomavirus (HPV)	From 12 to 16 years old (Start of the Grade 6 to the end of 1 st year of high school)
Varicella	From 1 to 3 years old
Hepatitis B	Under 12 months old

※1The actual times/periods for vaccinations differ for each municipality. For more details, refer to the Maternal and Child Health Handbook or enquire at your municipal health center. (Appendix IX—3)

※2 Vaccinations other than these require a fee (influenza, mumps, etc.), thus it is recommended that you consult at your health care facility of choice.

3. Health Examinations (Kenkoshindan)

Municipalities provide free health examinations. The exact time for examinations and procedures differ with respect to the municipality, so for more details, inquire at your local municipal public health center. A reminder will be sent by mail from your local municipality.

4. Health Care Costs for Infants

(1) **Health Care Assistance for Infants and Children**

Health care costs for children are covered by the health insurance of the parent/guardian. Usually, 20% of the total costs incurred are charged as self-pay. Some municipalities offer assistance towards part of health care costs for infants and children. For more details, inquire at your municipality's Child Welfare and Health, Hygiene, National Health Insurance or other section. (Appendix IX—1)

(2) **Other Financial Assistance**

There are systems by which health care costs for premature infants, children with physical disabilities, and those with certain chronic illnesses among other similar conditions are covered at public expense. Inquire at a public health center (Appendix IX—3) or welfare office (Appendix IX—1) for more details.

VI-4 Japanese Education System

1. Compulsory Education

Education in Japan is compulsory for nine years, from elementary school through junior high school. School expenses (including textbooks) in that period are free of charge and children must attend a predetermined public school. However, other expenses such as for additional material needed in lessons and for school trips must be self-paid.

<School Calendar>

April	Beginning of School Year
Late July - End of August	Summer Vacation
Around new year	Winter Vacation (about 2 weeks)
March	End of the term – Spring Vacation

Children with Japanese nationality will be sent a notice from the local school board informing them of the school they are to attend and the date of their first day of school. They will enter the school stated on the notice on the designated date.

You will receive a similar notification upon sending a request to the local board of education for a child of a foreign nationality to attend a Japanese public school (when they begin primary education.). Also, those who have completed their resident registration and continuously live in Osaka Prefecture will be sent a notice about school from the local school board when their children reach the age for primary education. Please hand in the notification after entering the necessary information. It is possible to enter a school in the middle of the school year. Consult with the local municipality's board of education for more details.

There are also private elementary schools and junior high schools; however, these require separate self-paid fees for courses. Inquire at schools of interest for details. Most private schools require children to take an entrance examination.

2. Subsequent Education

Once compulsory education is completed, children may go to high school. There are various types of high schools in Japan including "academic" high schools that offer a wide variety of courses and other types, including "technical/vocational" institutions that primarily offer learning in one area of specialty.

Direct inquiries related to entrance into prefectural and municipal high schools to the High School Education section in your prefecture or municipality. Inquiries into private high school education should be directed to the specific school.

In Osaka, there are two systems that subsidize high school tuition – the nationally financed system called the "high school tuition support fund" and the Osaka Prefecture-funded "private high school tuition subsidiary aid." Tuition for both public and private high schools will be virtually kept free for a student whose family's annual income is below a determined amount.

3. Supporting Children/Students at School

The Osaka Prefectural Agency of Education has established the website called "School Life Support for Students Returning or Moving to Japan from Abroad" to provide information for foreign children and students about their school lives.

URL <https://www.pref.osaka.lg.jp/shochugakko/kikokutoniti-sapo/>

Content: Entering school, future course guidance

Languages: Japanese, Chinese, Korean, Portuguese, Spanish, Vietnamese, English, Indonesian, Filipino, Thai, Russian, Nepali, Urdu, Arabic and Malay

4. Lunches (Bento)

At junior high schools where lunch is not provided, children are generally required to bring food from home. This is referred to as a “bento” (lunch box). When a child cannot bring their lunch, they can do several things such as buying bread and other food in the school or from a shop. However, because rules differ with respect to school policies it is recommended that you consult with the child's teacher.

5. School Expense Benefit (allowance)

This system aims to support children during their compulsory schooling to avoid problems due to financial hardship. Necessary goods for study, outside school activities and school trip costs will be covered by the benefit (allowance). Consult with school or the local municipality's board of education for details.

VII Information and Telecommunications

VII-1 Land-Line Telephone

1. Applying for a New Telephone Service

When you require a new telephone line to your home, you can apply for it to NTT either by dialing 116 from a public phone or 0800-2000-116 from your mobile phone (service available in Japanese). You can also apply online through the NTT website. You are required to show personal identification (Passport or Resident Card) and pay the following lump-sum payments:

< Lump-sum payments (excl. tax) >

	Basic Service Fee	Telephone Line Installation Fee	Installation fee	Total	
Subscribed Telephone (Purchased subscription right)	880 yen	39,600 yen	Not Necessary	<u>40,480 yen</u>	For long-term use (lowest monthly basic rate)
Subscribed Telephone/ Light Plan (Rented subscription right)	880 yen	Not Necessary	2,200 yen	<u>3,080 yen</u>	For short-term use (lowest initial cost)

2. Payment of Fees

Monthly telephone bills consist of basic monthly charges and usage.

You can pay the mailed monthly bill at your nearest convenience store, financial institution and other locations. It is also possible to have the charge automatically taken from a credit card or your account at a bank or post office (application required). If you do not pay your bill, service may be terminated.

3. Inquiry and Telephone Service

For matters regarding application, fee and other services, please contact NTT WEST.

URL <http://www.ntt-west.co.jp/>

	TELEPHONE NO.	Hours
NTT West Information (Customer Center in Foreign Languages)	0120-064-337	Mon - Fri 9am - 5pm Available languages: English, Spanish, Korean, Portuguese, and Chinese
Install or transfer telephone line Apply for various services etc	(mobile phone) 116 0800-2000-116	9am - 5pm ※Weekdays, Sat, Sun and Public Holidays
Telephone Service Disruptions	113 (mobile phone) 0120-444-113	24 hours a day (Calls will be handled by recorded voice guidance)
Operator Service (fee applicable)	104	24 hours a day
Voice mail service, dial in times of natural disasters	171	In operation when a disaster occurs

VII-2 Mobile Phone

You can make a contract at mobile phone agents or distributors (such as electric appliances stores and other businesses).

In order to make a new contract to use a mobile phone, you will need documents verifying your identity including Residence Card with address, Driver's License Card or My Number Card, and registered personal seal (hanko) to your financial institution and passbook (or bank card) or credit card for payment.

Here are just a few of the many mobile phone service providers. Inquire to each for details.

<Major Mobile Phone Companies>

	TEL	
NTT DoCoMo	0120-005-250 (Customer Center in Foreign Languages)	Hours: 9am – 8pm (Free Dial) Available languages: English, Portuguese, Chinese, and Spanish
	0120-800-000	URL http://www.nttdocomo.co.jp/
Softbank	0800-919-0157 (toll free)	URL http://www.softbank.jp/mobile/ * Support in English (Opening hours: 9am – 8pm) Press 8 after dialing (Free Dial)
au	0120-959-472 (English) 0120-959-473 (Portuguese) 0120-959-476 (Chinese) 0120-959-478 (Korean) 0120-933-952 (Tagalog) 0120-933-961 (Vietnamese) 0077-7-111 / 157 (Japanese)	URL http://www.au.com/ Hours: 9am - 8pm (Free Dial)

VII-3 How to Make an International Call

International calls can be made from a subscribed telephone such as that in your home (separate contract may be required), some public phones and mobile phones (additional charges may apply). Call the respective international telephone company for more details. (Service available in English)

<Major International Telephone Companies>

	TEL	URL	Code Number
KDDI	0057 or 0120-977-097	http://www.001.kddi.com/	001
Softbank	0120-03-0061	https://tm.softbank.jp/consumer/0061_intphone/	0061
NTT Communications	0120-506506	https://www.ntt.com/personal/services/phone/international.html	0033

<How to Make an International Direct Call>

International Call Company Number + 010 + Country Code + Number of person you are calling.

VII-4 Media

1. TV

NHK Television (Channel 1)

Some news programs offer bilingual broadcasting in Japanese and English. However, televisions must be equipped with a dual channel sound system.

Program Name	Broadcast times
NHK News 7	Everyday 19:00-19:30 (30 min)
News Watch 9	Monday – Friday 21:00-22:00 (60 min)

NHK World Television (Satellite Broadcasting: NHK BS)

News program broadcast for the world by NHK World Television. Some programs are broadcast in English.

Program Name	Broadcast times
NEWSLINE	BS1 Every day, top of the hour

* * * About NHK Broadcasting Viewing Fees * * *
The law stipulates TV owners must pay a usage fee.

	For 2 months	For 6months lump-sum payment in advance	For 12 months lump-sum payment in advance
Contract for Terrestrial Broadcasting	2,550 yen	7,300 yen	14,205 yen
Contract for satellite broadcasting (including terrestrial one)	4,440 yen	12,715 yen	24,740 yen

(The fee differs based on payment methods.)

Contacts for the NHK Viewing Fees (Contract):

URL <http://pid.nhk.or.jp/jushinryo/>

TEL0120-151515 (Daily 9:00-18:00)

TEL:050-3786-5003 (Daily 9:00-18:00)

<Satellite Broadcasting>

Subscription to Broadcast Satellite TV allows you to watch news, movies and other programs in English. There are also some channels that broadcast news from all over the world.

Contact the respective companies for more details.

	TEL	URL
NHK BS	0570-066-066	http://www.nhk.or.jp/digital/satellite/index.html To make a contract: TEL 0120-151515
SKY PerfecTV	0120-039-888	https://www.skyperfectv.co.jp/eng/
WOWOW	0120-580-807	http://www.wowow.co.jp/

<CATV>

By subscribing to CATV services you can watch various types of channels including some in English. For more details, inquire at your local CATV company.

2. Radio

NHK Radio 2 (828kHz)

News program made and broadcast for the world by NHK World Television. You can listen to some programs in Japan.

Program Name	Coverage Time	
	Mon - Fri	Sat and Sun
News in English	13:30-13:45 (15 min)	14:00-14:10 (10 min)
News in Chinese	13:00-13:15 (15 min)	13:00-13:10 (10 min)
News in Korean	13:15-13:30 (15 min)	13:40-13:50 (10 min)
News in Spanish	14:00-14:10 (10 min)	13:50-14:00 (10 min)
News in Portuguese	18:00-18:10 (10 min)	No service
News in Vietnamese	22:30-22:40 (10 min)	No service
News in Indonesian	22:40-22:50 (10 min)	No service
News in Thai	22:50-23:00 (10 min)	No service
News in French	13:45-13:55 (10 min)	No service
News in Russian	14:10-14:20 (10 min)	No service
News in Plain Japanese	No service	13:30-13:40 (10 min)

FM COCOLO (76.5MHz) [URL https://www.cocolo/](https://www.cocolo/)

FM COCOLO broadcasts some other programs in English, Korean, Chinese and other languages.

3. Internet

With the internet, you can collect and exchange information by browsing homepages and corresponding with email, etc. From a mobile phone, you can use the internet, but a computer is more useful for full and convenient access.

You cannot connect to the internet by simply by purchasing a computer. You need to make a contract with an Internet Service Provider.

Many providers are available, and their fee structures and services are different.

NHK World, Radio Nippon Online [URL http://www3.nhk.or.jp/nhkworld/](http://www3.nhk.or.jp/nhkworld/)

Audio news in 18 languages is available through internet broadcasting.

Also written news in 8 languages is available.

4. Newspapers and Magazines

You can subscribe to (daily or weekly) newspapers or magazines in foreign languages, and you can read most of them also online.

Foreign newspapers and magazines can be purchased at large bookstores or from the Overseas Courier Service (OCS).

Overseas Courier Service (Import Service for Subscribers)

TEL 0120-627-012 [URL https://www.ocs.co.jp/](https://www.ocs.co.jp/)

<Foreign Newspapers, Magazines>

	Publication	TEL	URL
English Newspaper (Daily or Weekly)	The Japan Times	050-3646-0123	http://www.japantimes.co.jp/
	The Japan News	0120-431-159	https://japannews.yomiuri.co.jp/
English Magazine and Information Magazine	KANSAI Scene	06-6539-1717	https://www.kansaiscene.com/
Chinese	Chunichi Shinpou	06-6569-6093	http://www.chunichishinpou.com/
	Chubun Douhou (Weekly)	03-4579-7866	http://www.chubun.jp/index.php
	Newspaper for International Students (twice a month)	03-5458-4173	http://www.mediachina.co.jp/
Information magazine in Filipino	Philippines Digest	070-5010-0459	http://phildigest.jp/
Information magazine in Vietnamese	Hoasen	03-5368-0194	http://gmcinc.co.jp/hoasen
Information magazine in Portuguese	Alternativa	050-6860-3660	http://www.alternativa.co.jp
Information magazine in Spanish	Mercado Latino	06-6342-5211	http://www.mercadolatino.jp

5. Libraries Offering Foreign Language Books and Magazines

Library Name	Address, TEL	Closed	URL
Osaka Prefectural Central Library	1-2-1 Aramotokita, Higashiosaka-shi TEL 06-6745-0170	Monday, and second Thursday of every month	http://www.library.pref.osaka.jp/site/central/
Osaka Municipal Central Library	4-3-2 Kitahorie, Nishi-ku, Osaka-shi TEL 06-6539-3300	every first and third Thursday of every month	http://www.oml.city.osaka.lg.jp
Center for International Children's Literature	1-2-1 Aramamoto-kita, Higashiosaka-shi TEL 06-6745-0170	Monday, and second Thursday of every month	https://www.library.pref.osaka.jp/site/jibunkan (magazines in various foreign languages)
Osaka University Foreign Language Library	* Minoh Campus 3-10-1 Sembahigashi, Minoh-shi TEL 072-730-5126	Please check the website.	http://www.library.osaka-u.ac.jp/gaikoku (Books, magazines and newspapers in various foreign languages)
JETRO Osaka Material Viewing Corner	Osaka Kokusai Building 29th floor, 2-3-13 Azuchi-cho, Chuo-ku, Osaka-shi TEL 06-4705-8604	Saturday, Sunday, Public Holidays and year-end & New Year holidays	https://www.jetro.go.jp/jetro/japan/osaka/lib.html (International business materials)

* Local libraries or international cultural centers in your municipality may store foreign books and magazines.

VIII Labor, Taxes and Sending Money Overseas

VIII-1 Looking for Work

1. For Job-hunting

“Hello Work” (Public Employment Security Offices, or “Shokugyo Anteisho” also referred to as “Shoku-an”)

Public Employment Security Offices (“Hello Work”) in Japan are part of a public system that offers job consultation and introduces work among many of the services offered free of charge. If a foreign national has permission to work (work visa, spouse visa with work permission, permanent resident status, etc.) in Japan, they can also take advantage of services at these offices.

At the Osaka Employment Service Center for Foreigners (in Umeda) and the Employment Service Corner for Foreigners (in Sakai) interpreting services are available. (Portuguese, Spanish and Chinese and *English languages) (Appendix IX—4)

URL <http://jsite.mhlw.go.jp/osaka-foreigner/>

* An English interpreter is only available at the Osaka Employment Service Center for Foreigners

Recruitment Magazines and others

In addition, classified advertisements appear in newspapers, recruitment magazines and other places. There are similar notices in other sources such as newspapers, magazines and websites published in foreign languages.

2. International Students Searching for Work After Graduation

An international student who wishes to seek employment in Japan after graduating must change their student status to a status that enables them to work in Japan. The Osaka Employment Service Center for Foreigners offers job and status consultations, job-hunting guidance and advice on other related matters.

Osaka Employment Service Center for Foreigners (Appendix IX—4)

URL <http://jsite.mhlw.go.jp/osaka-foreigner/>

3. Searching for Specialist or Technical Work

When a foreign national with a status of residence such as “Engineer/Specialist in Humanities/International Services”, “Skilled Labor”, or “Technical Intern Training” is searching for specialist or technical work, they can use The Osaka Employment Service Center for Foreigners mentioned above.

VIII-2 Employment

1. Labor Conditions

In Japan, the Labor Standards Law regulates minimum labor conditions. There are no differences in labor conditions with respect to nationality, beliefs or social status. When starting a new job, your employer must clearly state the labor conditions. According to the law, the employer must clearly identify the following items in writing:

- (1) Duration of Contract
- (2) Where to report for work and what the job consists of
- (3) Daily work start and finish, break times, holidays, vacations, extra work (overtime), etc.
- (4) Statement of compensation (salary) and the manner in which wages are calculated and paid
- (5) Until what day of each month wages are calculated and which day they are paid
- (6) Matters concerning retirement and reasons for dismissal, etc.

In addition, bonuses and retirement allowance must be stated, if applicable. For part-time employees, items such as “whether wages will rise”, “whether retirement allowance will be paid” and “whether bonus will be paid” must be stated.

2. Labor Standards

The following standards concerning labor exist:

① Labor Standards Law

a) Hiring Restrictions

When employees become injured or fall ill on the job, the employer must not dismiss them while they are absent from work for recuperation and the following 30 days. However, when the employer compensates in a legal manner, these restrictions do not apply.

b) Prior Informing of Dismissal

The employer must inform the employee at least 30 days in advance that s/he will be dismissed from his/her job.

c) Holiday Pay

When it is determined that the employer is responsible for suspending operations, the employee is entitled to receive at least 60% of their average wage.

d) Working Hours

As a general rule, working hours, excluding breaks, must not exceed eight hours per day or 40 hours per week. Any labor performed outside of these hours deems the employee eligible to receive overtime wages.

② Minimum Wage Law

The minimum wage is determined in regards to the respective job, industry and region.

3. Labor Standards Inspection Office

The Labor Standard Inspection Office conducts guidance and supervision to determine whether the Labor Standards Law is being adhered to. In the event of problems related to labor conditions or accidents on the job, it is recommended that you consult with the Labor Standards Inspection Office in charge of the district of your employment. (Appendix IX—4)

4. Accidents on the Job

If the Labor Standards Inspection Office has determined that you have become ill or injured during work or as a result thereof, funds required for treatment, compensation for time off work, a disability pension, and any other ancillary costs will be reimbursed from the insurance which your employer or factory maintains (worker's compensation insurance). For details, contact the Labor Standards Inspection Office governing your company's region.

5. Consultation Services

Consultations in English, Chinese, Portuguese and Vietnamese are available concerning troubles stemming from matters such as labor conditions.

The Osaka Labor Office Foreign Worker Consultation Corner (Appendix IX—2)

Labor Hotline for foreign workers is available in English, Chinese, Portuguese, Spanish, Tagalog, Vietnamese, Burmese and Nepali.

(Appendix IX—2)

6. Employment Insurance

For periods of unemployment, for living costs and job-hunting, (limited) unemployment benefits are available. The “Hello Work” office having jurisdiction over your residential area is responsible for this matter. In principle, all employers engaging in business with employees must offer employment insurance to employees.

VIII-3 Tax

Regardless of nationality, all persons residing in Japan must pay Japanese taxes.

1. How to Pay Your Taxes

(1) When employed by a company (income tax/prefectural tax/municipal tax):

In the event your employer automatically deducts tax from your salary and pays it to the tax office on your behalf, it is not necessary for you to take tax payment procedures unless you have received any other income.

(2) When not working in a company OR when working in a company or an office that does not automatically deduct taxes from your salary:

You must file a tax return and pay your income tax, prefectural tax and municipal tax according to the tax payment slip sent from the municipality every year. Moreover, if you own a company or a business, you will probably have to pay business tax.

2. Types of Taxes

(1) Income Tax

Tax returns are to be sent to the tax office if income tax is not automatically deducted from your salary (1-(2)). Tax returns: from annual salary and other factors, the amount of the tax you must pay is calculated, then the amount is stated. Tax returns must be submitted between February 16 and March 15 and sent to the tax office in your jurisdiction. The tax office provides required forms.

In cases in which you have paid high amounts of money, such as in the purchase of a house by loan from a bank or other institutions, expensive health care costs stemming from a disaster or serious illness, tax deductions from your annual salary might be conceded when you declare such circumstances. For details, contact your nearest tax office.

According to tax agreements between Japan and other countries, you may be subject to special regulations concerning the payment of income tax. For more details, contact the Telephone Inquiry Center (press 1 after dialing to a tax office) or your consulate. (Appendix IX—5)

※ Explanation of income tax in English

URL <https://www.nta.go.jp/english/taxes/individual/gaikoku301.htm>

(2) Prefectural and Municipal Taxes

Regardless of your nationality, those residing in Osaka Prefecture and receiving income in excess of a certain amount are required to pay prefectural and municipal taxes. These taxes are levied based on a formula, after various deductions from your previous year's income. If you have filed a return or one has been filed for you, it is not necessary to file a prefectural or municipal tax return.

Each year, the municipality where you have lived as of January 1 levies the taxes. Those receiving a salary will have municipal tax deducted from their salary. Others will be sent a payment invoice to be paid at a bank or other institutions.

The tax rate for residents of Osaka Prefecture is 4%. A per capita charge (kintowarigaku) of 1800 yen is added on top of this. (From FY2016 to FY2023, 300 yen is also added to the per capita tax rate to carry out forest preservation measures.) The standard municipal tax rate is 6% of the taxable income, to which approximately 3500 yen is added. (2% of for resident tax goes to the prefecture coffers while the remaining 8% goes to municipal coffers)

Guide to Osaka Prefectural Taxes

URL <https://www.pref.osaka.lg.jp/zei/alacarte/prefectural-taxes-e.html>

(3) Fixed Property Tax

In the event you own real estate (land or building) or depreciable assets as of January 1, you are required to pay a fixed property tax to the municipality in which the real estate is located. The tax is calculated and levied according to the appraised value of the real estate and others. You will receive a payment invoice by mail each year. Please pay accordingly at a bank or other institution.

(4) Automobile Tax, Light Vehicle Tax

If you own a car, light vehicle or motorbike as of April 1 and it is mentioned on the vehicle

inspection certificate, the Automobile Tax or Light Vehicle Tax is imposed. A payment invoice is sent to you in April or May every year, so please pay at a bank, a convenience store or other payment counter.

(5) Other Tax

a) Consumption tax

A 10% consumption tax is levied on the purchase of any and all goods or services. A reduced tax rate (8%) is applied to sales of some food and beverages.

b) Other

In instances such as when you acquire real estate, you are required to pay a tax for the receipt of assets.

VIII-4 Banks, Overseas Money Transfer

1. Banks

You are allowed to open a bank account if you work at a company in Japan, or have resided in Japan for at least 6 months. You will have to bring your resident card and hanko (personal seal) to the bank and enter the necessary information on the designated bank forms. You will be issued a bank passbook when you open the account. It serves as a record of your transactions and as proof that you possess a bank account. You will need your passbook and hanko when withdrawing money, but a signature will suffice for non-Japanese. If you wish, you will be issued an ATM card (cash card). It will enable you to deposit and withdraw money at an ATM without a passbook. Teller service is usually only available from 9 A.M. until 3 P.M. on weekdays; however, you can make transactions at an ATM after operating hours. ATMs are also found in some convenience stores and railway stations. (Handling fees are usually higher.)

2. Post Office (Yubinkyoku)

Japan's post offices offer services similar to a bank. Anyone who has a resident card can open an account. As with banks, the Post Office also issues cards for use at ATMs. Normally, post offices allow you to deposit or send money from 9 A.M. to 4 P.M. (Excluding Year-end, New Year's, Saturdays/Sundays, and national holidays)

3. Overseas Money Transfer

Foreign remittance used to be possible only from a bank or a post office. Recently, fund transfer service providers have become an additional option. If you send money overseas through a registered fund transfer service provider, the remittance amount is limited but the commission is lower than that of banks or other financial institutions.

A list of some fund transfer service providers registered by financial bureaus in Japan can be found here: [URL https://www.fsa.go.jp/menkyo/menkyoj/shikin_idou.pdf](https://www.fsa.go.jp/menkyo/menkyoj/shikin_idou.pdf)

Please note that not all banks offer international money sending services. From post offices, this service is only available at Japan Post Bank branches that handle overseas money transfers. You can transfer money from one account to another, and can also send cash by money order. Money orders can be issued at banks and post offices.

You are legally required to show identification such as your Resident Card and your individual number ("My Number") when sending money.

VIII-5 Pension

Regardless of nationality, all persons from the age of 20 to 59 residing in Japan must become a policyholder of the pension scheme and pay premiums. A foreign national is required to be a member of either the National Pension Plan or Employees' Pension Insurance

1. Employee Pension Insurance

Employees from the age of 20 and over and working for a company with 4 or more employees must be insured with the employee pension insurance. Even part-time workers engaged in work for 75% or longer period of regular workers' working hours and days must be insured (Employees who work less than 75% of regular workers' work hours will be also insured if they meet the following requirements for part time workers*). Premiums are paid in equal shares by employer and employee, but the amount may be shifted depending on the employee's salary and bonus amounts. Premiums are paid through the employer.

- (*) 1. Work more than 20 hours per week
- 2. Expected to work for more than 1 year
- 3. Earn more than 88,000 Yen per month
- 4. Are not students
- 5. Work for a company with more than 500 employees

2. National Pension Plan

People who are not covered by employee pension insurance must become members of the National Pension Plan. The same premium applies to all policyholders regardless of their income, and the cost to the individual is 16,590 yen per month (FY 2022). For those with very low income, a reduction or exemption of premium payments may be available. For details, consult with the Pension Division in your municipality.

3. Lump-sum Withdrawal Payments

Employees' Pension Insurance and the National Pension Plan have a system called Lump-sum Withdrawal Payments. If a foreign national became a policyholder of a pension plan while in Japan and paid premiums for 6 months or longer, and leaves Japan, if s/he applies for the payment according to necessary procedures no later than 2 years from leaving Japan, a partial lump-sum payment (part of the self-paid amount only) is paid to the foreign national. Those who have contributed to the pension system for 10 year or longer, however, are not entitled to Lump-sum withdrawal payment. (Instead, they will be eligible to receive an old-age pension when they reach pension age.) For details, consult with the Pension Division in your municipality or the Japan Pension Service Branch Offices and Pension Consultation Centers. (Appendix IX—1)

IX Appendix

IX-1 List of Relevant Organizations

1. Municipalities of Osaka Prefecture (except Osaka and Sakai City)

Name	Address	TEL	Opening hours	URL
Osaka Prefecture	2 Otemae, Chuo-ku, Osaka City	06-6941-0351 (Japanese) 06-6941-2297 (English, Chinese, Korean, Portuguese, Spanish, Vietnamese, Filipino, Thai, Indonesian, Nepalese and Japanese)	9:00-17:30 (Mon - Fri Except Dec 29 - Jan 3) 9:00-20:00 (Mon & Fri) 9:00-17:30 (Tue - Thu) 13:00-17:00 (every 2 nd and 4 th Sunday) (Except Dec 29- Jan 3)	http://www.pref.osaka.lg.jp/ [Multilingual automated translation]
Suita City	1-3-40 Izumi-cho, Suita City	06-6384-1231	9:00-17:30	http://www.city.suita.osaka.jp/ [Automated translation into English, Korean, Simplified Chinese, or Traditional Chinese]
Takatsuki City	2-1 Touen-cho, Takatsuki City	072-674-7111	8:45-17:15	https://www.city.takatsuki.osaka.jp/index2.html [Automated translation into English, Simplified Chinese, Traditional Chinese, Korean, Vietnamese, Indonesian, or Tagalog]
Ibaraki City	3-8-13 Ekimae, Ibaraki City	072-622-8121	8:45-17:15	http://www.city.ibaraki.osaka.jp/ [Automated translation into English, Korean, Simplified Chinese, Spanish, Portuguese, French, Tagalog, Thai, Indonesian, or Vietnamese]
Settsu City	1-1-1 Mishima, Settsu City	06-6383-1111 072-638-0007	9:00-17:15	http://www.city.settsu.osaka.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, Korean, Spanish, or Portuguese]
Shimamoto Town	2-1-1 Sakurai, Shimamoto-cho Mishima Gun	075-961-5151	9:00-17:30	http://www.shimamotocho.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, Korean, Spanish, Portuguese, French, Tagalog, Thai, or Nepalese]

Toyonaka City	3-1-1 Nakasakurazuka, Toyonaka City	06-6858-2525 Japanese	9:00-17:15	https://www.city.toyonaka.osaka.jp/index.html [Automated translation into English, Simplified Chinese, Traditional Chinese, Korean, Spanish, Portuguese, Tagalog, Thai, or Indonesian]
		06-6858-2730 English (Mon, Tue, Thu & Fri) Chinese (Wed)	10:00-12:00 13:00-16:00	http://tifa-toyonaka.org/en/ [English]
Ikeda City	1-1-1 Jyonan, Ikeda City	072-752-1111	8:45-17:15	http://www.city.ikeda.osaka.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, or Korean]
Minoh City	4-6-1 Nishishoji, Minoh City	072-723-2121	8:45-17:15	http://www.city.minoh.lg.jp/ [Automated translation into English, Simplified Chinese, or Korean]
Toyono Town	414-1 Yono, Toyono-cho, Toyono-gun	072-739-0001	9:00-17:30	http://www.town.toyono.osaka.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, or Korean]
Nose Town	28 Shukuno, Nose-cho Nose-gun	072-734-0001	8:30-17:00	http://www.town.nose.osaka.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, or Korean]
Izumiotsumi City	9-12 Shinonome-cho, Izumiotsumi City	0725-33-1131	8:45-17:15	http://www.city.izumiotsumi.lg.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, or Korean]
Izumi City	2-7-5 Fuchu-cho, Izumi City	0725-41-1551	9:00-17:15	http://www.city.osaka-izumi.lg.jp/ [Multilingual automated translation]
Takaishi City	4-1-1 Kamo, Takaishi City	072-265-1001	9:00-17:30	http://www.city.takaishi.lg.jp/ [Automated translation into English, Simplified Chinese, or Korean]
Tadaoka Town	1-34-1 Tadaoka Higashi, Tadaoka-cho, Senboku-gun	0725-22-1122	9:00-17:30	http://www.town.tadaoka.osaka.jp/ [Japanese]
Kishiwada City	7-1 Kishiki-cho, Kishiwada City	072-423-2121	9:00-17:30	http://www.city.kishiwada.osaka.jp/ [Multilingual automated translation]
Kaizuka City	1-17-1 Hatakenaka, Kaizuka City	072-423-2151	8:45-17:15	http://www.city.kaizuka.lg.jp/ [Multilingual automated translation]
Izumisanoh City	1-295-3 Ichibahigashi, Izumisano City	072-463-1212	8:45-17:15	http://www.city.izumisano.lg.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, or Korean]
Sennan City	1-1-1 Tarui, Sennan City	072-483-0001	9:00-17 :30	http://www.city.sennan.lg.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, Korean, Spanish, or Portuguese]

Hannan City	35-1 Ozaki-cho, Hannan City	072-471-5678	8:45-17:15	http://www.city.hannan.lg.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, or Korean]
Kumatori Town	1-1-1 Noda, Kumatori-cho, Sennan-gun	072-452-1001	9:00-17:30	http://www.town.kumatori.lg.jp/ [Japanese] [Automated translation into English, Simplified Chinese, Traditional Chinese, Korean, or Vietnamese]
Tajiri Town	375-1 Kasyouji, Tajiri-cho, Sennan-gun	072-466-1000	8:45-17:15	http://www.town.tajiri.osaka.jp/ [Japanese]
Misaki Town	2000-1 Fuke, Misaki-cho, Sennan-gun	072-492-2775 (International Exchange)	9:00-17:30	http://www.town.misaki.osaka.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, Korean, or Spanish]
Tondabayashi City	1-1 Tokiwa-cho, Tondabayashi City	0721-25-1000	9:00-17:30	http://www.city.tondabayashi.osaka.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, Korean, Portuguese, or Vietnamese]
Kawachinagano City	1-1-1 Hara-cho, Kawachinagano City	0721-53-1111	9:00-17:30	http://www.city.kawachinagano.lg.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, Korean, Spanish, or Vietnamese]
Matsubara City	1-1-1 Ao, Matsubara City	072-334-1550	(Mon – Fri) 9:00-17:30 (every 3rd Sat) 9:00-12:00	http://www.city.matsubara.lg.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, Korean, Spanish, Portuguese, or Vietnamese]
Habikino City	4-1-1 Konda, Habikino City	072-958-1111	9:00-17:30	http://www.city.habikino.lg.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, or Korean]
Fujiidera City	1-1-1 Oka, Fujiidera City	072-939-1111	9:00-17:30	https://www.city.fujiidera.lg.jp/ [Multilingual automated translation]
Osakasayama City	1-2384-1 Sayama, Osakasayama City	072-366-0011	(Mon – Fri) 9:00-17:30 (every 1st and 3rd Sat) 9:00-12:00	http://www.city.osakasayama.osaka.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, or Korean]
Taishi Town	88 Oaza Yamada, Taishi-cho, Minamikawachi-gun	0721-98-0300	9:00-17:30	http://www.town.taishi.osaka.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, Korean, Spanish, Portuguese, or German]
Kanan Town	1359-6 Ohaza Shiraki, Kanan-cho, Minamikawachi-gun	0721-93-2500	9:00-17:30	http://www.town.kanan.osaka.jp/ [Japanese]

Chihaya-akasaka Village	180 Ohaza Suibun, Chihayaakasaka mura, Minamikawachi-gun	0721-72-0081	9:00-17:30	http://www.vill.chihayaakasaka.osaka.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, Korean, Spanish, Portuguese, Thai, Tagalog, or Vietnamese]
Yao City	1-1-1 Honmachi, Yao City	072-991-3881 Japanese	8:45-17:15	https://www.city.yao.osaka.jp/ [Automated translation into English, Chinese, Korean, Vietnamese, or Portuguese]
		072-922-3232 Vietnamese: Mon, Tue, Thu & Fri Korean and Chinese: Wed	9:00-17:00 Interpreting Service	
Kashiwara City	1-55 Ando-cho, Kashiwara City	072-972-1501	8:45-17:15	http://www.city.kashiwara.osaka.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, Korean, Italian, Portuguese, or Vietnamese]
Higashiosaka City	1-1-1 AramotoKita, Higashiosaka City	06-4309-3000 Japanese	9:00-17:30	http://www.city.higashiosaka.lg.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, Korean, or Vietnamese]
		06-4309-3311 English, Korean, Chinese and Spanish	Mon – Fri 10:00-17:30 every 4th Sat 9:00-12:00	
Moriguchi City	2-5-5 Keihanhondori, Moriguchi City	06-6992-1221	9:00-17:30	http://www.city.moriguchi.osaka.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, or Korean]
Hirakata City	2-1-20 Ohgaito-cho, Hirakata City	072-841-1221	9:00-17:30	https://www.city.hirakata.osaka.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, or Korean]
Neyagawa City	1-1 Honmachi, Neyagawa City	072-824-1181	9:00-17:30	https://www.city.neyagawa.osaka.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, Korean, Tagalog, Indonesian, Vietnam, Thai, Spanish, or Portuguese]
Daito City	1-1-1 Tanigawa, Daito City	072-872-2181	9:00-17:30	http://www.city.daito.lg.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, Korean, or Vietnamese]

Kadoma City	1-1 Nakamachi, Kadoma City	06-6902-1231	9:00-17:30	http://www.city.kadoma.osaka.jp/ [Automated translation into English, Simplified Chinese, or Traditional Chinese, Korean, Vietnamese, Tagalog, Indonesian, Nepali, Thai or Portuguese]
Shijonawate City	1-1 Nakanohonmachi, Shijonawate City	072-877-2121	8:45-17:15	https://www.city.shijonawate.lg.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, or Korean]
Katano City	1-1-1 Kisabe, Katano City	072-892-0121	9:00-17:30	https://www.city.katano.osaka.jp/ [Automated translation into English, Simplified Chinese, Traditional Chinese, or Korean]

2. Osaka Municipal Office, Ward-Offices and Tax Offices in Osaka City

Municipality	Address	TEL	Opening Hours	URL
Osaka City	1-3-20 Nakanoshima, Kita-ku, Osaka City	06-6208-8181 (Japanese)	Mon - Fri 9:00-17:30	http://www.city.osaka.lg.jp/ [Multilingual automated translation]
		06-6773-6533 Information Counter (English, Chinese, Korean, Vietnamese & Filipino)	Mon - Fri 9:00-19:00 Sat, Sun & Holidays 9:00-17:30 Except during New Year Holidays	https://www.ih-osaka.or.jp/information_center/ Information Counter for Foreign Residents [Japanese, English, Chinese, Korean, Vietnamese and Filipino]

Opening Hours (for all of belows)			Available Languages	
(Mon – Fri) 9:00-17:30 ※ On Friday, some divisions extend opening hours until 19:00 (4th Sunday of every month) 9:00-17:30 ※only at limited divisions			English, Chinese, Korean, Vietnamese and Filipino	
Ward	Address	TEL		URL [Multilingual automated translation]
		Division in charge of Foreign Residents	When not sure which is the suitable division	
Kita	2-1-27 Ohgimachi, Kita-ku, Osaka City	06-6313-9907	06-6313-9986	http://www.city.osaka.lg.jp/kita/
Miyakojima	2-16-20 Nakano-cho, Miyakojima-ku, Osaka City	06-6882-9907	06-6882-9986	http://www.city.osaka.lg.jp/miyakojima/
Fukushima	1-8-1 Ohbiraki, Fukushima-ku, Osaka City	06-6464-9907	06-6464-9986	http://www.city.osaka.lg.jp/fukushima/
Konohana	1-8-4 KasugadeKita, Konohana-ku, Osaka City	06-6466-9907	06-6466-9986	http://www.city.osaka.lg.jp/konohana/

Chuo	1-2-27 Kyutaromachi, Chuo-ku, Osaka City	06-6267-9907	06-6267-9986	http://www.city.osaka.lg.jp/chuo/
Nishi	4-5-14 Shinmachi, Nishi-ku, Osaka City	06-6532-9907	06-6532-9986	http://www.city.osaka.lg.jp/nishi/
Minato	1-15-25 Ichioka, Minato-ku, Osaka City	06-6576-9907	06-6576-9986	http://www.city.osaka.lg.jp/minato/
Taisho	2-7-95 Chishima, Taisho-ku, Osaka City	06-4394-9907	06-4394-9986	http://www.city.osaka.lg.jp/taisho/
Tennoji	20-33 Shimpoincho, Tennoji-ku, Osaka City	06-6774-9907	06-6774-9986	http://www.city.osaka.lg.jp/tennoji/
Naniwa	1-4-20 ShikitsuHigashi, Naniwa-ku, Osaka City	06-6647-9907	06-6647-9986	http://www.city.osaka.lg.jp/naniwa/
Nishiyodogawa	1-2-10 Mitejima, Nishiyodogawa-ku, Osaka City	06-6478-9907	06-6478-9986	http://www.city.osaka.lg.jp/nishiyodogawa/
Yodogawa	2-3-3 Juso Higashi, Yodogawa-ku, Osaka City	06-6308-9907	06-6308-9986	http://www.city.osaka.lg.jp/yodogawa/
Higashiyodogawa	2-1-4 Hoshin, Higashiyodogawa-ku, Osaka City	06-4809-9907	06-4809-9986	http://www.city.osaka.lg.jp/higashiyodogawa/
Higashinari	2-8-4 OhimazatoNishi, Higashinari-ku, Osaka City	06-6977-9907	06-6977-9986	http://www.city.osaka.lg.jp/higashinari/
Ikuno	3-1-19 KatsuyamaMinami, Ikuno-ku, Osaka City	06-6715-9907	06-6715-9986	http://www.city.osaka.lg.jp/ikuno/
Asahi	1-1-17 Ohmiya, Asahi-ku, Osaka City	06-6957-9907	06-6957-9986	http://www.city.osaka.lg.jp/asahi/
Joto	3-5-45 Chuo, Joto-ku, Osaka City	06-6930-9907	06-6930-9986	http://www.city.osaka.lg.jp/joto/
Tsurumi	5-4-19 Yokozutsumi, Tsurumi-ku, Osaka City	06-6915-9907	06-6915-9986	http://www.city.osaka.lg.jp/tsurumi/
Abeno	1-1-40 Fuminosato, Abeno-ku, Osaka City	06-6622-9907	06-6622-9986	http://www.city.osaka.lg.jp/abeno/
Suminoe	3-1-17 Misaki, Suminoe-ku, Osaka City	06-6682-9907	06-6682-9986	http://www.city.osaka.lg.jp/suminoe/
Sumiyoshi	3-15-55 Minamisumiyoshi, Sumiyoshi-ku, Osaka City	06-6694-9907	06-6694-9986	http://www.city.osaka.lg.jp/sumiyoshi/
Higashisumiyoshi	1-13-4 Higashitanabe, Higashisumiyoshi-ku, Osaka City	06-4399-9907	06-4399-9986	http://www.city.osaka.lg.jp/higashisumiyoshi/
Hirano	3-8-19 Setoguchi, Hirano-ku, Osaka City	06-4302-9907	06-4302-9986	http://www.city.osaka.lg.jp/hirano/
Nishinari	1-5-20 Kishinosato, Nishinari-ku, Osaka City	06-6659-9907	06-6659-9986	http://www.city.osaka.lg.jp/nishinari/

Tax Office in Osaka	Address	TEL	Opening Hours
Umeda	7 F Osaka Ekimae Dai2 Building, 1-2-2-700 Umeda, Kita-ku, Osaka City	06-4797-2948	Mon - Fri 9:00-17:30 (Fri until 19:00)
Kyobashi	4F JEI Kyobashi Building, 2-2-48 Katamachi, Miyakojima-ku, Osaka City	06-4801-2948	
Bentencho	1 F Osaka Bay Tower East, 1-2-2-100 Benten, Minato-ku, Osaka City	06-4395-2948	
Namba	5F Osaka City Air Terminal (OCAT) 1-4-1 Minatomachi, Naniwa-ku, Osaka City	06-4397-2948	
Abeno	7F Abeno Medix, 1-2-7-702 Asahimachi, Abeno-ku, Osaka City	06-4396-2948	
Senba Hojin	2 F Senba Center Building 3 goukan North side, 1-4-3-203 Senba Chuo, Chuo-ku, Osaka City	06-4705-2948	

3. Sakai Municipal Office and Ward Offices in Sakai City

Municipality	Address	TEL	Opening Hours	URL
Sakai City	3-1 Minami Kawaramachi, Sakai-ku, Sakai City	072-233-1101	Mon- Fri 9:00-17:30	http://www.city.sakai.lg.jp/foreign.html [Automated translation into English, Korean, Chinese, Portuguese, Spanish, Vietnamese, Thai, Nepali, Tagalog, or Indonesian]

Ward	Address	TEL	Opening Hours	URL [Japanese]
Sakai	3-1 Minami Kawaramachi, Sakai-ku, Sakai City	072-228-7403	Mon- Fri 9:00-17:30	http://www.city.sakai.lg.jp/sakai/index.html
Kita	5-1-4 ShinKanaoka-cho, Kita-ku, Sakai City	072-258-6706		http://www.city.sakai.lg.jp/kita/index.html
Nishi	6-600 OhtoriHigashimachi, Nishi-ku, Sakai City	072-275-1901		http://www.city.sakai.lg.jp/nishi/index.html
Naka	2470-7 Fukaisawamachi, Naka-ku, Sakai City	072-270-8181		http://www.city.sakai.lg.jp/naka/index.html
Higashi	195-1 HikishoHaraderamachi, Higashi-ku, Sakai City	072-287-8100		http://www.city.sakai.lg.jp/higashi/index.html
Mihara	167-1 Kuroyama, Mihara-ku, Sakai City	072-363-9311		http://www.city.sakai.lg.jp/mihara/index.html
Minami	1-1-1 Momoyamadai, Minami-ku, Sakai City	072-290-1800		http://www.city.sakai.lg.jp/minami/index.html

4. National Government Institutions

Name	Address	TEL	Opening Hours	URL
Osaka Regional Immigration Bureau	1-29-53 NankōKita, Suminoe-ku, Osaka City Short walk from the No. 3 exit, Cosmo-square Station, Subway (Osaka Metro) Chuo Line	Refer to the following URL for each division's direct phone number http://www.immi-moj.go.jp/soshiki/kikou/osaka.html	Mon-Fri 9:00-17:30 (reception desk is open until 16:00)	http://www.immi-moj.go.jp/ [Japanese, English, Korean, Chinese, Portuguese, Spanish, Indonesian, Thai, Mongolian, Filipino, Vietnamese, Burmese, Nepali or Khmer]

5. List of International Exchange Associations in Osaka Prefecture

Osaka Foundation of International Exchange (OFIX)		http://www.ofix.or.jp/
TEL 06-6966-2400 FAX 06-6966-2401	5F My Dome Osaka 2-5 Hommachi-bashi, Chuo-ku, Osaka 540-0029	info@ofix.or.jp
Osaka International House Foundation (I-house)		http://www.ih-osaka.or.jp/
TEL 06-6773-8989 FAX 06-6773-8421	8-2-6 Uehonmachi, Tennoji-ku, Osaka 543-0001	center@ih-osaka.or.jp
Suita International Friendship Association (SIFA)		http://suita-sifa.org/
TEL 06-6835-1192 FAX 06-6835-6420	6F Senri Newtown Plaza 1-2-1 Tsukumo-dai, Suita City 565-0862	info@suita-sifa.org
Takatsuki International Association (TIA)		http://www.takatsuki-intl-assn.or.jp/
TEL 072-674-7396 FAX 072-661-8355	4F Takatsuki General Center, Takatsuki City Hall 2-1 Toen-cho, Takatsuki City 569-0067	tia@takatsuki-intl-assn.or.jp
International Friendship Association of Ibaraki		http://www.ifai.jp/
TEL 072-620-1810 FAX 072-622-7202	c/o Culture Activity Promotion Division Ibaraki City Hall 3-8-13 Ekimae, Ibaraki City 567-8505	
Settsu Association for International Exchanges (SAIE)		http://settsu-saie.org/
TEL 06-6319-6251 FAX 06-6318-6004	2F Settsu Municipal Community Plaza 5-35 Minami-senrioka, Settsu City 566-0021	office@settsu-saie.org

Association for Toyonaka Multicultural Symbiosis (ATOMS) http://www.a-atoms.info/	
TEL 06-6843-4343 FAX 06-6843-4375	6F Etre Toyonaka 1-1-1-601 Tamai-cho, Toyonaka City 560-0026 atoms@a.zaq.jp
Ikeda Diversity Center https://www.city.ikeda.osaka.jp/soshiki/siminseikatsu/jinkenbunka/diversity/index.html	
TEL072-768-8020	1-23-6 Ishibashi, Ikeda City 563-0032 idc@city.ikeda.osaka.jp
Minoh Association for Global Awareness (MAFGA) http://mafga.or.jp/	
TEL 072-727-6912 FAX 072-727-6920	Minoh Multicultural Center 5-2-36 OnoharaNishi, Minoh City 562-0032 info@mafga.or.jp
Izumiotu International Exchange Association http://www.city.izumiotu.lg.jp/kakuka/sogoseisaku/seisakusuisin/kokusaikoryu/kokusaikoryukyo-kai/index.html	
TEL 0725-33-1131 FAX 0725-21-0412	c/o Policy Promotion Division Izumiotu City Hall 9-12 Shinonome-cho, Izumiotu City 595-8686 kokusai@city.izumiotu.osaka.jp
International Exchange Association of Izumi City http://www.city.osaka-izumi.lg.jp/kakukano/soumubu/zinkenkokusai/gyoumu/kokusaikouryu.html	
TEL 0725-99-8115 FAX 0725-45-3128	c/o Human Rights and International Division Izumi City Hall 2-7-5 Fuchu-cho, Izumi City 594-8501
Takaishi Sister City Association	
TEL 072-265-1001 FAX 072-263-6116	c/o Policy Promotion Secretarial Division, Takaishi City Hall 4-1-1 Kamo, Takaishi City 592-8585
Tadaoka International Friendship Association	
TEL 0725-22-1122 FAX 0725-22-0364	c/o Human Rights Public Relations Division Tadaoka Municipal Hall 1-34-1 Tadaokahigashi, Tadaoka-cho, Semboku-gun 595-0805 tadaokajinken@town-tadaoka.jp
International Friendship Association of Kishiwada https://ifa-kishiwada.rinku.org/	
TEL/FAX 072-457-9694	Madoka Hall 1-17-1 Araki-cho, Kishiwada City 596-0004 kokusai@sensyu.ne.jp

Kaizuka International Friendship Association (KAIFA) https://kaizuka-kokusai.jimdo.com/	
TEL 072-433-7230 FAX 072-433-7233	c/o Exchange Promotion Division Kaizuka City Hall 1-17-1 Hatakenaka, Kaizuka City 597-8585 koryu@city.kaizuka.lg.jp
Izumisano Cross-cultural Association (ICA) http://www.ica.gr.jp/wp/features-ja	
TEL 072-429-9741 FAX 072-429-9742	Main Building 1F, Nambu Citizens Exchange Center 476-2 Minaminakakashii, Izumisanoshi City 598-0035 info@ica.gr.jp
Sennan City ABC Committee https://abc-iinkai.jp/	
TEL 072-483-0004 FAX 072-483-0325	c/o Policy Promotion Division General Policy Department Sennan City Hall 1-1-1 Tarui, Sennan City 590-0521 seisaku@city.sennan.lg.jp
Hannan City International Exchange Circle http://www.city.hannan.lg.jp/	
TEL 072-471-5678 FAX 072-473-3504	c/o Hannan City Board of Education 35-1 Ozaki-cho, Hannan City 599-0292 s-gakusyuu@city.hannan.lg.jp
Kawachinagano International Friendship Association (KIFA) http://www.kifa-web.jp/	
TEL 0721-24-2622 FAX 0721-54-0004	3F Citizens Exchange Center (KICCS) 7-1 Shoei-cho, Kawachinagano City 586-0025 office@kifa-web.jp
Tondabayashi Intercultural Communication Center http://www4.kcn.ne.jp/~ticc/	
TEL/FAX 0721-24-2622	1-4-31 Koda, Tondabayashi City 584-0036 ticc@m4.kcn.ne.jp
Habikino International Exchange Volunteer Circle (MIYABI)	
TEL 072-958-1111 FAX 072-958-0397	c/o Citizens Cooperation and Interaction Division Human Rights Department, Habikino City Hall 4-1-1 Konda, Habikino City 583-8585 shiminkyhoudou@city.habikino.osaka.jp
Fujiidera International Friendship Association http://fujiidera.web.fc2.com/	
TEL 072-939-1050 FAX 072-952-8981	c/o Community Promotion Division Fujiidera City Hall 1-1-1 Oka, Fujiidera City 583-8583
Yao International Center (YIC) http://www.helloyic.or.jp	
TEL 072-924-3331 FAX 072-924-3332	Yao City Lifelong Learning Center, 5-85-16 Asahigaoka, Yao City 581-0833 helloyic@helen.ocn.ne.jp

Kashiwara International Exchange Association http://www.city.kashiwara.osaka.jp/docs/2014081300056/	
TEL 072-972-1501 FAX 072-973-1201	c/o Industry Promotion Division Kashiwara City Hall 1-55 Ando-cho, Kashiwara City 582-8555
Higashiosaka International Friendship Association http://hoifa.com/	
TEL 06-4309-3230 FAX 06-4309-3849	Higashiosaka City International tourism office 1-1-1 Aramoto-kita, Higashiosaka City 577-8521 bunkoku@city.higashiosaka.lg.jp
Moriguchi International Community	
TEL 06-6992-1516 080-6219-5344	c/o Community Promotion Division Moriguchi City Hall 2-5-5 Keihanhondori, Moriguchi City 570-8666
Neyagawa City International Exchange and Friendship Association (NIEFA) http://niefa.or.jp/	
TEL 072-811-5935 FAX 072-811-5936	1F Neyagawa City Hall 41-1 Hada-cho, Neyagawa City 572-0848
Katano International Friendship Association (KIFA) https://katanokokusai.com/	
TEL 072-894-1113 FAX 072-894-1119	1 F Katano City Hall 14-25 Matsuzuka, Katano City 576-0043 katano_ifa@yahoo.co.jp

IX-2 Consultation Services in Foreign Languages

Name	About	Available languages:	Opening Days	Contact
Osaka Information Service for Foreign Residents	General Consultation	English, Chinese, Korean, Portuguese, Spanish, Thai, Vietnamese, Filipino, Indonesian and Nepali	Mon and Fri 9:00 to 20:00 Tue thru Thu 9:00 to 17:30 Excluding National Holidays, Year-end and New Year Holidays (December 29 to January 3) 2 nd and 4 th Sundays 13:00 to 17:00	☎06-6941-2297 <u>E-mail Consultation</u> (Japanese and English) Jouhou-c@ofix.or.jp <u>URL</u> http://www.ofix.or.jp/life/index.html
Osaka International House Foundation		English, Chinese, Korean, Vietnamese and Filipino: (Every day)	Monday thru Friday 9:00 to 19:00 Sat, Sun and Holidays 9:00 to 17:30 Excluding National Holidays, Year-end and New Year Holidays (December 29 to January 3)	☎06-6773-6533 <u>URL</u> http://www.ih-osaka.or.jp/
Kansai Lifeline		Taiwanese and Mandarin	Tuesday, Thursday and Saturday 10:00 to 19:00	☎06-6441-9595 <u>URL</u> http://kansai-seimeisen.com/about_1.html
Immigration General Information Center for Foreign Nationals	Consultation on resident status	English, Chinese, Korean, Spanish, Portuguese, Vietnamese, Filipino, Nepali, Indonesian, Thai, Khmer (Cambodian), Burmese, Mongolian, French, Sinhalese and Urdu	Monday thru Friday 8:30 to 17:15	☎0570-013-904 ☎03-5796-7112 (From IP, PHS and overseas) <u>URL</u> http://www.immi-moj.go.jp/info/index.html
AMDA International	Medical Consultation	Plain Japanese	Monday thru Friday	☎03-6233-9266 (Tokyo office)

Name	About	Available languages:	Opening Days	Contact
Medical Information Center (Association of Medical Doctors of Asia)	(providing information on Japanese health care systems and health care facilities that offer services in foreign languages) and Medical Interpretation		10:00 to 16:00 Excluding National Holidays, Year-end and New Year Holidays (December 29 to January 3)	URL https://www.amdamedicalcenter.com/
Incorporated nonprofit organization CHARM (Center for Health and Rights of Migrants)	Medical Consultation (Multilingual consultation on sexually transmitted diseases such as HIV)	Spanish, Portuguese and English	Tuesday 16:00 to 20:00	☎06-6354-5901 Consultation at the office is also available. URL http://www.charmjapan.com/
		Chinese	Wednesday 16:00 to 20:00	
		English	Thursday 16:00 to 20:00	
Osaka Employment Service Center for Foreigners	Labor Consultation (Job introduction and consultation for international students and those working in technical fields)	English, Chinese and Portuguese	Monday thru Friday 13:00 to 18:00 (excluding National Holidays, Year-end and New Year Holidays: Schedule subject to change.)	16th Floor Hankyu Grand Building 8-47 Kakuda-cho, Kita-ku, Osaka City ☎06-7709-9465 URL https://jsite.mhlw.go.jp/osaka-foreigner/
		Spanish	Tuesday and Thursday 13:00 to 18:00	
		Vietnamese	1 st 3 rd and 5 th Wednesdays 13:00 to 18:00	
		Nepali	Wednesday 13:00 to 18:00	
	Labor Consultation (Advice on status of residence)		Monday thru Friday 11:00 to 18:00 (Reservation required in advance)	
Hello Work (Sakai)	Labor Consultation	Chinese: Monday and Tuesday Portuguese: Thursday Spanish: 2 nd and 4 th Wednesdays and Every Friday	Monday thru Friday 13:00 to 17:00 (Reservation required in advance if you need an interpreter)	☎072-222-5049 URL https://jsite.mhlw.go.jp/osaka-hellowork/list/sakai/madoguchi_goanna.html

Name	About	Available languages:	Opening Days	Contact
"The Advisor for Foreign Workers", Osaka Labor Bureau	Consultation regarding labor conditions	<p>English: Monday, Wednesday and Friday</p> <p>Portuguese: Wednesday and Thursday</p> <p>Chinese: Tuesday, Wednesday, Thursday and Friday</p> <p>Vietnamese: Friday</p>	<p>9:30 to 17:00 (Closed from 12:00 to 13:00)</p> <p>* Schedule subject to change so please check in advance.</p>	<p>9F Building No.2, Osaka Goudouchousha (government office complex) 4-1-67 Otemae, Chuo-ku, Osaka City</p> <p>☎06-6949-6490</p> <p>URL https://jsite.mhlw.go.jp/osaka-roudoukyoku/hourei-seido-tetsuzuki/advisor-foreign-workers.html</p>
Telephone Consultation Service for Foreign Workers	Information on Japanese laws and concerned organizations with respect to work conditions	English: Monday thru Friday	10:00-15:00 (Closed from 12:00 to 13:00)	☎0570-001701
		Chinese: Monday thru Friday		☎0570-001702
		Portuguese: Monday thru Friday		☎0570-001703
		Spanish: Monday thru Friday		☎0570-001704
		Tagalog: Monday thru Friday		☎0570-001705
		Vietnamese: Monday thru Friday		☎0570-001706
		Burmese: Monday		☎0570-001707
		Nepali: Tuesday, Wednesday and Thursday		☎0570-001708
Osaka Prefectural General Labor Office	Labor Consultation	English, Chinese, and Vietnamese	Monday thru Friday 9:00 to 18:00 (Reservation required if you need an interpreter.)	<p>3rd floor, West wing of L Osaka Building 2-5-3, Ishimachi Chuo-ku, Osaka City</p> <p>☎06-6946-2610</p> <p>URL http://www.pref.osaka.lg.jp/sogorodo/soudan/</p>

Name	About	Available languages:	Opening Days	Contact
Osaka Prefectural Female Consultation Center	Women's concerns and troubles	English, Chinese, Korean, Portuguese, Spanish, Vietnamese, Filipino, Thai, Indonesian and Nepali	Monday thru Friday 9:00 to 17:30	☎06-6949-6181 URL http://www.pref.osaka.lg.jp/joseisodan/shokai.html
Human Rights Consultation Center, Human Rights Protection Department, Osaka Legal Affairs Bureau	Human Rights	English, Chinese, Korean, Filipino, Portuguese, Vietnamese, Nepali, Spanish, Indonesian, and Thai	Monday thru Friday 9:00 to 17:00	☎0570-090911 URL http://www.moj.go.jp/JI/NKEN/jinken21.html
Osaka Bar Association	Human Rights	English, Chinese and Korean	2nd and 4th Fridays of every month Noon to 17:00	☎06-6364-6251
Japan Legal Support Center (Houterasu)	Information on Japanese legal system, bar associations and relevant organizations	English, Chinese, Korean, Spanish, Portuguese, Vietnamese, Tagalog, Nepali, Thai and Indonesian	Monday thru Friday 9:00 to 17:00	☎ 0570-078377 URL http://www.houterasu.or.jp/multilingual/index.html

IX-3 Health and Medical Care

1. Emergency Medical Clinics

(Service available only in Japanese. It is recommended that you bring along someone competent in Japanese.)

Int	Internal Medicine	Ped	Pediatrics
Sur	General Surgery	Den	Dentistry
Oph	Ophthalmology	Oto	Otolaryngology
Ort	Orthopedics		

※ You can find more information using Osaka Medical Facilities Information System search enging.
(<https://www.mfis.pref.osaka.jp/apqq/qq/men/pwtpmenuult01.aspx>)

Municipality	Facility Name	Address	Tel	Reception Hours
Suita	Suita Municipal Emergency Clinic Int Ped Sur Den	4-31-20 Aoyamadai, Suita City	06-6831-6700	Sun, Holidays, Year-end & New Year 9:30-11:30, 13:00-16:30
Shimamoto & Takatsuki	Osaka Mishima Emergency Medical Center/ Takatsuki Shimamoto Emergency Clinic Int Ped Sur Den	11-1 Minami-akutagawa-cho, Takatsuki City	072-683-9999	Weeknights (Int • Ped • Sur) 20:30-6:30 Sat (Int • Ped • Sur) 14:30-6:30 Sun and Holidays (Int • Ped • Sur) 9:30-11:30, 13:30-16:30, 18:30-6:30 Sun and Holidays (Den) 9:30-11:30, 13:30-16:30
Ibaraki	Ibaraki Municipal Public Health and Medical Center Emergency Clinic Int. Den *For pediatrics, visit Takatsuki/ Shimamoto Emergency Clinic	3-13-5 Kasuga, Ibaraki City (Ibaraki Municipal Public Health and Medical Center)	072-625-7799	Weeknights (Int) 21:00-23:30 Sat (Int) 17:00-6:30 Sun and Holidays (Int) 10:00-11:30, 13:00-16:30, 18:00-6:30 Sun and Holidays (Den) 10:00-11:30, 13:00-16:30
Settsu	Settsu Municipal Emergency Pediatric Clinic Ped	32-19 Kohroen, Settsu City	072-633-1171	Sun, Holidays, Year-end & New Year 10:00-11:30, 13:00-16:00
Toyonaka	Clinic of Toyonaka Municipal Health Center Int Ped Den	2-6-1 Uenosaka, Toyonaka City	06-6848-1661	Sun, Holidays, Aug 14/15, Year-end & New Year 9:30-11:30 13:00-16:30
	Shounai Public Health Center Int Ped Den	1-3-14-101 Shimaecho, Toyonaka City	06-6332-8558	Sun, Holidays, Aug 14/15, Year-end & New Year 9:30-11:30 13:00-16:30

Municipality	Facility Name	Address	Tel	Reception Hours
Ikeda	Ikeda Municipal Emergency Clinic Int Ped Den	(1F East Bldg. Ikeda Municipal Hospital) 3-1-18 Jonan, Ikeda City	072-752-1551	Sun, Holidays, Year-end & New Year 9:00-11:30, 13:00-15:30
Minoh	Toyono District Children's Emergency Clinic Ped	5-1-14 Kayano, Minoh City	072-729-1981	Weeknights 18:30-6:30 the next day Sat 14:30-6:30 Sun, Holidays, Year-end & New Year 8:30-6:30 the next day
	Minoh City Hospital Int Den Sur Ped	5-7-1 Kayano, Minoh City	072-728-2001	Weeknights (Int • Sur) 18:30~6:30 the next day Sat (Int • Sur) 14:30~6:30 the next day Sun, Holidays, Year-end (Int • Sur) 8:30~6:30 the next day Sun, Holidays, Year-end & New Year 9:30-16:30
Osaka	Juso Emergency Clinic Int Ped	1-11-26 Juso-Higashi, Yodogawa-ku, Osaka City	06-6304-7883	Sun, Holidays, Year-end & New Year 10:00-16:30
	Miyakojima Emergency Clinic Int Ped	1-24-23 Miyakojima-Minam idohri, Miyakojima-ku, Osaka City	06-6928-3333	Sun, Holidays, Year-end & New Year 10:00-16:30
	Imazato Emergency Clinic Int Ped	3-6-6 Oimazato-Nishi, Higashinari-ku, Osaka City	06-6972-0767	Sun, Holidays, Year-end & New Year 10:00-16:30
	Nakano Emergency Clinic Int .Ped	2-1-20 Nakano, Higashisumiyoshi- ku, Osaka City	06-6705-1612	Weeknights (Ped) 20:30-23:00 Sun, Holidays, Year-end & New Year (Int • Ped) 10:00-16:30
	Central Emergency Clinic Int Ped Oph Oto	4-10-13 Shinmachi, Nishi-ku, Osaka City	06-6534-0321	Weeknights (Int • Ped) 22:00-5:30 (Oph • Oto) 22:00-0:30 Sat (Int • Ped) 15:00-5:30 the next day (Oph • Oto) 15:00-21:30 Sun, Holidays, Year-end & New Year (Int • Ped) 17:00-5:30 the next day (Oph • Oto) 10:00-21:30

Municipality	Facility Name	Address	Tel	Reception Hours
	Nishikujo Emergency Clinic Int Ped	5-4-25 Nishikujo, Konohana-ku, Osaka City	06-6464-2111	Sun, Holidays, Year-end & New Year 10:00-16:30
	Sawanocho Emergency Clinic Int Ped	4-14-28 Minami-sumiyoshi, Sumiyoshi-ku, Osaka City	06-4700-7771	Sun, Holidays, Year-end & New Year 10:00-16:30
	Osaka Dental Association Emergency Clinic Den	1-3-27 Dogashiba, Tennoji-ku, Osaka City	06-6772-8886 06-6774-2600 (nighttime only)	Sun, Holidays, Year-end & New Year 9:30-16:00 Every night 21:00-3:00 the next day
Sakai	Sakai Children Emergency Center Ped	1-1-2, Ebaraji-cho, Nishi-ku, Sakai City	072-272-0909	Weeknights 8:30~4:30 Sat 17:30~4:30 the next day Sun & Holidays 9:30~11:30, 12:45~16:30 17:30~4:30 Obon summer holiday 8/13,14,15 (Sat.& Sun 9:30~11:30) 12:45~16:30, 17:30~4:30 the next day Year-end & New Year 9:30~11:00, 12:45~16:30 17:30~4:30
	Sakai Senboku Emergency Medical Center Int	1-8-1 Takeshirodai, Minami-ku, Sakai City	072-292-0099	Sat 17:30~20:30 Sun & Holidays 9:30~11:30, 12:45~16:30, 17:30~20:30 Obon summer holiday 8/13,14,15 (Sat & Sun 9:30~ 11:30) 12:45~16:30, 17:30~20:30 Year-end & New Year 9:30~11:00, 12:45~16:30
	Sakai Oral Health Center Den	18-3 Daisen-nakamachi, Sakai-ku, Sakai City	072-243-0099	Sat 17:30-20:30 Sun and Holidays 9:30-11:30, 12:45-16:30
Osakasaya ma	Osakasayama Medical Association Emergency Clinic Int	1-500-1 Higashino-higashi, Osakasayama City	072-368-1110	Sun, Holidays & substitute holidays (Except during New Year Holidays) 9:00-12:00
Takaishi	Takaishi City Medical & Clinical Care Center Int Ped	4-4-26 Hagoromo, Takaishi City	072-267-0003	Sun, Holidays, Year-end & New Year 9:00-16:00

Municipality	Facility Name	Address	Tel	Reception Hours
Kishiwada Izumi Izumitsu Takaishi Kaizuka Tadaoka	North Senshu Area Center of Pediatric Emergency Care Ped	Kishiwada Medical Center 1-1-51 Arakicho, Kishiwada City	072-443-5940	Sat 17:00 - 22:00 Sun, Holidays, Year-end & New Year 9:00-12:00, 13:00-16:00, 17:00-22:00
Kaizuka	Kaizuka Municipal Emergency Clinic Int Den	1-18-8 Hatakenaka, Kaizuka City	072-432-1453	Sun, Holidays, Year-end & New Year (Int • Den) 10:00-12:00 (Int) 13:00-16:00
Izumisano Kumatori Tajiri Sennan Misaki Hannan	South Senshu Area Center of Emergency Care Int Ped	1-825 Rinku-orai Kita, Izumisano City	072-464-6040	Sat (Int • Ped) 17:30-20:30 Sun, Holidays, Year-end & New Year (Int • Ped) 9:30-11:30, 12:30-16:30 Thu (Ped) 19:30~22:30
Tondabayashi	Tondabayashi Municipal Health Center Den Int	1-3-38 Koyodai, Tondabayashi City	0721-28-1333	Sun, Holidays, Year-end & New Year (Int) 9:00-11:30, 13:00-15:30 (Den) 9:00~11:30 Year-end & New Year (Int • Den) 9:00~11:30 13:00~15:30
	Tondabayashi Hospital Ped (Only for those of Jr high school age or younger)	1-3-36 Koyodai, Tondabayashi City	0721-29-1121	Sun, Holidays, Year-end & New Year 9:00~11:30 13:00~15:30
Kawachi- nagano	Kawachinagano Municipal Emergency Clinic Int Den *Int (Jr high school age children or younger are not accepted)	2-1 Kidohigashicho, Kawachinagano City	0721-55-0300	Sat (Int) 18:00-20:40 Sun, Holidays, Year-end & New Year (Int) 10:00-11:40, 13:00-15:40 Sun & Holidays (Den) 10:00-11:40 Year-end, New Year & Golden week (Den) 10:00-11:40 13:00-15:40
Habikino	Habikino Municipal Emergency Clinic Int Ped Den	4-2-3 Konda, Habikino City	072-956-1000	Sun, Holidays, Year-end & New Year 10:00-12:00, 13:00-16:00
	Nighttime Pediatric Emergency Clinic 【for Matsubara, Fujiidera and Habikino】 Ped	4-2-3 Konda, Habikino City	072-956-1000	Sat, Sun, Holidays, Year-end & New Year 17:30-21:30

Municipality	Facility Name	Address	Tel	Reception Hours
Fujiidera	Fujiidera Municipal Health Center Emergency Clinic Int Ped Den	2F Fujiidera Public Health Center 9-4-33 Koyama, Fujiidera City	072-939-7194	Sun, Holidays, Year-end & New Year 10:00-12:00, 13:00-16:00
Matsubara	Matsubara Tokushukai Hospital Ped	7-13-26 Tamamihigashi, Matsubara City	072-334-3400	Sat 13:30~17:00 Sun, Holidays, Year-end & New Year 9:30~11:30 13:00~16:00
Yao	Yao Municipal Health Center Int Ped Den	Lifelong Learning Center 5-85-16 Asahigaoka, Yao City	072-993-8223	Sat (Ped) 17:00-20:30 Sun, Holidays, Year-end & New Year (Int • Ped • Den) 10:00-11:30, 13:00-15:30 (Int • Ped) 17:00-20:30
Kashiwara	Kashiwara Municipal Hospital Int Ped Sur Car Ort *Ped is open in Sun AM only.	1-7-9 Hozenji, Kashiwara City	072-972-0885	(Int) 24/7 (Sur) Mon & Thu 17:00-8:45 the next day (8:45- on holidays) Sat & Sun 8:45-8:45 the next day (Ped) Mon 20:00-8:00 the next day Sat & Sun 9:00-11:30 (Ort) Thu 17:00-8:45 the next day (8:45- on holidays)
Higashiosaka	Higashiosaka Municipal Emergency Clinic Int Ped Den	4-4-38 Nishiiwata, Higashiosaka City	06-6789-1121	Sat (Int • Ped) 18:00-20:30 Sun, Holidays, Year-end & New Year (Int • Ped • Den) 10:00-11:30, 13:00-16:30
Moriguchi	Moriguchi Internal & Pediatric Emergency Clinic Int Ped	1F Community Health Center 1-13-7 Omiyadori, Moriguchi City	06-6998-9970	Sat 18:00-20:30 Sun and Holidays 10:00-12:00, 13:30-16:30, 18:00-20:30 Year-end & New Year Check with municipal newsletter
Hirakata	Hirakata Emergency Clinic Int Ped	1F Hirakata Doctors' Hall 2-14-16 Kinyahommachi, Hirakata City	072-845-2656	Sat 17:40-20:30 Sun, Holidays, Year-end & New Year 9:40-11:30, 12:40-16:30
	Hirakata Municipal Dental Emergency Clinic Den	3F Hirakata Doctors' Hall 2-14-16 Kinyahommachi, Hirakata City	072-848-0841	Sun, Holidays, Year-end & New Year 9:30-11:30, 13:00-16:30

Municipality	Facility Name	Address	Tel	Reception Hours
	North Kawachi Nighttime Emergency Medical Center ※Ped (Third grader of junior high school or younger) 【For Moriguchi, Hirakata, Neyagawa, Daito, Kadoma, Shijonawate and Katano】 Ped	1F Hirakata Doctors' Hall (Next to Hirakata City Hospital) 2-14-16 Kinyahommachi, Hirakata City	072-840-7555	Weeknights, Sun and Holidays 20:30-5:30 the next day
Neyagawa	Neyagawa Municipal Public Health and Welfare Center Clinic Int Ped Den	1F Municipal Health Welfare Center 28-22 Ikedanishimachi, Neyagawa City	072-828-3931	Sun, Holidays, Year-end & New Year (Int • Ped • Den) 9:30-11:30, 12:30-16:30 (Ped) 17:30-20:30
Daito	Daito Municipal Emergency Clinic Ped (Third grader of junior high school or younger)	Public Health, Medical and Welfare Center 8-1 Saiwaicho, Daito City	072-874-5110	Sun, Holidays, Year-end & New Year 10:00-11:30, 13:00-15:30
Kadoma	Kadoma Municipal Health & Welfare Center Clinic Int Ped Den	14-1 Midocho, Kadoma City	06-6903-3000	Sun, Holidays, Year-end & New Year (Int • Ped • Den) 10:00-11:30, 13:00-16:00 Sat (Int • Ped) 18:00-20:30
Shijonawate	Shijonawate Municipal Health Center Ped (Children aged 15 or younger)	3-5-28 Nakano, Shijonawate City	072-877-1259	Sun, Holidays, Year-end & New Year 9:30-11:30, 13:00-15:30
Katano	Katano Municipal Health Center Int Ped Den	Municipal Health Promotion Center 5-5-1 Amanogaharacho, Katano City	072-891-8124	Sun, Holidays, Year-end & New Year (Int • Ped) 9:45-13:45 (Den) 9:45-11:45
	Katano Hospital Emergency Medical Center Int Ped	39-1 Matsuzuka, Katano City	072-891-0331	Sat, Sun and Holidays 18:00-21:00

※ Year-end and New Year holidays usually fall on Dec. 29 to Jan. 3 but are subject to change, depending on the year. For details, check with each medical institution you wish to visit.

2. List of Public Health Centers

Name	Address	TEL
Prefectural Public Health Center in Osaka		
Ikeda	3-19 Masumicho, Ikeda City	072-751-2990
Suita	19-3 Deguchicho, Suita City	06-6339-2225
Ibaraki	8-11 Ohsumicho, Ibaraki City	072-624-4668
Moriguchi	2-5-5 Keihanondori, Moriguchi City	06-6993-3131
Shijonawate	1-16 Esebicho, Shijonawate City	072-878-1021

Fujiidera	1-8-36 Fujiidera, Fujiidera City	072-955-4181
Tondabayashi	3-1-35 Kotobukicho, Tondabayashi City	0721-23-2681
Izumi	6-12-3 Fuchucho, Izumi City	0725-41-1342
Kishiwada	3-13-1 Nodacho, Kishiwada City	072-422-5681
Izumisano	583-1 Kamikawaraya, Izumisano City	072-462-7701
Public health centers in Osaka City, Sakai City, Higashiosaka City, Takatsuki City, Toyonaka City, Hirakata City, Yao City, and Neyagawa City		
Osaka City Health Center	10th Floor, Abeno Medix 1-2-7-1000 Asahimachi, Abeno-ku, Osaka City	06-6647-0641
Sakai City Health Center	6th Floor, Sakai City Hall Main Bldg. 3-1 Minamikawaramachi, Sakai-ku, Sakai City	072-222-9933
Higashiosaka City Health Center	Kirari Facility Bldg. 4-3-22 Iwatacho, Higashiosaka City	072-960-3800 (main number)
Takatsuki City Health Center	5-7 Jotocho, Takatsuki City	072-661-9333
Toyonaka City Health Center	4-11-1 Nakasakurazuka, Toyonaka City	06-6152-7307
Hirakata City Health Center	2-2-2 Ogaitocho, Hirakata City	072-845-3151
Yao City Health Center	1-2-5 Shimizucho, Yao City	072-994-0661
Neyagawa	28-3 Yasakacho, Neyagawa City	072-829-7771

3. List of Public Health Centers and etc.

Osaka City

Ward	Facility Name	Address	TEL	
Kita	Kita Public Health and Welfare Center	2-1-27 Ohgimachi, Kita-ku, Osaka City	06-6313-9882	06-6313-9968
Miyakojima	Miyakojima Public Health and Welfare Center	2-16-20 Nakanochō Miyakojima-ku, Osaka City	06-6882-9882	06-6882-9882
Fukushima	Fukushima Public Health and Welfare Center	1-8-1 Ohbiraki, Fukushima-ku, Osaka City	06-6464-9882	06-6464-9968
Konohana	Konohana Public Health and Welfare Center	1-8-4 Kasugade-Kita, Konohana-ku, Osaka City	06-6466-9882	06-6466-9968
Chuo	Chuo Public Health and Welfare Center	1-2-27 Kyutaromachi Chuo-ku Osaka	06-6267-9986	06-6267-9986
Nishi	Nishi Public Health and Welfare Center	4-5-14 Shinmachi, Nishi-ku, Osaka City	06-6532-9882	06-6532-9968
Minato	Minato Public Health and Welfare Center	1-15-25 Ichioka, Minato-ku, Osaka City	06-6576-9882	06-6576-9968
Taisho	Taisho Public Health and Welfare Center	2-7-95 Chishima, Taisho-ku, Osaka City	06-4394-9882	06-4394-9968
Tennoji	Tennoji Public Health and Welfare Center	20-33 Shimpoincho, Tennoji-ku, Osaka City	06-6774-9882	06-6774-9968
Naniwa	Naniwa Public Health and	1-4-20 Shikitsu-Higashi Naniwa-ku, Osaka City	06-6647-9882	06-6647-9968

	Welfare Center			
Nishiyodogawa	Nishiyodogawa Public Health and Welfare Center	1-2-10 Mitejima, Nishiyodogawa-ku, Osaka City	06-6478-9882	06-6478-9968
Yodogawa	Yodogawa Public Health and Welfare Center	2-3-3 Juso-Higashi Yodogawa-ku, Osaka City	06-6308-9882	06-6308-9968
Higashiyodogawa	Higashiyodogawa Public Health and Welfare Center	2-1-4 Houshin Higashiyodogawa-ku, Osaka City	06-4809-9882	06-4809-9968
Higashinari	Higashinari Public Health and Welfare Center	2-8-4 Oimazato-Nishi Higashinari-ku, Osaka City	06-6977-9882	06-6977-9968
Ikuno	Ikuno Public Health and Welfare Center	3-1-19 Katsuyama-Minami, Ikuno-ku, Osaka City	06-6715-9882	06-6715-9968
Asahi	Asahi Public Health and Welfare Center	1-1-17 Omiya, Asahi-ku, Osaka City	06-6957-9882	06-6957-9968
Joto	Joto Public Health and Welfare Center	3-5-45 Chuo, Joto-ku, Osaka City	06-6930-9882	06-6930-9968
Tsurumi	Tsurumi Public Health and Welfare Center	5-4-19 Yokozutsumi Tsurumi-ku Osaka City	06-6915-9882	06-6915-9968
Abeno	Abeno Public Health and Welfare Center	1-1-40 Fuminosato, Abeno-ku, Osaka City	06-6622-9882	06-6622-9968
Suminoe	Suminoe Public Health and Welfare Center	3-1-17 Misaki, Suminoe-ku, Osaka City	06-6682-9882	06-6682-9968
Sumiyoshi	Sumiyoshi Public Health and Welfare Center	3-15-55 Minami-Sumiyoshi, Sumiyoshi-ku, Osaka City	06-6694-9882	06-6694-9968
Higashisumiyoshi	Higashisumiyoshi Public Health and Welfare Center	1-13-4 Higashi-Tanabe, Higashisumiyoshi-ku, Osaka City	06-4399-9882	06-4399-9968
Hirano	Hirano Public Health and Welfare Center	3-8-19 Setoguchi, Hirano-ku, Osaka City	06-4302-9882	06-4302-9968
Nishinari	Nishinari Public Health and Welfare Center	1-5-20, Kishinosato, Nishinari-ku, Osaka City	06-6659-9882	06-6659-9968
	Osaka Municipal Mental Health Center	3rd Floor, Miyakojima Center Building 5-15-21 Nakanocho, Miyakojima-ku, Osaka City	06-6922-8520 (main number)	06-6923-0936 (Mental Health Counseling)

***TEL #**

Numbers in the Left-hand column: for inquiry about medical checks, vaccination, maternal and child health handbook, etc.
Numbers in the right-hand column: for disease prevention and support for health maintenance and promotion
(Home visit, health consultation, health education and child-rearing supports, etc.)

Other Municipalities

Municipality	Facility Name	Address	TEL
Sakai	Sakai Public Health Center	3-1 Minamikawaramachi, Sakai City	072-238-0123
	Higashi Public Health Center	195-1 Hikisho-haraderamachi, Sakai City	072-287-8120
	Kita Public Health Center	5-1-4 Shin-kanaokacho, Kita-ku, Sakai City	072-258-6600
	Nishi Public Health Center	6-600 Ohtori-minamimachi, Nishi-ku, Sakai City	072-271-2012
	Minami Public Health Center	1-1-1 Momoyamadai, Minami-ku, Sakai City	072-293-1222
	Naka Public Health Center	2470-7 Fukai-sawamachi, Naka-ku, Sakai City	072-270-8100
	Mihara Public Health Center	782-11 Kuroyama Mihara-ku, Sakai City	0723-62-8681
	Sakai City Mental Health Center	Health and Welfare Plaza 4-3-1 Asahigaoka Nakamachi, Sakai-ku, Sakai City	072-245-9192 (Mental Health Counseling: 072-243-5000)
Ikeda	Ikeda Municipal General Health and Welfare Center	3-1-40 Jonan, Ikeda City	072-754-6010
Toyono	Toyono Municipal Public Health and Welfare Center	1-2-6 Higashitokiwadai, Toyono-cho, Toyono-gun	072-738-3813
Minoh	Minoh Municipal General Public Health and Welfare Center	5-8-1 Kayano, Minoh City	072-727-9500
	Minoh Medical Health Center	5-8-1 Kayano, Minoh City	072-727-9555
Nose	Nose Municipal Public Health and Welfare Center (Sasayuri Center)	82-1 Kurisu, Nose-cho, Toyono-gun	072-731-2150
Suita	Senri Newtown Area Public Health and Welfare Center	Senri Newtown Plaza 1-2-1 Tsukumodai, Suita City	06-6873-8870
	Suita Municipal Public Health Center	19-2 Deguchi-cho, Suita City	06-6339-1212
Settsu	Settsu Municipal Public Health Center	5-30 Minamisenrioka, Settsu City	072-633-1710
Ibaraki	Ibaraki Municipal Medical and Public Health Center	3-13-5 Kasuga, Ibaraki City	072-625-6685
Takatsuki	Takatsuki Municipal Public Health Center	5-1 Johtou-cho, Takatsuki City	072-661-1108
	Takatsuki West Municipal Public Health Center	2-4-1 Tonda-cho, Takatsuki City	072-696-9460
Shimamoto	Shimamoto Municipal Fureai Center	3-4-1 Sakurai, Shimamoto-cho, Mishima-gun	075-961-1122
Hirakata	Hirakata Municipal Public Health Center	2-13-13 Kinyahonmachi, Hirakata City	072-840-7221

Neyagawa	Neyagawa Municipal Public Health and Welfare Center	28-22 Ikeda-nishimachi, Neyagawa City	072-838-1631
Moriguchi	Moriguchi Municipal Public Health Center	1-13-7 Omiyadori, Moriguchi City	06-6992-2217
Kadoma	Kadoma Municipal Public Health and Welfare Center	14-1 Mido-cho, Kadoma City	06-6904-6400
Daito	Daito Municipal Public Health, Medical and Welfare Center	8-1 Saiwai-cho, Daito City	072-874-9500
Shijonawate	Shijonawate Municipal Public Health Center	3-5-28 Nakano, Shijonawate City	072-877-1231
Katano	Katano Municipal Public Health and Welfare General Center	5-5-1 Amanogahara-cho, Katano City	072-893-6400
Yao	Yao Municipal Public Health Center	5-85-16 Asahigaoka, Yao City	072-993-8600
Kashiwara	Kashiwara Municipal Health and Welfare Center	4-15-35 Ohgata, Kashiwara City	072-973-5516
Higashiosaka	Higashi Public Health Center	1-1 Asahi-machi, Higashiosaka City	072-982-2603
	Naka Public Health Center	4-3-22 Iwata-cho, Higashiosaka	072-965-6411
	Nishi Public Health Center	2-8-27 Takaida-motomachi, Higashiosaka City	06-6788-0085
Matsubara	Matsubara Municipal Public Health Center	1-1-40 Taijo, Matsubara City	072-336-7100
Habikino	Habikino Municipal Public Health Center	4-2-3 Konda, Habikino City	072-956-1000
Fujiidera	Fujiidera Municipal Public Health Center	9-4-33 Koyama, Fujiidera City	072-939-1112
Osakasayama	Osakasayama Municipal Public Health Center	1-97-3 Iwamuro, Osakasayama City	072-367-1300
Tondabayashi	Tondabayashi Municipal Public Health Center	1-3-35 Koyodai, Tondabayashi City	0721-28-5520
Kawachinagano	Kawachinagano Municipal Public Health Center	2-1 Kidohigashimachi, Kawachinagano City	0721-55-0301
Kanan	Kanan Municipal Public Health and Welfare Center	1371 Oaza Shiraki, Kanan-cho, Minamikawachi-gun	0721-90-4800
Taishi	Taishi Municipal Public Health Center	101 Oaza Yamada, Taishi-cho, Minamikawachi-gun	0721-98-5520
Chihayaakasaka	Chihayaakasaka Municipal Public Health Center	195-1 Oaza Mizuwake, Chihayaakasaka-mura, Minamikawachi-gun	0721-72-0069
Izumi	Izumi Municipal Public Health Center	4-22-5 Fuchu-cho Izumi City	0725-47-1551
Izumiotstu	Izumiotstu Municipal Public Health Center	2-25 Miyacho, Izumiotstu City	0725-33-8181

Takaishi	Takaishi Municipal Public Health Center	4-4-26 Hagoromo, Takaishi City	072-267-1160
Tadaoka	Tadaoka Municipal Public Health Center	1-34-1 Tadaokahigashi, Tadaoka-cho, Senboku-gun	0725-22-1122
Kishiwada	Kishiwada Municipal Public Health Center	3-12-1 Bessho-cho, Kishiwada City	072-423-8811
Kaizuka	Kaizuka Municipal Public Health Center	1-18-8 Hatakenaka, Kaizuka City	072-433-7000
	Kaizuka Medical Association Hall	1-18-8 Hatakenaka, Kaizuka City	072-423-4130
Izumisano	Izumisano City Health Promotion Section	1-1-1 Ichiba Higashi, Izumisano City	072-463-1212
Kumatori	Kumatori Municipal General Public Health and Welfare Center (Kumatori Fureai Center)	1-1-8 Noda, Kumatori-cho, Sennan-gun	072-452-6285
Tajiri	Tajiri Municipal General Public Health and Welfare Center (Fureai Center)	883-1 Oaza Kashoji, Tajiri-cho, Sennan-gun	072-466-8813
Sennan	Sennan Municipal Public Health Center	1584-1 Shindachi-ichiba, Sennan City	072-482-7615
Hannan	Hannan Municipal Public Health Center	263-1 Kuroda, Hannan City	072-472-2800
Misaki	Misaki Municipal Public Health Center	2424-3 Tanagawa-tanigawa, Misaki-cho, Sennan-gun	072-492-2424

IX-4 Labor

1. List of Hello Work Offices in Osaka (Conducting Employment Insurance service)

Name	Address	TEL	Areas of Jurisdiction
Osaka-Higashi	Pippu Bldg. 2- 1-36 Noninbashi, Chuo-ku, Osaka 3 min. walk from No. 8 exit of Tanimachi 4-chome station on the Tanimachi/Chuo Subway Lines (Osaka Metro).	06-6942-4771	Chuo-ku,(Except for the area covered by Osakanishi HW), Higashinari-ku, Tennohji-ku, Johto-ku, Tsurumi-ku, Ikuno-ku
Umeda	16 F Umeda Ekimae No. 2 Bldg, 1-2-2 Umeda, Kita-ku, Osaka Near east exit of Kitashinchi station on the JR Tozai Line	06-6344-8609	Kita-ku, Miyakojima-ku, Asahi-ku, Konohana-ku, Fukushima-ku, Nishiyodogawa-ku
Osaka-Nishi	1-2-34, Minami-Ichioka, Minato-ku, Osaka 12 min. walk from Taisho station on the JR Loop Line/12 min. walk from No. 4 exit of Taisho station on the Subway Nagahori Tsurumiyokuchi Line (Osaka Metro)	06-6582-5271	Nishi-ku, Naniwa-ku, Minato-ku, Taisho-ku, Selected areas in Chuo-ku below; Andojimachi, Uehonmachinishi, Toheji, Ueshio, Nakadera, Matsuyamachi, Kawarayamachi, Kozu, Minamisenba, Shimanouchi, Dohtonbori, Sennichimae, Namba-sennichimae, Namba, Nihombashi, Higashi Shinsaibashi, Shinsaibashi-suji, Nishi Shinsaibashi, Soemoncho, Tanimachi 6 to 9 chome
Abeno	1-4-2 Fuminosato, Abeno-ku, Osaka 3 min. walk from Bishoen station on the JR Hanwa Line/7 min. walk from Fuminosato station on the Tanimachi Subway Line (Osaka Metro)	06-4399-6007	Abeno-ku, Nishinari-ku, Sumiyoshi-ku, Hirano-ku, Suminoe-ku, Higashisumiyoshi-ku
Yodogawa	3-4-11 Juso-Honmachi, Yodogawa-ku, Osaka 3 min. walk from Hankyu Juso station	06-6302-4771	Higashiyodogawa-ku, Yodogawa-ku, Suita City
Fuse	4F Aeon Fuse-ekimae store, 1-8-7 Chodo, Higashi Osaka 2 min. walk from Fuse Station on the Kintetsu Nara/Osaka Lines.	06-6782-4221	Higashiosaka City, Yao City, Sakai
Sakai	1~3F Sakai Regional Joint Government Office 2-29, Minamikawara-machi, Sakai-ku, Sakai 5 min. walk from Sakai Higashi Station on the Nankai Koya Line	072-238-8301	Sakai

Name	Address	TEL	Areas of Jurisdiction
Kishiwada	1264 Sakuzai-cho, Kishiwada 6 min. walk from Higashikishiwada station on the JR Hanwa Line.	072-431-5541	Kishiwada City, Kaizuka City
Ikeda	12-9 Sakaehonmachi, Ikeda 7 min. walk from Ikeda station on the Hankyu Takarazuka Line.	072-751-2595	Ikeda City, Toyonaka City, Minoh City, Toyono-gun Toyono-cho/Nose-cho
Izumiotu	22-45 2F Texpia Osaka, Asahimachi, Izumiotu 3 min. walk from Izumiotu station on the Nankai Main Line.	0725-32-5181	Izumiohtsu City, Izumi City, Takaishi City, Senboku-gun, Tadaoka-cho
Fujiidera	3F DH Fujiidera Ekimae Bldg. 2-10-18 Oka, Fujiidera 2 min. walk from Fujiidera Station on the Kintetsu Minami Osaka Line	072-955-2570	Kashihara City, Matsubara City, Habikino City, Fujiidera City
Hirakata	6F Vie. orner Aeon Hirakata 7-1, Okahonmachi, Hirakata 3 min. walk from Hirakatashi station on the Keihan Main Line.	072-841-3363	Hirakata City, Neyagawa City, Katano City
Izumisano	2-1-20 Uemachi, Izumisano 5 min. walk from Izumisano station on the Nankai Main Line. Adjacent Izumisano Police Station.	072-463-0565	Izumisano City, Sennan City, Hannan City, Sennan-gun Kumatori-cho/Tajiri-cho/Misaki-cho
Ibaraki	1-12 Higashi-Chujocho, Ibaraki 8 min. walk from Ibaraki station on the JR Kyoto Line. West of Ibaraki Fire Station.	072-623-2551	Ibaraki City, Takatsuki City, Settsu City, Mishima-gun Shimamoto-cho
Kawachinagano	7-2 Shoueicho, Kawachinagano 20 min. walk from Kawachinagano station on the Kintetsu Nagano/Nankai Koya Lines.	0721-53-3081	Kawachinagano City, Tondabayashi City, Osakasayama City, Minanikawachi-gun Kanan-cho, Taishi-cho, Chihayaakasaka-mura
Kadoma	2F Moriguchi-Kadoma Shokokaikan Bldg. 6-4 Tonoshima-cho, Kadoma 10 min. walk from Kadomashi station on the Keihan Main Line/Osaka Monorail.	06-6906-6831	Moriguchi City, Daitoh City, Kadoma City, Shijohnawate City

Employment Service Center for Foreigners

Name	Address	TEL	Areas of Jurisdiction
Umeda	16 F Hankyu Grand Bldg. 8-47 Kakuda-cho, Kita-ku, Osaka	06-7709-9465	N/A
Sakai	Hello Work Sakai (⇒ the list above)	072-222-5049	Sakai City

2.Labor Standards Inspection Offices

Name	Address	TEL	Areas of Jurisdiction
Osaka -Chuo	1-15-10 Morinomiya-Chuo Chuo-ku Osaka Near Morinomiya station on the JR Loop/ Subway Chuo Line (Osaka Metro)	06-7669-8726	Chuo-ku, Higashinari-ku, Joto-ku, Tennohji-ku, Naniwa-ku, Ikuno-ku, Tsurumi-ku
		06-7669-8727	
		06-7669-8728	
Temma	7F OAP Tower 1-8-30, Tenmabashi Kita-ku Osaka 10 min. walk from Sakuranomiya Loop Line/Tenmangu Station on the JR Tozai Line.	06-7713-2003	Kita-ku, Miyakojima-ku, Asahi-ku
		06-7713-2004	
		06-7713-2005	
Nishinoda	5-3-63 Nishikujo Konohana-ku Osaka 5 min. walk from Nishikujo station on the JR Loop/ Hanshin Namba Lines.	06-7669-8787	Konohana-ku, Nishiyodogawa-ku, Fukushima-ku
		06-7669-8787	
		06-7669-8788	
Higashi osaka	1-6-5 Wakae Nishishinmachi Higashiosaka 7 min. walk from Yaenosato station on the Kintetsu Nara Line	06-7713-2025	Higashiosaka city, Yao city
		06-7713-2026	
		06-7713-2027	
Sakai	3F Sakai Regional Joint Government Office 2-29, Minamikawaramachi, Sakai-ku, Sakai 5 min. walk from Sakaihigashi station on the Nankai Koya Line	072-340-3829	Sakai city
		072-340-3831	
		072-340-3835	
Kita Osaka	1-6-8 Higashitamiya Hirakatashi 5 min. walk from Hirakatashi station on the Keihan Main Line.	072-391-5825	Moriguchi city, Hirakata city, Neyagawa city, Daito city, Kadoma city, Shijonawate city, Katano city
		072-391-5826	
		072-391-5827	
Ibaraki	2-5-7 Uenakajo, Ibaraki 5 min. walk from Ibaraki station on the JR Kyoto/Ibarakishi station on the Hankyu Kyoto Lines	072-604-5308	Ibaraki city, Takatsuki city, Suita city, Settsu city, Mishima-gun, Shimamoto-cho
		072-604-5309	
		072-604-5310	
Osaka- Minami	2-13-27 Tamadenaka Nishinari-ku Osaka Short walk from Tamade station on subway Yotsubashi Line (Osaka Metro)	06-7688-5580	Suminoe-ku, Sumiyoshi-ku, Nishinari-ku, Abeno-ku, Higashisumiyoshi-ku, Hirano-ku
		06-7688-5581	
		06-7688-5582	
Osaka- Nishi	9F Osaka Asterio Kitahorie 1-2-19 Kitahorie, Nishi-ku, Osaka Near no. 5 exit of Yotsubashi station on the Subway Yotsubashi Line (Osaka Metro)	06-7713-2021	Nishi-ku, Minato-ku, Taisho-ku
		06-7713-2022	
		06-7713-2023	

Name	Address	TEL	Areas of Jurisdiction
Yodogawa	4-1-12 Nishimikuni Yodogawa-ku Osaka 11 min. walk from Mikuni Station on the Hankyu Takarazuka Line/16 min. walk from Higashi-Mikuni Station on the Subway Midosuji Line (Osaka Metro).	06-7668-0268	Higashiyodogawa-ku, Yodogawa-ku, Ikeda city, Toyonaka city, Minoh city, Toyono-gun Toyono-cho/Nose-cho
		06-7668-0269	
		06-7668-0270	
Kishiwada	23-16 Kishiki-cho Kishiwada 3 min. walk from Takojizo on the Nankai Main Line	072-498-1012	Kishiwada city, Kaizuka city, Izumisano city, Sennan city, Sennan-gun Kumatori-cho/Tajiri-ho/Misaki-cho, Hannan city
		072-498-1013	
		072-498-1014	
Habikino	3-15-17 Konda Habikino 5 min walk from Furuichi station on the Kintetsu Minami Osaka Line	072-942-1308	Tondabayashi city, Kawachinagano city, Matsubara city, Habikino city, Fujiidera city, Osakasayama city, Minamikarachi-gun Kanan-cho/Taishi-cho/Chihaya-akasakamura, Kashihara city
		072-942-1308	
		072-942-1309	
Izumiotu	6F Texpia Osaka 22-45 Asahi-cho, Izumiotu 3 min. walk from Izumiotu station on the Nankai Main Line.	0725-27-1211	Izumiohtsu city, Izumi city, Takaishi city, Senboku-gun Tadaoka-cho
		0725-27-1211	
		0725-27-1212	

Top: Inspections

Middle: Safety and sanitation

Bottom: Workplace accidents

IX-5 List of Consulates-General (Kansai) and Embassies

1. Consulates-General and Consulates in Kansai

Consulate-General, Consulate	Address	TEL
Australia Australian Consulate-General	16F Twin 21 MID Tower, 2-1-61 Shiromi, Chuo-ku, Osaka City	06-6941-9271
China Consulate-General of the People's Republic of China	3-9-2 Utsubohonmachi, Nishi-ku, Osaka City	06-6445-9481
France Consulate-General of France in Osaka-Kobe	8 Yoshida Izumidono-cho, Sakyo-ku, Kyoto City	075-761-2988
Germany Consulate-General of the Federal Republic of Germany in Osaka	35F Umeda Sky Bldg. Tower East. 1-1-88-3501 Oyodonaka, Kita-ku, Osaka City	06-6440-5070
India Consulate-General of India in Osaka	10F Senba-I. S. Bldg. 1-9-26 Kyutaroh-cho, Chuo-ku, Osaka City	06-6261-7299
Indonesia Consulate-General of the Republic of Indonesia in Osaka	22F Intes Bldg. 6-2-40 Nakanoshima, Kita-ku, Osaka City	06-6449-9898/9882-9890
Italy Consulate-General of Italy in Osaka	17F Nakanoshima Festival Tower 2-3-18 Nakanoshima, Kita-ku, Osaka City	06-4706-5820
Korea Consulate-General of the Republic of Korea in Osaka	2-3-4 Nishi Shinsaibashi, Chuo-ku, Osaka City Gomi Bldg. 2-5-14 Kyutaro-machi, Chuo-ku, Osaka City	06-6213-1401 06-4256-2345
Mongolia Consulate-General of Mongolia in Osaka	Rooms #301, #303 3F Bakuro-machi Estate Bldg. 1-4-10 Bokuro-machi, Chuo-ku, Osaka City	06-4963-2572
Netherlands Royal Netherlands Consulate-General in Osaka	8F-B Heiwa Bldg. 1-chome, Kitahama, Chuo-ku, Osaka City	06-6484-6000
Panama Consulate of the Republic of Panama in Kobe	7F Yamamoto Bldg. 71 Kyomachi, Chuo-ku, Kobe City	078-392-3361/3362
Philippines Consulate-General of the Republic of the Philippines in Osaka	24F Twin 21 MID Tower 2-1-61 Shiromi, Chuo-ku, Osaka City	06-6910-7881
Russia Consulate-General of the Russian Federation in Osaka	1-2-1 Nishi-Midorigaoka, Toyonaka City	06-6848-3451/3452
Thailand Royal Thai Consulate-General in Osaka	4F Bangkok Bank Bldg. 1-9-16 Kyutaro-machi, Chuo-ku, Osaka City	06-6262-9226/9227
United Kingdom British Consulate-General in Osaka	19F Midosuji Grand Tower Bldg. 3-5-1 Bakuro-machi, Chuo-ku, Osaka City	06-6120-5600

U.S.A American Consulate-General in Osaka-Kobe	2-11-5 Nishitenma, Kita-ku, Osaka City	06-6315-5900
Vietnam Consulate-General of the Socialist Republic of Viet Nam in Osaka	4-2-15 Ichinocho Higashi, Sakai-ku, Sakai City	072-221-6666

(Alphabetical order)

2. Embassies and Honorary Consulates(-General) in Japan (when no consulate-general in Kansai)

Asia

Embassy		TEL
Bangladesh	Embassy of the People's Republic of Bangladesh	03-3234-5801
Brunei	Embassy of Brunei Darussalam	03-3447-7997
Cambodia	Royal Embassy of Cambodia	03-5412-8521
Laos	Embassy of the Lao People's Democratic Republic	03-5411-2291/2292
Malaysia	Embassy of Malaysia	03-3476-3840
Maldives	Embassy of the Republic of Maldives	03-6234-4315
Myanmar	Embassy of the Republic of the Union of Myanmar	03-3441-9291/9294
Nepal	Embassy of Nepal	03-3705-5558/5559
Pakistan	Embassy of the Islamic Republic of Pakistan	03-5421-7741
Sri Lanka	Embassy of the Democratic Socialist Republic of Sri Lanka	03-3440-6911/6912
Singapore	Embassy of the Republic of Singapore	03-3586-9111/9112
Timor-Leste	Embassy of the Democratic Republic of Timor-Leste	03-3238-0210/0215
Honorary Consulate-General		TEL
Bhutan	Honorary Consulate-General of the Kingdom of Bhutan in Tokyo	03-6275-1566

North America

Embassy		TEL
Canada	Embassy of Canada	03-5412-6200

Middle and South America

Embassy		TEL
Argentina	Embassy of the Argentine Republic	03-5420-7101/7105
Bolivia	Embassy of the Plurinational State of Bolivia	03-3499-5441/5442
Brazil	BRAZIL Embassy of the Federative Republic of Brazil	03-3404-5211
Chile	Embassy of the Republic of Chile	03-3452-7561/7562/7585
Colombia	Embassy of the Republic of Colombia	03-3440-6451
Costa Rica	Embassy of the Republic of Costa Rica	03-3486-1812
Cuba	Embassy of the Republic of Cuba	03-5570-3182
Dominican Republic	Embassy of the Commonwealth of Dominica	03-3499-6020
Ecuador	Embassy of the Republic of Ecuador	03-3499-2800/3498-3984
El Salvador	Embassy of the Republic of El Salvador	03-3499-4461
Guatemala	Embassy of the Republic of Guatemala	03-3400-1830
Haiti	Embassy of the Republic of Haiti	03-3486-7096
Honduras	Embassy of the Republic of Honduras	03-3409-1150
Jamaica	Embassy of Jamaica	03-3435-1861

Embassy		TEL
Mexico	Embassy of the United Mexican States	03-3581-1131/1135
Nicaragua	Embassy of the Republic of Nicaragua	03-3499-0400/0404
Paraguay	Embassy of the Republic of Paraguay	03-3493-3071
Peru	Embassy of the Republic of Peru	03-3406-4243/4249
Uruguay	Embassy of the Oriental Republic of Uruguay	03-3486-1888/1750
Venezuela	Embassy of the Bolivian Republic of Venezuela	03-3409-1501/1504
Honorary Consulate		TEL
Antigua and Barbuda	Honorary Consulate of Antigua and Barbuda in Tokyo	03-3779-1341
Saint Vincent and the Grenadines	Honorary Consulate of Saint Vincent and the Grenadines in Tokyo	03-6256-8141

Europe

Embassy		TEL
Albania	Embassy of the Republic of Albania	03-3543-6861
Armenia	Embassy of the Republic of Armenia	03-6277-7453
Austria	Embassy of the Republic of Austria	03-3451-8281/8282
Azerbaijan	Embassy of the Republic of Azerbaijan	03-5486-4744
Belarus	Embassy of the Republic of Belarus	03-3448-1623
Belgium	Embassy of the Kingdom of Belgium	03-3262-0191/0195
Bosnia and Herzegovina	Embassy of Bosnia and Herzegovina	03-3556-4151
Bulgaria	Embassy of the Republic of Bulgaria	03-3465-1021 - 1024 /1026/1028/1030
Croatia	Embassy of the Republic of Croatia	03-5469-3014
Cyprus	Embassy of the Republic of Cyprus	03-6432-5040~5042
Czech	Embassy of the Czech Republic	03-3400-8122
Denmark	Royal Danish Embassy	03-3496-3001
Estonia	Embassy of the Republic of Estonia	03-5412-7281
Finland	Embassy of Finland	03-5447-6000
Georgia	Embassy of Georgia	03-5575-6091
Greece	Embassy of Greece	03-3403-0871/0872
Hungary	Embassy of Hungary	03-5730-7120/7121
Iceland	Embassy of Iceland in Japan	03-3447-1944
Ireland	Embassy of Ireland	03-3263-0695
Kazakhstan	Embassy of the Republic of Kazakhstan	03-3589-1821/1826 (Consular section)
Kosovo	Embassy of the Republic of Kosovo	03-6809-2577
Kyrgyz	Embassy of Kyrgyz Republic	03-6453-8277
Latvia	Embassy of the Republic of Latvia	03-3467-6888
Lithuania	Embassy of the Republic of Lithuania	03-3408-5091
Luxembourg	Embassy of the Grand-Duchy of Luxembourg	03-3265-9621~9623

Embassy		TEL
North Macedonia	Embassy of North Macedonia	03-6868-7110
Malta	Embassy of Republic of Malta	03-5404-3450/3451
Moldova	Embassy of Republic of Moldova	03-5225-1622
Norway	Royal Norwegian Embassy	03-6408-8100
Poland	Embassy of the Republic of Poland	03-5794-7020
Portugal	Embassy of Portugal	03-5212-7322
Romania	Embassy of Romania	03-3479-0311/0313
San Marino	Embassy of the Republic of San Marino	03-5414-7745
Serbia	Embassy of the Republic of Serbia	03-3447-3571/3572
Slovak	Embassy of the Slovak Republic	03-3451-2200/1033
Slovenia	Embassy of the Republic of Slovenia	03-5468-6275
Spain	Embassy of the Kingdom of Spain	03-3583-8531/8532
Sweden	Embassy of Sweden	03-5562-5050
Switzerland	Embassy of the Kingdom of Switzerland	03-5449-8400
Tajikistan	Embassy of the Republic of Tajikistan	03-6421-7455
Turkmenistan	Embassy of the Republic of Turkmenistan	03-5766-1150
Ukraine	Embassy of Ukraine	03-5474-9770
Uzbekistan	Embassy of the Republic of Uzbekistan	03-3760-5625
Vatican City	Roma Vatican Official Embassy (Vatican)	03-3263-6851
European Union	Delegation of the European Union	03-5422-6001
Honorary Consulate-General		TEL
Monaco	Honorary Consulate-General of the Principality of Monaco	03-3211-4994

Middle East

Embassy		TEL
Afghanistan	Embassy of Islamic Republic of Afghanistan	03-5574-7611
Bahrain	Embassy of the Kingdom of Bahrain	03-3584-8001
Iran	Embassy of the Islamic Republic of Iran	03-3446-8011/8015
Iraq	Embassy of the Republic of Iraq	03-5790-5311
Israel	Embassy of Israel	03-3264-0911
Jordan	Embassy of the Hashemite Kingdom of Jordan	03-5478-7177
Kuwait	Embassy of the State of Kuwait	03-3455-0361
Lebanon	Embassy of the Republic of Lebanon	03-5114-9950
Oman	Embassy of the Sultanate of Oman	03-5468-1088
Qatar	Embassy of the State of Qatar	03-5475-0611~0613
Saudi Arabia	Royal Embassy of Saudi Arabia	03-3589-5241
Syria	Embassy of the Syrian Arab Republic	03-3586-8977/8978

Embassy		TEL
Turkey	Embassy of the Republic of Turkey	03-3470-5131/5135
United Arab Emirates	UNITED ARAB EMIRATES Embassy of the United Arab Emirates	03-5489-0804
Yemen	Embassy of the Republic of Yemen	03-3499-7151/7152

Africa

Embassy		TEL
Algeria	Embassy of the People's Democratic Republic of Algeria	03-3711-2661
Angola	Embassy of the Republic of Angola	03-5430-7879
Benin	Embassy of the Republic of Benin	03-6268-9360
Botswana	Embassy of Botswana	03-5440-5676
Burkina Faso	Embassy of Burkina Faso	03-3485-1930
Cameroon	Embassy of the Republic of Cameroon	03-5430-4985
Congo (the Republic of Congo)	Embassy of the Republic of Congo	03-6427-7858
Congo (the Democratic Republic of the Congo)	Embassy of the Democratic Republic of the Congo	03-6456-4394
Cote d'Ivoire	Embassy of the Republic of Cote d'Ivoire	03-5454-1401~1403
Djibouti	Embassy of the Republic of Djibouti	03-3440-3115
Egypt	Embassy of the Arab Republic of Egypt	03-3770-8022/8023
Eritrea	Embassy of the State of Eritrea	03-5791-1815
Ethiopia	Embassy of the Federal Democratic Republic of Ethiopia	03-5420-6860/6861
Gabon	Embassy of the Gabonese Republic	03-5430-9171
Ghana	Embassy of the Republic of Ghana	03-5410-8631/8633
Guinea	Embassy of the Republic of Guinea	03-3770-4640
Kenya	Embassy of the Republic of Kenya	03-3723-4006/4007
Lesotho	Embassy of the Kingdom of Lesotho	03-3584-7455
Liberia	Embassy of the Republic of Liberia	03-5228-6751
Libya	Embassy of Libya	03-3477-0701/0702
Madagascar	Embassy of the Republic of Madagascar	03-3446-7252/7253
Malawi	Embassy of the Republic of Malawi	03-3449-3010
Mali	Embassy of the Republic of Mali	03-5447-6881
Mauritania	Embassy of the Islamic Republic of Mauritania	03-6712-2147
Morocco	Embassy of the Kingdom of Morocco	03-5485-7171
Mozambique	Embassy of the Republic of Mozambique	03-5760-6271/6272
Namibia	Embassy of the Republic of Namibia	03-6426-5460

Embassy		TEL
Nigeria	Embassy of the Federal Republic of Nigeria	03-5425-8011
Rwanda	Embassy of the Republic of Rwanda	03-5752-4255
Senegal	Embassy of the Republic of Senegal	03-3464-8451
South Africa	Embassy of the Republic of South Africa	03-3265-3366/3369
South Sudan	Embassy of the Republic of South Sudan	080-9443-2832
Sudan	Embassy of the Republic of the Sudan	03-5729-6170/2200/2201
Tanzania	Embassy of the United Republic of Tanzania	03-3425-4531
Togo	Embassy of the Republic of Togo	03-6421-1064
Tunisia	Embassy of the Republic of Tunisia	03-3511-6622/6625
Uganda	Embassy of the Republic of Uganda	03-3462-7107
Zambia	Embassy of the Republic of Zambia	03-3491-0121/0122
Zimbabwe	Embassy of the Republic of Zimbabwe	03-3280-0331/0332
Honorary Consulate-General, Honorary Consulate		TEL
Central African Republic	Honorary Consulate-General of the Republic of Central Africa in Tokyo	03-3702-8808/8332
Comoros	Honorary Consulate of the Union of Comoros in Tokyo	03-3433-5769
Mauritius	Honorary Consulate of the Republic of Mauritius in Tokyo	03-4553-6999
Niger	Honorary Consulate of the Republic of Niger in Tokyo	03-6384-0236
Seychelles	Honorary Consulate-General of the Republic of Seychelles in Tokyo	03-3264-1022
Sao Tome and Principe	Honorary Consulate of the Democratic Republic of Sao Tome and Principe in Tokyo	03-6206-2572

Oceania

Embassy		TEL
Fiji	Embassy of the Republic of the Fiji	03-3587-2038
Marshall	Embassy of the Republic of the Marshall Islands	03-6432-0557
Micronesia	Embassy of the Federated States of Micronesia	03-3585-5456
New Zealand	New Zealand Embassy	03-3467-2271
Palau	Embassy of the Republic of Palau	03-5797-7480
Papua New Guinea	Embassy of Papua New Guinea	03-3710-7001
Samoa	Embassy of the Independent State of Samoa	03-6228-3692
Tonga	Embassy of the Kingdom of Tonga	03-6441-2481

Honorary Consulate-General, Honorary Consulate		TEL
Solomon Islands	Honorary consulate of Solomon Islands in Tokyo	03-3562-7490
Tuvalu	Honorary Consulate-General of Tuvalu in Tokyo	03-6857-7253